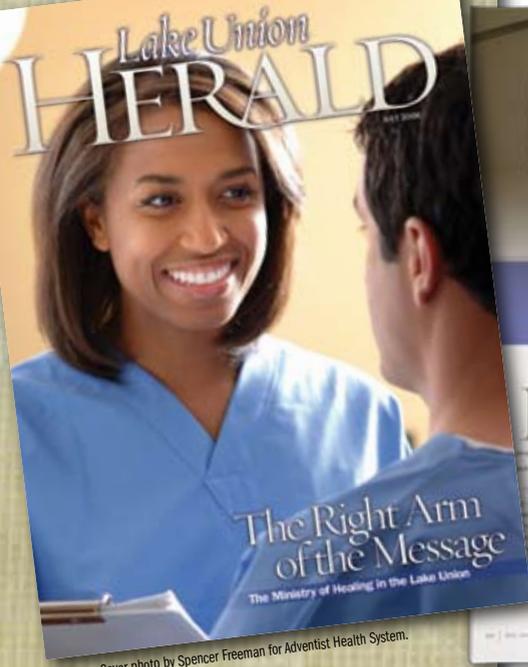
A photograph of a woman with dark hair, wearing blue scrubs, smiling warmly at a man whose back is to the camera. He is also wearing blue scrubs. The background is a soft, warm yellow light.

Lake Union HERALD

JULY 2006

The Right Arm
of the Message

The Ministry of Healing in the Lake Union



Cover photo by Spencer Freeman for Adventist Health System.



Energy Abounds IN THIS SERVICE-MINDED CHAPLAIN

BY LYNN LARSON

Lan Olivetti, Adventist Health System's general, Trinity North, chaplain at Adventist La Grange Memorial Hospital, with his Christian Service Award during its annual Ministers and Ministers Conference in Orlando. According to Gary Eddy, chaplain at Adventist Florida Hospital, "Adventist Health System provides the best of people who have done a lot to honor the place where they work all of that they do. If you asked Trinity, she would say she's doing her job. But she also does a little more and goes above and beyond what is necessary."

Trinity is a positive influence on the health care team of Adventist Midwest Health (AMH) and at the local hospital. She has been a model for many of us in being compassionate and caring through the Adventist Church's healing hope and loving us all with her words and "and Jesus says, 'I'll be with you all the way' until you're dead and buried."

Adventist CareChile Hospital chaplain, Delores Hagan said, "Trinity has inspired me with her energy that goes along with her caring attitude and compassion. She is willing to go the extra mile to help in the hospital as well as the church."

Trinity came to AMH in 2007 after completing her post-graduate education at Berrien Adventist Hospital in Canada. She and her husband, a B.A. in Theology and then continued on with her M.Div. at Andrews University.



The Lake Union Herald's general manager Lynn Larson with Trinity North, chaplain, in the lobby of the new Berrien Adventist Hospital in Berrien Springs, Michigan.

The well-known Adventist Care's spiritual assistant for Mount Carmel, Michigan, near Detroit, Michigan, and the secretary of the Berrien Adventist Church. During high school, she had just a desire for ministry in my heart and I never about my high school chaplain. Recently, my mother told me that she always thought I would work in health care because I had been sick as a child. This combination of interests prepared her to serve as the chaplain of Adventist La Grange Memorial Hospital where she has worked since 2007, after earning her master at Adventist Health System.

Trinity leads the Spiritual Life Commission, coordinates three of spiritual life, and National Day of Prayer events. As part of the Spiritual Life Commission, she provides information to the hospital and local churches. She is a member of a community food pantry that serves into food for our work. All this is in addition to visiting and ministering to patients, families, and employees on a daily basis, including visiting on-call hours.

"When I received the Christian Service Award, I was so touched that they recognized my husband. Now family is part of your life. They help him who just act as a priest," said Trinity.

"Her husband Gary shares in her love of ministering to people. We have been blessed together and like to share it with people," explains Trinity. She also helps with Operation Christian Child, a program that sends Adventist short-term medical staff to children around the world. "We've been involved with that for six years."

"The Patient Care Department at AMH has a great team. We have a diverse group of people with really great abilities," said Trinity.

Being a chaplain is a blessing and a challenge at times for Trinity. "I enjoy being with patients who are in their last moments. It is an honor to be with them at the moment, as well as difficult times, in their lives. Some patients have been here for family since I have been here over the years every time they are hospitalized. I also like ministering to employees. The challenge is there are so many opportunities to help people and only so much time in a day.

"When I'm on-call and the phone rings in the middle of the night, it usually comes from a family. My chaplaincy that I did receive to give peace to those times. We know we are called for a reason, and we are equipped to do those things as they call."

"Some people have questioned me if it's not so be a chaplain in a hospital. I don't think so. There are many holy moments when you are called to work. I pray before I see a patient that I will be at peace with what I see at that moment. There is joy in comforting someone who is anxious and dying, as well as visiting a someone's person who is waiting for a cancer being with someone in the most meaningful part of my work."

"God gives Trinity peace which she can share with others."

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As we consider the life of Christ, we are impressed with the gospel writers' emphasis on His healing ministry. His compassion for suffering and hurting people stands out as the hallmark of His character.

From the very beginning of the Adventist church, God led our founders to incorporate Christ's healing ministry as part of our unique identity. That legacy continues through the work of Adventist Midwest Health, which is highlighted in this issue.


Gary Burns, Editor



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PRESIDENT'S PERSPECTIVE

BY WALTER L. WRIGHT, LAKE UNION CONFERENCE PRESIDENT

ADVENTIST MIDWEST HEALTH: God's Vehicle for Outreach

I was recently a guest at a luncheon hosted by Adventist La Grange Memorial Hospital in a suburb of Chicago. The luncheon's purpose was to reach out to the community surrounding our hospital. The hospital's purchase several years ago brought with it much suspicion and many rumors that left the community with a tense and uncertain attitude.

"What will these Adventists do to our community?"

"Will the hospital still be accessible to all people, no matter what faith?"

"If it is accessible, will we be comfortable there?"

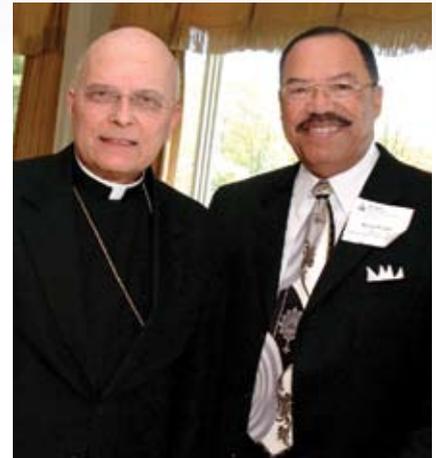
These and other questions ran throughout the area. Since that time, much has been done to relieve those concerns. I was privileged to conduct worship for all staff members in the facility, and we had a wonderful time together.

And now I was at a luncheon to intentionally communicate our mission in the community. It was interesting to me to hear the introduction of Francis Eugene George, a cardinal and eighth archbishop of Chicago Catholic churches, and then to watch the reaction as I was introduced as the leader of the Seventh-day Adventist Church in the Chicago area and throughout the Great Lakes region.

Many people in the audience were closely connected with Adventist La Grange and Adventist Hinsdale hospitals, and they were familiar with me as Adventist Health System Board chairman. But many more were not aware, and it was obvious they were impressed, that both church leaders occupied the same dais. The archbishop spoke on the mission of not-for-profit, faith-based health delivery, something we Adventists, in general, and Adventist Midwest Health, in particular, are very good at.

You can imagine my surprise when the meeting ended and some came forward to say to me, "You know, I'm really a closet Adventist," or "We are absolutely amazed at what you Adventists have accomplished in turning this hospital around in such a short period of time."

I realize that as a church we have very serious concerns about some doctrines of other churches, but we have, or should have, no problem loving their members. They, like us, are eligible recipients of the salvation provided by Jesus' great sacrifice on Calvary. We may be limited in some aspects of partnering, but loving outreach must never be limited. Kudos to Adventist La Grange Memorial leadership.



Francis Eugene George, a cardinal and eighth archbishop of Chicago Catholic churches, and Walter L. Wright, Lake Union Conference president and Adventist Health System Board chairman, each spoke at a luncheon hosted by Adventist La Grange Memorial Hospital.

Welcome NEW MEMBERS

Indiana There must have been double rejoicing in Heaven on Friday, December 2, as **Ann DiCicco** and **Clyde Sampson** were baptized by Allen Shepherd, Hammond Seventh-day Adventist Church pastor. God's special work in their lives through the Holy Spirit is evident in their stories.

Ann DiCicco began coming to the Hammond Church after attending a satellite evangelistic series there by Doug Batchelor. During one particular message, she felt the Holy Spirit urge her to come back to the Adventist church after being away twenty-eight years.

Ann was attending another church where she worked as the pianist. Since listening to the Doug Batchelor series, she felt the need to leave that job because attending caused internal conflict and put a strain on her spiritual relationship with God. One Sunday, after watching an Amazing Facts television program, she told the church leaders she would no longer play for their services. Immediately, her burden was lifted and she felt peace.

A piano and vocal instructor, Ann is now employed at a food co-op. Since becoming a member of the Hammond

Church, she plays the organ and piano and sings special music for her new church family.

Clyde Sampson attended the Hammond Church with his family after moving from New York; however, he found it difficult to find

a good paying job where he could have Sabbath off. Feeling the need to provide for his family, he eventually accepted a job that required him to work on Saturdays.

Recently, he says the Holy Spirit began convicting him to correct the situation so he rededicated his life to Jesus Christ. By faith, he explained the Sabbath to his boss and his need to follow God's commandment. Because Clyde was a hard worker and a special person in the business, his boss had no problem granting Clyde's request.

After Clyde made his decision, God opened up new opportunities for service. He has served as a church usher,

helped with special projects such as removing snow and cleaning the church grounds, and is a great help with the Pathfinder club.

It was with great joy that Ann and Clyde were welcomed into the church family and its fellowship. Everyone is so happy they are using their talents as a blessing for God's church.

Dean Cooper, head elder, as shared with Bruce Babienko, Lake Union Herald volunteer correspondent

Michigan **Gerald Laslett's** first encounter with the Adventist lifestyle occurred when his parents, Gus and Sally Laslett, eliminated pork from their diet. Gus and Sally became Seventh-day Adventists in July 1998 and were referred to as the "no-bacon people" at family gatherings. In addition to changes in eating habits, Gerald noticed a change in his parents' character and demeanor. They seemed happier and more at peace. Their calmness played a part in attracting Gerald to the Adventist lifestyle and a complete commitment to Jesus Christ, who he accepted as his Lord and Saviour.

In 1998 Gerald was on top of the world. He had a wife, three sons, and a secure job. From all appearances, life was good. Over the next two years, however, things soured. Nothing he did could save his marriage. His wife divorced him, leaving him hurt and reeling. Gerald turned to pleasures, seeking some comfort for the heartache and pain, which only contributed to his downward spiral and left him feeling even worse.

Through all his bad choices and resulting problems, his parents continued to be a source of love and support. Seeing how their lives had improved since their association with the church, Gerald decided to give it a try and began attending the Metropolitan Seventh-day Adventist Church in Plymouth, Michigan. He soon began Bible studies with Robert Stewart, Metropolitan's pastor. As he had hoped, Gerald began to feel better about his life. But his new hope was soon put to the test.

Things were getting complicated at his job which was "pulling him every which way." Three days before Christmas, Gerald found himself unemployed. With no income, and feeling defeated, he reverted to his former lifestyle.

In his attempt to shed his problems and his past, Gerald moved to Florida. Robert saw what was happening in Gerald's life and called upon Metropolitan's First Love Prayer Group.



Hammond members appreciate the talents of their newly baptized friends. From left: Clyde Sampson, Ann DiCicco, and Allen Shepherd, Hammond Church pastor.



Gerald Laslett and Robert Stewart, Metropolitan Church pastor, rejoice together at Gerald's baptism.

Florida did not turn out to be all that Gerald had hoped. At times he found himself living on the streets, not knowing where he would get his next meal. He felt lost and alone, even though God was with him and working on his behalf. Eventually, Gerald began to pray. "Every time I prayed for food and shelter," he said, "God answered my prayers." Praying for guidance about his future, Gerald saw a commercial on TV that showed a man returning to his family, and he knew he had to get back to his sons in Michigan.

When Robert heard Gerald was back in Michigan, he went to see him. Things did not look good, and once again Robert appealed to the prayer group to pray for Gerald. Through the prayer support and the continued care and nurture provided by his parents, Gerald returned to church and resumed Bible studies.

As his life began to transform, he exclaimed, "I have a lot of peace of mind, now. It's awesome. The Lord gave me this peace. He's done everything for me." Gerald continued to grow stronger in his faith and was baptized on September 10, 2005.

Joy Hyde, Metropolitan Church correspondent

Michigan "Pam, I'm going to hire a literature evangelist!" exclaimed Russell Thomas, Clare Church pastor, with his usual smile. That evening a fresh flood of tears poured down Pam Knechtel's face as she recalled his words. She had quietly hoped *she* would be the one her pastor would hire. She felt called to that position and now it seemed her dream would be lost and someone else would have the opportunity to work in the territory she had hoped would be hers. Image her surprise and delight when she discovered *she* was the one the pastor wanted to hire!

One morning as she drove through her territory, she felt impressed to stop and knock on doors. **Bonnie Grant** was at the first house and responded to Pam's knock. Though interested, she was unable to buy any books, but was happy to learn she could sign up for a free Bible course.

At the next house, **David Stachowiak** was interested in purchasing *The Great Controversy*. He, too, signed up for free Bible studies and agreed to watch the video series on Bible prophecy. The third house was "not interested,"

and warned her to "stay away from the unfriendly people next door." Pam smiled.

Pam excitedly telephoned her friend from church, Debbie Petrik, and shared the day's interesting events. She invited Debbie to be responsible for the new Bible study interests and Debbie was happy to respond. What a huge blessing those Bible studies turned out to be! Never could anyone have dreamed how the Lord would use Pam's impression to knock on those doors.

As trusting relationships were developed through more Bible studies, Pam discovered Bonnie, and David's wife, **Louise "Lou" Stachowiak**, were sisters who lived next to each other. When the Clare Church decided to host a public evangelistic series with Pam as the speaker, Bonnie, David, and Lou attended and made their decisions to be baptized.

Since then, Bonnie's husband, **Dwain Grant**, was baptized, and most recently, her father, **Daniel Bruner**, also took Bible studies and was baptized April 15, 2005. The family is so happy and repeatedly thanks Pam for taking the time to knock on their doors.

When the organizers reviewed the attendance figures from the evangelistic series, they discovered 25 of the 50 who came opening night were originally contacted by Pam. In addition, members of the Clare Church, along with the pastor, are following up over 100 Bible study interests that were generated. Some members are selling magabooks on Monday nights, and others have become part-time literature evangelists. In addition, David, Lou, and Bonnie are learning how to give Bible studies.

What a wonderful blessing when new members continue to disciple others who "catch the vision" and are willing to follow where the Spirit leads.

Annette Metz, Clare Church correspondent, as shared with Bruce Babienco, Lake Union Herald volunteer writer



From left: David and Louise Stachowiak, Russell Thomas (Clare pastor), Debbie Petrik, Bonnie Grant, Pam Knechtel, and Dwain Grant; not pictured: Daniel Bruner



Russell Thomas, Clare Church pastor, invited Pamella "Pam" Knechtel to be a literature evangelist. The Lord has used Pam to lead many individuals to Christ.

The Joy of Lending a Hand

BIBLE LABS EXPOSE STUDENTS TO NEEDS OF OTHERS

BY ROBERT C. QUILLIN

This year, the Bible Labs program was a great blessing to the students of the Tri-City Seventh-day Adventist School in Saginaw, Michigan, and to the community at large. Bible Labs offers an opportunity for the youth to be involved in constructive activities, meet the needs of people, and it promotes positive relations with area residents.

Charlotte Anderson's students sang in nursing homes and became involved with the local Veteran's Hospital. She reports, "The students in the lower grades really enjoyed making valentines for the veterans at the VA Hospital. They also made wooden art projects for nursing home patients, with the help of Wilbur Rickel."

The students in grades 5-8 made a surprise visit to the home of Joyce Hunt in St. Charles, Michigan, while she was away. Her husband had died eight months earlier, and it was difficult for her to maintain the property alone. The students raked her yard, scrubbed lawn furniture, distributed mulch around flower beds, washed her driveway, and left flowering plants for her. Audrey Burns, a project coordinator, commented, "What a great group of young people with which to work. I have never seen a pick-up load of landscape bark unloaded in such a hurry. They formed an assembly line, unloaded the truck, and spread the chips around the existing shrubs and plants."

Joyce was very surprised and pleased upon her return to see all the students had accomplished. She has a great love for young people and had such praise for them for their kindness to her. Her brother-in-law said everyone within 90 miles knew about it since Joyce was on the phone telling them about it.

Brandon Lamphier, a seventh-grade student admitted, "At first it seemed that it would be a drag, but it turned out



Joeline Muhawenimana swept the driveway, while Brandon Lamphier helped organize different items.

to be a blast, and we had a chance to do some good!"

Brandon Goodfellow, a sixth-grade student commented, "It was more fun than I thought it would be."

A month later, the same students helped Midland Adventist Community Services Center staff get ready for an annual coat give-away program. Students and staff unpacked a mountain of coat boxes, put the

coats on hangers, and placed them on racks according to categories. All the work had to be completed in two hours or less. Some students didn't think it was possible, but Connie Hickman, Bible Labs leader, assured them they could do it. At 12:00 noon everything was completed. They had unpacked all the boxes and were hanging up the last coats!

Mikaya Merrills, grade six, reflected, "It was a lot of fun to help people, and I thought it would be very boring, but it was not."

For their hard work, Reid Tait and the Center's staff provided students with pizza, juice, fruit, health cookies, brownies, and expressed many times, "Thank-you for your help!"

Connie stated, "The students really enjoyed these Bible Labs projects. They had a lot of fun helping others." The students look forward to monthly Bible Labs projects.

Robert C. Quillin is the Saginaw Center Road Seventh-day Adventist Church pastor and the local church communication leader.



There's More Online!
 >> More Photos >> More Inspiration
 >> www.LakeUnionHerald.org

BEYOND *our* BORDERS

Delivering Messages for the Shepherd

BY CORY JACKSON



John 10:16 states, “And other sheep I have which are not of this fold: them also I must bring and they shall hear my voice; and there shall be one fold and one shepherd.” I often wondered when it would happen. Most people seem to turn a “deaf” ear to the Adventist message. But recently, I witnessed a partial fulfillment of this text.

I was asked to preach for my uncle’s funeral in Mississippi at a church of another denomination. Since my mother and I were the only Adventists in our family, I prayed the Lord would use this opportunity to reach my family like never before.

At the funeral, I sensed the Holy Spirit was present, and I preached with freedom and confidence, giving an appeal for people to accept Jesus right then. The response was so positive; the church’s pastor invited me to return in the next couple of months to preach a revival.

The Michigan Conference administration saw God leading and encouraged me to accept this opportunity. Not knowing what to expect, my mother and I set out for Rose Hill, Mississippi, excited about the opportunity to share the wonderful Adventist message. Anticipating a positive response, we brought 150 *The Passion of Love* books and 150 *Final Events* DVDs to give out at the right time.

The church was full when we arrived. When I was young, I had attended revivals at this very church with my grandmother and remembered saying to myself, *I ought to preach in this church one day*. Through God’s providential leading that day had come, and I sensed the awesome responsibility.



Cory Jackson (right), Covert Church and Maranatha Bible Fellowship Company pastor, was invited to preach Adventist messages at a non-Adventist church in Mississippi. He and his wife Stacey will return to give health and Revelation seminars at the same church this year.



As a child, Cory Jackson remembers saying, *I ought to preach in this church one day*. He recently accepted an invitation to preach a revival in that church he earlier attended with his grandmother.

Every night we began with a unique insight from Ellen White and a sign of the last days. We were given the opportunity to speak two hours each night! The first night four people stood in response to an appeal. They were invited to meet the next day to begin building a relationship with Jesus. When we arrived at the appointed time, more than 20 people were waiting, including the pastor, and the number grew nightly.

Nightly topics included: “Christian Living,” “Daniel 2,” “Health,” “Obedience to God and Not Man,” and many others. Children and parents were reconciled, husbands and wives were reunited, and hearts were won for Jesus.

Following the instructions of Psalm 2:8 where God told David to ask Him for the nations, we asked God for these dear people. On the last night the pastor, along with 95 percent of his congregation, responded to an urgent appeal not to hold anything back from God—even if it went against tradition.

What a joy to see our prayers answered as many embraced God’s truth for their lives with tears.

The pastor asked us to return this year to present health and Revelation seminars because, as the pastor stated, both he and his people are “hungering” for truth.

The Lord is good. He longs for us to respond to opportunities to share the Seventh-day Adventist message of hope and salvation to His other sheep who hear His voice. Please keep the Mississippi church in your prayers.

Cory Jackson is pastor of the Covert Church and Maranatha Bible Fellowship Company in Michigan.

GRACE: A Gift to the Family

BY SUSAN E. MURRAY



In the book, *Families Where Grace Is In Place*, author Jeff VanVonderen suggests the first step in learning how God's grace transforms relationships within a marriage and family is to recognize the difference between God's job and ours. God's task is to fix and change. Our responsibility is to depend on the Holy Spirit, serve our families, and help equip them to be all they can be.¹

It is not uncommon for committed, Christian parents or couples to try to gauge their spiritual success by outward performance standards. When individuals focus on "the letter of the law," they often lose those they hold most dear. Family members may also withdraw and become uncooperative and discouraged. When unsolved problems arise, they may be viewed as "proof" the leader of the family is failing as a Christian. Many believe they must work harder to overcome their problems. Trying harder or avoiding deeper issues causes Christian couples or families to wait too long to ask for help.

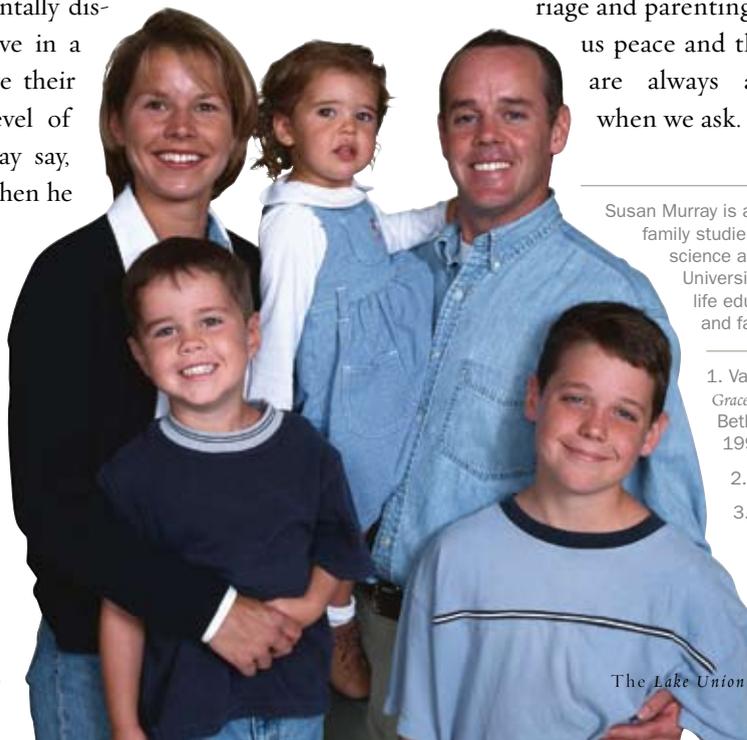
Families often avoid the shameful admission their self-efforts are inadequate to establish the peaceful, happy Christian home they desire. They deny the presence of a problem (which is fundamentally dishonest). They choose to live in a rut, working hard to restore their spouse or children to a level of "right" behavior. Others may say, "If I straighten myself out, then he or she will change."

Many were taught to go along with something outwardly, while inwardly strongly disagreeing. This is pretending—not compliance or submission. Women in particular struggle with what "submission"

means. Too often the outward behavior, believed to be submission, is not from the heart or the spirit; its from fear and the desire to keep peace at all costs.

The reason why "try-hard" solutions can't possibly work is because no man or woman is powerful enough to provide life and value to their spouse or other family members. Also, a relationship in which performance is demanded or expected is a no-win situation for all involved. I agree with the author that, "The Christian family's ultimate goals of harmony, obedience, and full potential can be arrived at without using legalistic and manipulative methods."²

"Healthy relationships between husband and wife, between parents and children, are possible only when the filter of God's grace is placed over the processes of marriage and parenting."³ God offers each of us peace and the gift of grace. They are always abundantly available when we ask.



Susan Murray is an associate professor of family studies who teaches behavioral science and social work at Andrews University. She is a certified family life educator and licensed marriage and family therapist.

1. VanVonderen, Jeff. *Families Where Grace Is In Place*. Grand Rapids: Bethany House Publishers, 1992.
2. *ibid.*
3. *ibid.*

Can You Survive Without Supplements?

BY WINSTON J. CRAIG

Supplements are big business. Last year, sales of dietary supplements topped \$20 billion, and the industry continues to grow as four out of every ten Americans regularly use supplements. The most popular supplements include vitamin C, calcium, multivitamins, iron, B vitamin complex, and vitamin E.

Some people consume a daily vitamin supplement just for nutritional insurance since they are afraid their diet may not provide everything they need. Others believe they need vitamin pills for extra pep and energy, or to combat the effects of stressful living.

But are supplements really necessary for optimal health? Do elderly persons need a daily vitamin supplement? Do supplements protect us against heart disease, cancer, the common cold, mental decline, and other physiological changes associated with aging? Can they boost the immune system and increase our vitality?

In certain conditions, supplements may be recommended. Both the elderly person who experiences diminished nutrient absorption and the overweight person on a calorie-reduced diet will benefit from a multivitamin/mineral supplement. In addition, iron supplements facilitate a healthy pregnancy outcome, while folic acid supplements lower the risk of giving birth to a child with birth defects. The total vegetarian who consumes no animal products must ensure they have an adequate intake of vitamin B12, either from fortified foods or through the use of a daily vitamin B12 supplement. But supplements are not for everyone.

Can you take too much of a supplement and experience side effects? Yes, it is possible. For example, large doses of vitamin B6, used to treat depression and carpal tunnel syndrome, can cause serious nerve damage. Excessive amounts of vitamin A can cause head-

aches, dizziness, and nausea. High intakes of zinc have been shown to compromise the immune system. While fish oils lower blood triglyceride levels, they are generally ineffective for lowering cholesterol levels. Large quantities of the omega-3 rich fish oils may increase the risk for bleeding.

Not all supplements do what the manufacturers claim. In recent trials, vitamin E tablets have proven quite disappointing for cardiovascular patients, while antioxidant supplements have failed in experiments to reduce the risk of various human cancers. Chromium picolinate supplements are promoted to help a person lose fat and gain muscle. Not only are these supplements ineffective for this purpose, but they can also cause liver dysfunction and renal failure. You may ask "Where can someone get information about whether a particular dietary supplement is safe and effective? And how does one know if they even need a dietary supplement?" For answers, check out the government website: <http://dietary-supplements.info.nih.gov>.

How can you know if the supplement you purchased actually contains the ingredients that it claims on the label, or if it is contaminated? For help, check out the website: www.consumerlab.com.

Winston Craig, Ph.D., R.D., is a professor of nutrition at Andrews University.

Dietary supplements may not always deliver what the label claims.



EXTREME GRACE

Stories that Heal

BY DICK DUERKSEN

Will's Stomach

Will is nauseated much of the time, and his medications give life an “out of focus” feel. He speaks seldom, and then only in a whisper.

As a housekeeper stirs about his room, Will suddenly speaks to her clearly.

“I smell bread baking, and that’s the best smell on earth!”

Surprised, the housekeeper sniffs the air—and smells nothing out of the ordinary.

“When the bread is ready,” Will asks, “may I have a big thick slice with butter?”

“Let me check,” the housekeeper answers as she slips out the door.

It took approvals from Will’s doctor, nurse, dietitian, and wife, but soon the floor’s bread maker was making the “best smell on earth.” And shortly, Will’s wife, several nurses, a housekeeper, and Will’s doctor all sat around the bed sharing hot bread, thick butter, and stories of home.

Will’s stomach loved it!

Kathy's Hollyhocks

There is no artwork in room 6410, but that’s where Kathy has been assigned. She’ll be here for several days, until the tests determine how to treat her cancer.

Her nurse points to a large white board on the wall. I’ll write my name and phone number here,” she says, “so you’ll know how to reach me at any time. But I’ll also write your name, and would like to add something special about you so we’ll know a bit of your story. Let’s start with flowers. What is your favorite flower?”

“That’s easy,” Kathy answers. “In Iowa there was a row of hol-

lyhocks right outside my window. Bright red ones. Those will always be my favorites.”

The nurse wrote “Bright red hollyhocks—like in Iowa,” by Kathy’s name.

“I’ll tell Linda, our artist in residence, that you like hollyhocks!”

An hour later Linda slipped into the room with a beautifully-framed photo of bright pink hollyhocks.

“I couldn’t find any red hollyhocks,” Linda said, “but here are some bright pink ones. I hope they’ll match your memories from the farm. I’ll hang them here while you’re in room 6410.”

Kathy laughed and said, “Pink is just fine. I look up there and I’m home. I can almost smell Mom’s fresh-baked pumpkin pie!”

Sebastian's Guitar

Each day Sebastian is responsible for the music in 45 rooms on a cardiac care unit. Some of the patients have new hearts. Some have new balloons in their arteries. Others are waiting to see what’s next. Sebastian’s job is to sing health into their lives.

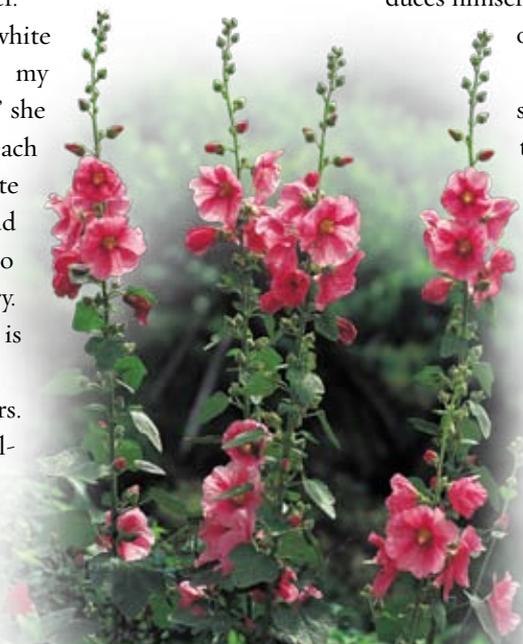
After 30 minutes learning stories from the patient charts, Sebastian walks to the first door, says a prayer, introduces himself, and walks into the room—a “sanctuary of healing.”

He asks a few questions and begins strumming his guitar. Invariably the patient mentions a hymn, and Sebastian begins to sing.

“Most folks ask for ‘Amazing Grace,’ or ‘In the Garden,’ or ‘Jesus Loves Me,’” he says. “But I’ll play whatever they ask for.”

People heal better, faster, and happier when Sebastian plays his guitar.

Dick Duerksen is assistant vice president for mission development at Florida Hospital.





Adventist Medical Work

BY GARY BURNS

The Adventist medical work was established in a number of quality institutions to provide better health to the nation with innovative principles. In response to special insights into the relationship between mind, body, and spirit, James and Ellen White opened the first Adventist medical institution in 1866 as the Western Health Reform Institute in Battle Creek. It was a place primarily devoted to health education, hydrotherapy treatments, and spiritual renewal.

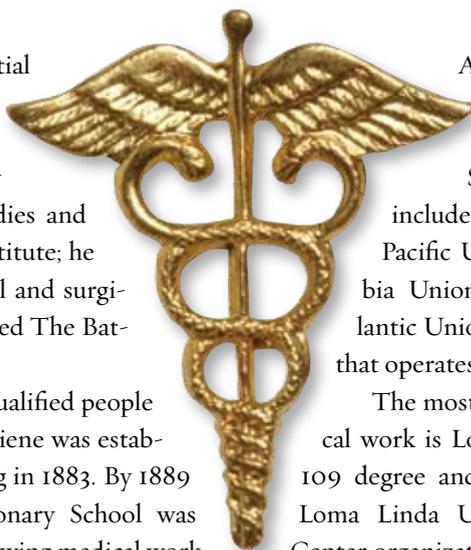
James and Ellen saw great potential in young John Harvey Kellogg, and helped finance his medical studies at Bellevue Medical College in New York. In 1875 he completed his studies and returned as superintendent of the institute; he soon incorporated innovative medical and surgical techniques at the facility he renamed The Battle Creek Sanitarium.

As the medical work grew, more qualified people were needed. By 1878 a school of hygiene was established, followed by a school of nursing in 1883. By 1889 the Health and Temperance Missionary School was founded to meet the demands of a growing medical work and to prepare medical missionaries for service.

The Ministry of Healing, Ellen's book on the healing ministry of Jesus, was published in 1905—the same year Loma Linda Sanitarium was established. By then medical ministry was an integral part of the church that operated approximately 30 sanitariums and healing facilities around the world. The following year Loma Linda School of Evangelists opened in response to the demands of the growing medical work and Ellen's counsel that "The healing of the sick and the ministry of the Word are to go hand in hand."

Today the church sponsors more than 500 healthcare facilities dedicated to helping people achieve physical, mental, and spiritual wholeness. These include over 160 hospitals and over 400 nursing homes, dispensaries, and clinics.

In the United States, these institutions are grouped together in healthcare delivery systems. In the Lake Union,



Adventist Midwest Health is part of the Adventist Health System serving the Lake, Mid-America, Southern, and Southwestern Unions. Other systems include Adventist Health—Pacific and North Pacific Unions; Adventist Healthcare—Columbia Union; Atlantic Adventist Healthcare—Atlantic Union; and Kettering Adventist Healthcare that operates a number of facilities in Ohio.

The most recognized facility in Adventist medical work is Loma Linda University (LLU), offering 109 degree and certificate programs, as part of the Loma Linda University Adventist Health Sciences Center organization. With nearly 30,000 living alumni distributed among many Adventist facilities around the world, LLU had a major roll in the development of the Adventist medical work.

In addition, most Adventist colleges and universities offer programs in nursing and various allied health professions. Andrews University provides degrees in allied health administration, clinical laboratory science, nursing, nutrition and wellness, physical therapy, and a variety of math and science programs designed to prepare the student for medical school.

Integral to the mission of each Adventist facility—hospitals, clinics, or schools—is to partner with the church participating in the healing ministry of Jesus, bringing health to the whole person.

Gary Burns is the Lake Union Conference communication director and *Lake Union Herald* editor.

SHARING *our* HOPE

Sharing a Vision for Tobacco-Free Communities

BY DIANE THURBER

Since Indiana has the fifth highest smoking rate in the United States, Indiana's government leaders established a task force with a vision to significantly improve the health of Hoosiers (Indiana residents) and to reduce the disease and economic burden that tobacco use places on Hoosiers of all ages.

The Indiana Tobacco Prevention and Cessation (ITPC) task force is working with other agencies and faith groups to accomplish 19 objectives (see www.ingov/itpc/Program.asp). A significant achievement occurred on March 1, 2006, when Indianapolis and two adjacent communities implemented a smoke-free air policy, joining a growing list of cities with similar health goals. This new law will affect many workplaces, restaurants, government centers, health care facilities, laundromats, and licensed childcare and adult daycare facilities.

In conjunction with this milestone, a two-day conference was held at the Westin Hotel in downtown Indianapolis. *Visioning a Tobacco-Free Community* was planned to bring faith leaders together to share information and to challenge them to continue reaching out to their communities in the area of tobacco cessation and prevention. Nearly 500 people attended the two-day event.

As a result of the contacts established by the Indiana Conference health ministries director and Anderson Church members, Ron Kelly, Cicero Church senior pastor, was invited by Cecilia Williams, a member of the ITPC advisory board, to serve on a panel of four at a breakout session at the event. Each panelist was given an opportunity to speak for ten minutes. Ron said, "I was very proud to be able to tell all these people that in 1959, five years before the United States surgeon general would declare that smoking might be a risk to your health, a Seventh-day Adventist physician (J. Wayne McFarland) and clergyman (Elman J. Folkenberg) initiated practical and very popular smoking cessation programs."



Rachel Moore (right) participated in a Cicero Church Breathe Free seminar. Introduced by Larry McConnell, a presenter, Rachel later shared how much better she felt since she quit smoking.

A question and answer time followed the panelists' presentations. Since Ron was the only panelist who represented a faith-based smoking cessation program, he was granted time to share the history of the Seventh-day Adventist smoking cessation programs, their philosophical underpinnings, and the practical behavior modification methods incorporated. He said, "I had several good conversations with people from the audience following the panel discussion."

In other workshops, presenters provided information about smoke-free workplace ordinances, as well as smoke-free Sabbath programs, youth prevention, and other smoking cessation programs.

Ron said, "It was a very positive experience and allowed me to interact with community leaders. I'm glad for the opportunity it opened up."

The Cicero Church is known in its community for offering smoking cessation programs and other programs to enhance quality of life. They have also offered programs in Tipton, a community north of Cicero, and have conducted classes in area businesses at their invitation. Other Indiana churches have also impacted their communities with stop-smoking classes.

Breathe-Free classes take nicotine-dependent individuals and lead them through a program designed to break the tobacco habit and set them on the path to better health practices. The *Breathe-Free* program is now used in more than 50 countries.

For information about conducting smoking cessation programs in your community, contact your local conference health ministries director.

Diane Thurber is the *Lake Union Herald* managing editor.



UN GRAN CONFLICTO Y UNA GRAN ESPERANZA

POR CARMELO MERCADO

En el mes de abril, mi esposa y yo visitamos el “Adventist Historic Village” [Villa Histórica Adventista] en la ciudad de Battle Creek, estado de Michigan. En ese lugar se ha establecido una pequeña aldea donde se recuerda la historia de la Iglesia Adventista. Hay allí varios edificios al estilo de los 1800s como, por ejemplo, una escuela primaria, una casa hecha de troncos y una iglesia. En cada lugar hay guías que cuentan alguna parte de la historia de la Iglesia Adventista. El edificio que sobresale, por supuesto, es la casa de la familia White. En ese lugar había tres guías, uno en cada habitación, quienes nos explicaron cómo vivía la familia White. Lo que más me llamó la atención fue el dormitorio donde la hermana White dormía y escribía, y que llegó a ser de especial importancia para el mundo, ya que allí escribió la versión original del libro *El conflicto de los siglos*.

Este libro tuvo su origen el 14 de marzo de 1858 en Lovett’s Grove, Ohio, durante un funeral. El esposo de la hermana White predicó, y luego ella empezó a compartir palabras de aliento a los dolientes. De pronto sus palabras fueron interrumpidas por una visión que duró dos horas.

Más tarde ella reconoció la importancia de esa visión, y la necesidad de escribir lo que había

visto. Pero no le fue fácil comenzar esa labor porque tres días después ella sufrió un derrame cerebral. A pesar de sus dificultades para caminar y mover las manos ella comenzó a escribir, al principio sólo una página por día. En otra visión le fue revelado que el derrame se debió a que Satanás tenía planes de matarla para que no se escribiera ese libro. Pero el Señor contestó sus oraciones y al fin ella pudo terminarlo, y como resultado, en agosto de ese mismo año se publicó bajo el título *El gran conflicto entre Cristo y sus ángeles y Satanás y sus ángeles*.



Nuestro guía, Sherlock Brown, en la habitación donde se escribió “El Conflicto de los Siglos”.

Doy gracias a Dios que se pudo publicar ese magnífico libro donde se revela la existencia de dos realidades. Una es que Satanás ha tratado por miles de años de hacer sufrir a los habitantes de este mundo y llevarlos a la perdición. En contraste, la otra realidad es que Cristo se ha propuesto a usar todo su poder para que nadie “se pierda sino que tenga vida eterna.” El libro concluye anunciando que el resultado final

será la destrucción del pecado, mientras que los redimidos se postrarán a los pies de Jesús en un nuevo mundo.

Como Adventistas del Séptimo Día tenemos una gran esperanza que compartir y es que si le entregamos nuestras vidas a Jesús, él nos asegura la victoria completa. Animo a cada persona que lea este artículo que comparta con su vecino, su amigo o su compañero de trabajo una copia del libro “El Conflicto de los Siglos” para que pueda disfrutar esa misma esperanza.

Carmelo Mercado es el vicepresidente general de la Unión del Lago.

Reflections on a Life Well-Lived

CENTENARIAN MAKES HIS WORLD A BETTER PLACE

BY RHONDA WHETSTONE NEIBAUER

Philo Baker's looks belie his years, as does his deceptively strong grip when you take his hand. He still has a handsome face, a full head of snow-white hair, and continues to dress nattily in a suit each Sabbath to attend church. His mind is still sharp. And if you have the time, he has stories to tell—stories that combine the history of his life with the mystery of the miracle of its span. Born in 1902 on a farm near Arpin, Wisconsin, Philo celebrated his 103rd birthday last November 3. Reviewing his life is like turning pages in a history book.



Philo stays very active at Riverview Manor, and he participates in just about every activity offered.

The first time Philo voted it was for Calvin Coolidge, but he remembers Teddy Roosevelt, William Howard Taft, Woodrow Wilson, and Warren Harding, too. He has seen 18 presidents come and go. Philo can tell you what it was like to hear that the Titanic sank. He remembers when the world's first skyscraper was built and stood all of 16 stories high. He witnessed the last five states admitted to the Union; the invention of hot dogs, hamburgers, Popsicles, Pepsi, Life Savers candy, Crayons, vacuum cleaners, the Model A and Model T; the discovery of radium and helium; toys added to every package of Cracker Jacks; and a 26-year-old named Albert Einstein who published a paper on the Theory of Relativity.

Philo is one of the few people alive who saw Halley's comet twice since it only comes around once every 76 years. "It was quite something. People talked about it for a long time before we actually saw it," he said, referring to the first time he witnessed the phenomenon.

Growing up at the beginning of the 20th century was not easy. "Even with a large family, there was much work to be

done on a farm." School was a luxury. Philo attended, but not as much as he would have liked; he had a real desire to learn. Like most farm boys at that time he left home at 21.



Philo Baker celebrated his 103rd birthday on November 3, 2005.

Philo married in the early '20s and was only a couple days shy of 27 when the stock market crashed and the Great Depression began. "That was a bad time," he recalls. "It affected almost everyone in some way." The main focus was just striving to survive. Farming helped keep food on the table for his family.

Philo, one year too young to serve in WWI, found that with his family and at his age, he was exempt from WWII. When the war ended, the world discovered the horrors of the Holocaust and the civil rights movement had its beginnings. It was a decade of growth and learning for our country.

So it was for Philo decade after decade. He married and raised his family, watched new marvels, and saw how far we came as a nation and how far he came as a person. The young boy who was awed by the first Model A and how the Wright Brothers attempted flight now marvels at the ve-

hicles on the highways and the wonders in the skyways. Little did he know he would see men on the moon.

Philo was almost 12 when Ellen White died. He recalls how church leaders spoke of her latest endeavors each Sabbath and how saddened the Bethel (Wisconsin) congregation was when she died.

Philo considers himself lucky to have been born into a Seventh-day Adventist family and firmly states, "I think it has a great deal to do with how long I have lived."

He attended church his entire life—mostly at the Bethel and Moon churches. Philo now worships at the church in Wisconsin Rapids where he lives. "I still miss Moon, you know," he says with a wistful look on his face.

Once he "retired" from the farm routine, he became more active in the Moon Church, serving as an elder from his early 70s until in his 90s. At other times he served as deacon. He also worked there as a janitor, Sabbath school superintendent, and says he even taught a bit. He was saddened when the little church finally had to close.

While speaking of his Seventh-day Adventist lifestyle, the usually focused Philo stops mid-sentence and switches thoughts. "You know," he says, "back when I was young," and he stops again, looks me straight in the eye, and says, "I probably should not tell you this so you don't wonder or take it wrong." I urged him on; he smiled and said with much conviction, "Well, there was a time when I was young that [the church] said that the second coming was so near that we would not be here in another five years." He smiled again and said, "But here we are!" Then with another more serious look, he says, "Of course we know now with what is happening that we are in the last days."



Philo still studies his Sabbath school lesson. He reads his Bible, too, but it is getting harder with failing eyesight; most of the time he relies on friends who come to the Manor to read it to him.

bath, though. "Oh, sometimes you had to. I can recall a brush fire once and a barn fire. When it was to help someone else out like that, you did it, but otherwise I kept the Sabbath."

Then he stated, "I never retired! I even went around to nursing homes in my later years and sang for the folks there. It was strange because here I was, older than most of them there, and I just could not believe the problems those poor people had. I was very thankful to have my health."

Living alone and taking care of his own needs until he was past 100, he finally moved in with his granddaughter after he fell one day and was unable to get up by himself. He stayed with her for a few months before moving to River-view Manor in Wisconsin Rapids.

It is an accomplishment just to reach the age of 103, but to also still have mental acuity is something nearly unheard of. Philo attributes this mostly to his healthy Seventh-day Adventist lifestyle. "People keep telling me I am pretty sharp for my age." Indeed he is.

"I have pretty much always been a vegetarian," he states. He feels that other healthy habits have impacted his longevity as well. Sheepishly, he admitted to "trying cigarettes once" when he was around others and wanted to see what it was like. He quickly added, "If I had smoked and drank alcohol like the others were, I would not have lived this long or been as healthy as I am. I know it is how I have lived that has made the difference."

Attributing most of his longevity to "staying active and always working," Philo tells how he worked as a carpenter much of his life. He continued building right into his 90s and was remodeling still at age 100. Philo is quick to add at this point that he never worked on the Sabbath,



Philo Baker still tended his poppy garden at age 94 when this picture was taken.

Philo's grandfather lived to be 101 and his great-grandfather even older. The next eldest sibling in his family was a sister who lived to be 98. Philo is the last of the ten children.

Although Philo had two bouts with pneumonia this past winter, he knows he is fortunate to not have many of the health issues of those around him. It is only in the past few months that Philo has used a wheelchair. While he gets around well by himself, you can tell he would prefer to be up and walking around. He can walk with a walker, but the wheelchair is easier.

Asked about exercise, Philo said, "I was never one to exercise a lot because I got enough exercise just working the farm and doing other things. Now I attend all the classes [at the Manor]. We do stretching exercises and lifting, too. It is all to strengthen our muscles."

When you visit the Manor and ask where Philo is, they point you in the direction of whichever activity is currently being held. He participates in bowling and says he really enjoys the parlor games. He grins as he tells how he wins quite often. "I don't have to pay to play the games, but when you win, they give you a nickel or a dime. I take every one of those nickels and dimes and put them in a piggy bank, and then someone from the church comes and gets the money and sends it to a place where it will be used for mission work. It is not a lot, but it is still something I can do. Last time I counted, it was more than \$16," he said.

Philo studies his Sabbath school quarterly and reads his Bible, but his failing eyesight makes it more difficult. Most of the time he leaves that up to church friends who come to the Manor for just that purpose.

While we visited he said to me, "You know, I have asked many people why it is that I should still be alive at this age. I just don't understand it." I told him, "Philo, you want the simple answer? God is not finished using you yet. You are touching lives daily with your Christian lifestyle and principles. You are a testimony to a healthy lifestyle. You are living your faith. You are still witnessing for God. God still has a purpose for you." That seemed to be the answer he needed.

At his birthday party last November, we filled a room with friends and family of all ages. At the church, the ladies cannot help but take turns holding his hand or greeting him with a kiss on his cheek and wishing him well. And at the Manor, every employee who passes by makes a point to smile and speak to him. Through it all, there is a twinkle in his eye.

Before I left he said, "They all tell me that since I arrived here, it has been a much better place." The same can be said for his lifespan on this earth. If you spend time with him, you will soon understand why.

Rhonda Whetstone Neibauer is the Wisconsin Rapids Church media liaison and a freelance writer.



Driving the success of the first new hospital built in Illinois in 25 years is the Adventist Bolingbrook Hospital administrative team. Adventist Bolingbrook Hospital is scheduled to open in September 2007. From left: Kathleen Mitchell, CNO; Isaac Palmer, CEO; and Karsten Randolph, CFO.

Meet the Administrative Team FOR ILLINOIS' NEWEST HOSPITAL

BY LYNN LARSON

The 138-bed Adventist Bolingbrook Hospital, under construction in a western suburb of Chicago, is the first hospital granted a certificate of need in the state of Illinois in 25 years. With an anticipated opening of September 2007, the hospital's administrative team—Isaac Palmer, chief executive officer; Kathy Mitchell, chief nursing officer; and Karsten Randolph, chief financial officer—is very busy.

**Isaac Palmer,
Adventist Bolingbrook Hospital
Chief Executive Officer**

Along with keeping abreast of the construction on campus, Isaac's current challenge as chief executive officer (CEO) is creating a medical staff of about 350 for the new hospital. "I am meeting individually with physicians who want to practice here or move to the area and build their practice."

Isaac's roots are deep within Adventist Midwest Health (AMH). He was born at Adventist Hinsdale Hospital and worked there as part of his management training residency



Isaac Palmer, CEO

with Adventist Health System (AHS). He was named executive director of Adventist Bolingbrook Medical Center, a free-standing emergency and trauma center, a division of Adventist Hinsdale Hospital, in December 2000. The new hospital will become the fifth hospital within AMH.

"I always intended to work for an organization tied to the Seventh-day Adventist Church. My father worked in various capacities within the church, serving as the business manager for Oakwood College and treasurer for the church. He is a great role model for me." At college, he was influenced by Benjamin Reeves, then president of Oakwood College, who later became AHS vice president of mission ministries.



Isaac explored health care as a career option and interviewed with AHS. When he graduated from Oakwood College, he entered a three-year residency program with AHS, working for two years in Florida before returning to Adventist Hinsdale Hospital in Illinois.

After his residency, Isaac served six months in planning and business development at Adventist Hinsdale Hospital before taking the helm in Bolingbrook. Isaac serves as a library trustee and is a member of the local Chamber of Commerce.

“Isaac is building a strong team, and his leadership is a driving force to the success of this hospital,” said Ronda Klocko, marketing site manager for Adventist Bolingbrook Hospital. “He’s committed to the mission, a sense of community, and he cares for patients and staff.”

This year, Isaac also participated in an AMH-sponsored mission trip to Ghana, West Africa. “It’s a way of giving to a community halfway around the world that needs you. The Lord blesses us with so many things to share. It was so rewarding to help build a girls’ dormitory for an Adventist school,” he said.

Off campus, Isaac enjoys golfing and spending time at the park with his wife Sybil and their children, Mary and Isaac III.

**Kathy Mitchell,
Adventist Bolingbrook Hospital
Chief Nursing Officer**

Kathy Mitchell came to Bolingbrook from Celebration Health, a campus of Florida Hospital in Celebration, Flori-



Kathy Mitchell, CNO

da, where she was assistant administrator. As a chief nursing officer there, Kathy was part of the opening team at that facility in 1998.

As part of AMH, one of her many responsibilities is recruiting and training nurses for Adventist Bolingbrook Hospital. In her 23 years in nursing, she has worked in critical care and medical/surgical units and developed leadership skills as a charge nurse, nursing manager, director of nursing, and as a chief nursing officer. Her philosophy of nursing is based on the holistic care of patients and balanced performance of five elements: team, clinical, service, market, and finance.

“I approach leadership and the business of health care from a balanced performance philosophy—keeping a balance of performance in these five key areas of excellence that include our ability to recruit and retain a highly engaged work force. It’s important to deliver high quality clinical outcomes and achieve patient satisfaction based on inpatient, outpatient, and Emergency department visits,” notes Kathy.

Kathy earned a B.S. from Saint Leo University in Saint Leo, Florida, and a MBA from Southern Adventist University in Collegedale, Tennessee. She is married and has three children. Focused and disciplined, Kathy also is looking for future leaders in nursing. “I like to identify traits of potential leaders and mentor. It’s important to develop future talent for [AMH] and continue that accountability,” said Kathy.

A nurse noted, “I was able to develop good interpersonal, communicative, and negotiating skills through observing Kathy’s dynamic leadership style. Most importantly, Kathy taught me that enthusiasm and a sense of joy can be a part of my clinical and leadership practice.”



**Karsten Randolph,
Adventist Bolingbrook Hospital
Chief Financial Officer**

Karsten Randolph sees his role as chief financial officer (CFO) tied to being a good steward. “It is often said: ‘No money. No mission.’ I believe being a good steward is extremely important in furthering our mission. I do that in my role as CFO of a new hospital in order to offer the most state-of-the-art facility to the community,” he said.

“My dad (Gary Randolph) is director of education for the Lake Union Conference and has worked for a church school or the conference for as long as I can remember. I learned early on what it means to live the mission of the Seventh-day Adventist Church through the dedication my dad showed to Adventist education during his whole career.”

Brinsley Lewis, Adventist GlenOaks CEO, said of his former staff member, “Karsten is a very talented CFO and his commitment to the mission will add to the success of Adventist Bolingbrook Hospital.”

Karsten’s road to CFO started with his first job out of Andrews University working for the General Conference Auditing Service. He moved on to work briefly for a CPA firm in Henderson, North Carolina, before stepping into the financial world of health care. Along the way, he was licensed as a CPA. Karsten joined AHS as controller of Manchester Memorial Hospital in Kentucky and helped consolidate the accounting for Manchester Memorial and Jellico Community Hospital in



Karsten Randolph, CFO

Tennessee before moving to Maine where he was controller for Parkview Adventist Medical Center.

In 2003, Karsten moved back to the Lake Union Conference and worked as director of finance for AHS Midwest Region. Later that year, he was named CFO for Adventist GlenOaks Hospital in Glendale Heights, Illinois. He was named CFO for Adventist Bolingbrook Hospital in February 2006. Karsten is currently working on a MBA degree from Benedictine University in Lisle, Illinois.

From his Bolingbrook office, he literally overlooks the construction site of the hospital. His work life is full of meetings, developing service lines, estimating patient volumes, coordinating purchases of new equipment, planning designs of new operating rooms, and crunching numbers to develop a first-year budget for the \$130 million hospital.

“I meet with the construction project manager daily. I’m involved in decisions as small as a door handle and as big as a boiler. As things within the design or departments change, I have to relate financially how that will affect other plans.”

His home life is shared with his wife Clarissa (Saunders), three-year-old daughter Mía, and Bergen the dog.

“I value the Adventist mission, having grown up in a household where my parents were devoted to serving the mission and the church. I feel working for the church and [AHS] are ways to give back to our denomination. I had a great Adventist education and it’s been a blessing to me. When Adventists work for the healing ministry of Christ, it strengthens the mission for the whole church.”

Lynn Larson is a public relations specialist for Adventist Midwest Health.



Energy Abounds IN THIS SERVICE-MINDED CHAPLAIN

BY LYNN LARSON

Last February, Adventist Health System presented Tricia Trefl, chaplain at Adventist La Grange Memorial Hospital, with the Christian Service Award during its annual Ministries and Mission Conference in Orlando. According to Garry Losey, chaplain at Adventist Hinsdale Hospital, “Adventist Health System presents the award to people who have done a lot to honor the place where they work in all that they do. If you asked Tricia, she would just say she was doing her job. But she always does a little extra and goes above and beyond what is necessary.”

“Tricia is a positive influence in the health care ministry of Adventist Midwest Health (AMH) and at the local conference. She has been a model for many of us in being a compassionate and active Seventh-day Adventist Christian, bringing hope and healing to all with her words and action,” said John Rapp, D. Min., AMH vice president for ministries and mission.

Carolyn Strzyzkowski, chaplain, describes Tricia as “one creative and energetic soul who is living out of her compassionate spirit.”

Adventist GlenOaks Hospital chaplain Delora Hagen said, “Tricia has inspired me with her energy that goes along with her caring attitude and compassion. She is willing to go the extra mile to help in the hospitals as well as her church.”

Tricia came to AMH in 1997 after completing her pastoral education residency at Porter Adventist Hospital in Colorado. Born and raised in Colorado, she attended Walla Walla College where she earned a B.A. in Theology and then continued on with her M.Div. at Andrews University.



Tim Cook, Adventist La Grange Memorial Hospital CEO, chats with Tricia Treft, chaplain, in the lobby the new Patient Care Center at Adventist La Grange Memorial Hospital.

She and her husband Garry, an editorial assistant for Moore Response Marketing, now live in Westmont, Illinois, and are members of the Hinsdale Adventist Church. “During high school, the Lord put a desire for ministry in my heart and I wrote about my high school chaplain. Recently, my mother told me that she always thought I would work in health care because I had been sick as a child.” This combination of interests prepared her to serve as the chaplain of Adventist La Grange Memorial Hospital where she has worked since 1999, after serving two years at Adventist Hinsdale Hospital.

Tricia leads the Spiritual Life Committee, coordinates Days of Spiritual Emphasis, and National Day of Prayer events. As part of the Spiritual Life Committee, she plans food collections twice a year at the hospital and works once a month at a community food pantry that serves 100 families per week. All this is in addition to visiting and ministering to patients, families, and employees on a daily basis, including rotating on-call hours.

“When I received the Christian Service Award, I was so touched that they mentioned my husband. Your family is part of your life. They help form who you are as a person,” said Tricia.

Her husband Garry shares in her love of ministering to people. “We bake banana bread together and like to share it with people,” explains Tricia. He also helps with Operation Christmas Child, a program that sends donated shoeboxes filled with gifts to children around the world. “We’ve been involved with that for ten years.”

“The Pastoral Care department at ALMH has a great team. We have a diverse group of people with really positive outlooks,” said Tricia.

Being a chaplain is a blessing and a challenge at times for Tricia. “I enjoy being with patients who let you into their journey. It’s an honor to be with them at meaningful, as well as difficult times, in their lives. Some patients have become like family since I have seen them over the years every time they are hospitalized. I also like ministering to employees. The challenge is there are so many opportunities to help people and only so much time in a day.

“When I’m on-call and the phone rings in the middle of the night, it usually means pain for a family. We chaplains pray that God uses us to give peace in those times. We know we are called for a reason, and we are supposed to be there according to His plan,” she said.

“Some people have questioned me if it’s sad to be a chaplain in a hospital. I don’t think so. There are many holy moments when you see God at work. I pray before I see a patient that I will be at peace with where I am at that moment. There is joy in comforting someone who is anxious and ailing, as well as visiting a lonesome patient who was wishing for a visitor. Being with patients is the most meaningful part of my work.”

God gives Tricia peace, which she in turn shares with others.

Lynn Larson is a public relations specialist for Adventist Midwest Health.

The new Patient Care Center opened in June 2006.

One Mind. One Heart. One Spirit.

HEALTH CARE IS A MINISTRY NOT JUST A JOB AT
ADVENTIST LA GRANGE MEMORIAL HOSPITAL

BY LYNN LARSON

When Noel and Ruth Smith moved into La Grange Park in 1960, they were already familiar with La Grange Community Memorial Hospital. Ruth's parents had lived in Western Springs until 1959 and frequently talked about the nearby 50-bed hospital that was constructed in 1955.

Over the years, both Noel and Ruth experienced care there as well as in other hospitals in Chicago, Indianapolis, and New York. "We think Adventist La Grange Memorial Hospital is a very good institution, very reliable, and very convenient," said Ruth.

"We really appreciate the Adventist commitment to deliver enhanced health care services to our community," said Noel. "I've witnessed the evolution of the Cardiology department through my care there. Now I am becoming familiar with the Cancer Treatment Pavilion. The hospital's affiliation with the University of Chicago adds to the many benefits the community already receives. Adventist La Grange Memorial Hospital is definitely a major contributor to the quality of life in this community."

Recently, Adventist La Grange Memorial Hospital added to its campus a five-story, state-of-the-art Patient Care

Center. One of the main nursing stations was named after the Smiths following their contribution.

According to Sheila Horner, chief nursing officer, there are three nursing stations for each 24-bed nursing unit. "They are close to the patient rooms, so that increases patient accessibility and saves steps for staff. We also have a new call system that has a built-in tag line to let the care giver know what supplies are needed before getting to the room. Another change is patients no longer have to ride in the same elevator with visitors. The new facility features separate banks of elevators for patients, visitors, and staff."



Tim Cook, CEO



Ed Gervain, COO



Sheila Horner, CNO



Paul Ziegele, CFO

The Patient Care Center, which opened last month, is receiving rave reviews, according to Ed Gervain, chief operating officer, who oversaw the construction of the project. “Everyone is pleased with the new patient- and staff-friendly facility. Each patient room is private with its own shower and has Internet hook-up, flat screen television, and pull-out sofas for family members,” noted Ed.

“This new facility showcases our staff’s compassionate role in the healing ministry,” says Tim Cook, chief executive officer. “We receive letters from former patients and their family members thanking us for the great care they received at Adventist La Grange Memorial Hospital. They often refer to our staff as ‘angels’ and note the dedication of the people who work within our hospital walls. That dedication is something that crossed the threshold with us into the new facility. Our mission is to ‘Extend the Healing Ministry of Christ’ and our vision is that every person who enters Adventist La Grange Memorial Hospital would catch a glimpse of Jesus’ love.”

Sheila explained, “We wanted our staff to focus on that dedication, mission, and vision, so as we trained the 1,200 employees regarding patient safety and orientation to the new building, we asked them to make a daily commitment to health care as a ministry, not just a job. Smiles are free. We want empowered employees to do what is right for the patient. We are all here because God has a plan for us to be a caring team, providing health care services with compassion.”

The Patient Care Center is now a facility that mirrors the spirit of the hospital. “We present one mind, one heart, and one spirit to the community. When our employees wear a lapel pin with the flame logo, it represents

the commitment to the concept that health care is a ministry, not just a job,” noted Tim.

“We have established a strong standard of service that reflects our core value to the Creator. An example that the community has been blessed by our commitment is evident in the Dixon family’s contributions to Adventist La Grange Memorial Hospital,” said Tim.

G. Grant Dixon Jr. was a tireless worker on annual fundraisers that supported new technology and state-of-the-art health care facilities, a champion for the hospital until his death in October 1996.

According to his wife Deborah Dixon, “Our family wanted to contribute something meaningful for the hospital and keep my husband’s legacy alive by doing something for the community.”

The Dixon family’s contribution to the Patient Care Center provided for a community education center and the Serenity Garden. Because of the strong support the family received

when he was a patient, they specifically requested that the Serenity Garden be dedicated to the employees and staff of the hospital.

“The Serenity Garden will be a quiet place, providing respite for patients, their families, and hospital staff,” explained Beth Leuck, executive director, La Grange Memorial Hospital Foundation. The garden, nestled between the Dixon Education Center and the Birthing Center wing of the hospital, will include benches, tables, and a water feature, connected by a pathway winding through trees, shrubs, and flowers.”



Ed Gervain and Tim Cook reviewed building plans for the new Patient Care Center.

Lynn Larson is a public relations specialist for Adventist Midwest Health.



Prayer—A Foundation for Health Care and Nation

Adventist Midwest Health employees and the community united in prayer for the nation, hospital, administration, and staff, as well as for patients and their families during National Day of Prayer on May 4. A variety of musical offerings added to the observances.

Nearly 150 people attended the National Day of Prayer breakfast at Bloomingdale Golf Club. Co-sponsored by Adventist GlenOaks Hospital's ministries and mission department, the event featured members of the community who led prayers for seven groups—including families, schools, youth, government, military, first responders, and businesses. Julie Barnes, harpist for the Chicago Civic Orchestra, provided spiritual music.



Mark Woolfington, a chaplain at Adventist La Grange Memorial Hospital, spoke on the prayer style of Nehemiah during the National Day of Prayer observance at the hospital.

Manny Mill, a minister and executive director of Koinonia House National Ministries, a post-prison ministry, gave an impassioned speech about the gospel of redemption in Jesus Christ, which reaches across social, gender, racial, cultural, and denominational barriers. Mill's love for God's holy written and living word—the Bible—allows him to present the gospel



Garry Losey, chaplain (left), and John Rapp, D.Min., vice president of ministries and mission for Adventist Midwest Health (right), welcomed Manny Mill (center), a minister and the executive director of Koinonia House National Ministries, a post-prison ministry, to the National Day of Prayer breakfast at Bloomingdale Golf Club. Mill was the featured speaker of the community event co-sponsored by Adventist GlenOaks Hospital.

with clarity and an infectious enthusiasm. Mill said, "Jesus is the real deal." His mission is to make sure that people are introduced to the gospel of Jesus Christ in every one of his sermons.

"It was truly inspiring to see the community come together on this day of prayer," said Delora Hagen, Adventist GlenOaks Hospital chaplain. "We thank all of the community members and businesses who made the event a success."

Adventist Hinsdale Hospital hosted complimentary meals with several sessions featuring Michael Hickok, Hinsdale United Methodist Church pastor, who spoke on being fully known by the Good Shepherd. Todd Werner, chief executive officer, noted that prayer has always been a vital component of Adventist Hinsdale Hospital and is ingrained in its mission and roots. Victor Moreno of the Hinsdale Seventh-day Adventist Church provided piano music and a guest bagpiper played "Amazing Grace." Hundreds of employees and guests participated in the National Day of Prayer there.

Mark Woolfington, chaplain, spoke at Adventist La Grange Memorial Hospital. His topic included lessons in prayer gleaned from Nehemiah. "There is a relationship to confessing sins, and the blessings and prosperity



Michael Hickok, a minister at Hinsdale United Methodist Church, addressed the National Day of Prayer audience at Adventist Hinsdale Hospital.

will follow," Woolfington said. The hospital offered five sessions with complimentary meals, a litany, music, and prayer with hundreds of employees, volunteers, and community members in attendance. Elias and Roxanna Goldstein, music teachers at Hinsdale Adventist Academy and members of the Hinsdale Seventh-day Adventist Church, performed violin duets of a Bach meditation and "Stars and Stripes Forever."

"It's very meaningful to come together to pray for our nation and leaders this way," noted Barbara Baker, quality management administrative coordinator.

Julie Busch and Lynn Larson, Adventist Midwest Health public relations specialists

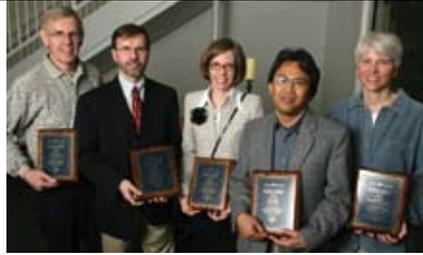
2006 Andrews University Employee Service Awards

Andrews University is made up of a community of faculty and staff members who are dedicated to Christian education and creating an environment that is enjoyable to work and study in. At the annual faculty and staff awards ceremony on Apr. 3, several employees were honored for their years of service and commitment to excellence.

This year, six faculty members were awarded the Daniel A. Augsburg Excellence in Teaching Award. This award is intended to recognize faculty whose teaching reflects the high standards of excellence modeled by Daniel Augsburg in his 60 years of teaching at Andrews University. This year's recipients are: J.H. Denis Fortin, professor of theology in the Seventh-day Adventist Theological Seminary; Betty Gibson, assistant professor of information systems; Shandelle M. Henson, associate professor of mathematics; Ronald Johnson, assistant professor of mathematics; Jimmy Kijai, professor of research and statistical methodology; and L. Monique Pittman, assistant professor of English.

The Excellence in Service Awards are presented each year to hourly or salaried full- or part-time staff members who have served for at least three consecutive years. The award is given "in recognition of outstanding service to the university, church, and the community, and for demonstrating, by precept and example, a Christ-centered life." This year's recipients are: Bill Richardson, dean, College of Arts and Sciences; Lorena Bidwell, chief information officer; and Martin Bradfield, director, transportation and custodial services.

Adrienne Townsend, assistant dean of women, is this year's recipient of the Spiritual Life Award. This award is given to any employee, faculty, or staff who has made a significant contribu-



From left: Ronald Johnson, Denis Fortin, L. Monique Pittman, Jimmy Kijai, Shandelle Henson. Not pictured: Betty Gibson

tion to the spiritual life of the campus. Names are considered and voted by the Spiritual Life Committee.

For her tireless commitment and service to the university as a long-time member of the Andrews University Board of Trustees, Marguerite Dixon is the 2006 recipient of the President's Medallion. This award was designed to recognize individuals who have distinguished themselves in causes that the university views as congruent with its own idealism, mission, and Christian outreach.

Three faculty and staff members received the 30-year Service Award. They are: Joseph W. Warren Sr., professor of English; Lois Forrester, assistant registrar; and George R. Knight, professor of church history. Several others were acknowledged for serving the university for 20, 15, ten, and five years.

Beverly Stout, University Relations
media relations coordinator

Staff in the Spotlight: Bill Richardson

Passionate, dedicated, caring—these are three words often used to describe Bill Richardson, dean of the College of Arts and Sciences.

An Andrews veteran who holds four degrees from Andrews—a bachelor's in theology, a master's in Greek, a master's of divinity, and a doctorate in biblical studies—Richardson is an expert on life on both sides of the classroom.

Richardson has taken the wealth of knowledge he gained as a student and

applied it to his work in the classroom. He taught Bible at the academy level at South Lancaster Academy in Mass. before taking positions in the religion departments at both Southwestern Adventist University in Keene, Texas, and Pacific Union College in Angwin, Calif. By the time Richardson joined the Andrews University faculty in 1977, his reputation as one of the denomination's top Greek professors preceded him.

Ten years after becoming a religion department faculty member at Andrews, he became chair of the department in 1987.

Religion department colleagues sorely missed Richardson's presence when his passion for excellence in education led him to deanship of the College of Arts and Sciences in Sept. 1998. During his tenure as dean, he played a key role in helping Andrews transition from the quarter to semester system.

For his dedication in the classroom and to the university, Richardson received the Daniel A. Augsburg Excellence in Teaching Award in 1992 and a 2006 Andrews University Excellence in Service Award. For his lifetime commitment to education, he was honored with the John Nevins Andrews Medallion at the May 2006 Andrews University undergraduate commencement service.

In his spare time, Richardson enjoys traveling, sports like swimming and racquetball, and writing. He has authored many articles and three books—*Paul Among Friends and Enemies*, *Speaking Tongues*, and most recently, *Famous Fugitives*.

Richardson is married to his childhood sweetheart, Sandra. Together they have three adult children—Cindy Schmidt, Cheri Leffler, and Stephen Richardson—and seven grandchildren.



Bill Richardson,
dean of the
College of Arts and
Sciences

Beverly Stout, University Relations
media relations coordinator

[EDUCATION NEWS]

Week of Prayer Talks Bring Bible Characters to Life

Michigan—The Village Adventist Elementary School students were privileged to have the Bible “come to life” during their Spring Week of Prayer, Apr. 3–7. Travis Patterson, a Seminary student and Village Church member, presented his talks as a different Bible character each day.

A few of the more memorable “characters” were a Roman centurion, Simon Peter, and John the Beloved. Patterson did a great job adapting his talks to relate to students in grades K–4 and 5–8. His focus was to point kids toward Jesus and encourage them to have a relationship with Him.

On Fri., Patterson shared the good news of Revelation and challenged students to take time to get to know Jesus as their personal Savior. At the end of the week, 30 students in grades 5–8 indicated they would like to be baptized and 15 indicated there was something keeping them from Jesus and asked to be prayed for.



Travis Patterson portrayed John the Beloved during the Spring Week of Prayer at Village Adventist Elementary School.

It was a week where the Bible really did “come to life” through the characters. Hopefully, the students will remember at least one of the Bible characters portrayed during the week. On Fri., students presented Patterson with cards signed by all the students in appreciation for being with us. We were truly blessed throughout the week.

John Chen, Village Adventist Elementary School principal

Ground-Breaking Ceremony Held for New Wisconsin Rapids Church

Wisconsin—The groundbreaking ceremony for the new church in Wisconsin Rapids, Wis., was held Apr. 27. David Guerrero, pastor, offered opening prayer and spoke a few words. He said, “We need to keep our focus on God so that we do not labor in vain as we build this house of God, which will be for all people to worship in. I want all the people of this community to feel embraced.”

Don Corkum, Wisconsin Conference president, added, “We want this to be a ministry base for all in the community and an outreach for many.”

Also in attendance was the Wisconsin Rapids mayor, Mary Jo Carson; Roger Driver, Wisconsin Conference secretary/treasurer; Darwin Dittburner and Fred Miller, church members with construction companies who are heading up the project; Darrell Kasner, Building Committee chairperson; Ben and Shirley Moore, who donated the land; several church members and others involved in the project.

The old church was listed and sold within 12 days, and things moved along quickly. An interim church was needed and provided by members Fred and Sandy Miller, who had a large, new building on their property in Nekoosa

where we now worship every Sabbath morning.

About 70 percent of the total construction cost has been donated, according to Fred Miller. Clearing for the parking lot and the church continues, and the foundation will be started soon. “June 26, we plan to start the framing. We expect to be in the church by the end of October,” said Fred Miller.

Adventist-Laymen’s Services and Industries (ASI) is sending representatives to prepare the area before the



From left: John Tesser, Fred Miller, Darrell Kasner, Mary Jo Carson, David Guerrero (pastor), Don Corkum (Wisconsin Conference president), Roger Driver, Ben Moore, Darwin Dittburner, Bob Berger, and Carl Kasner

church opens so we can launch right into community outreach as soon as possible. We will offer a variety of programs: cooking classes, health and wellness seminars, counseling, Bible studies, and an evangelistic series, etc.

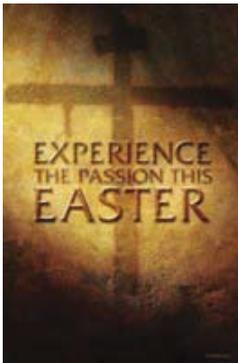
Our old church was not handicap accessible and was too small to accommodate large programs. With 10,000 square feet, the new church will give us the room we need to develop any programs we wish. The church will be located at 611 24th Street No., Wisconsin Rapids.

Rhonda Whetstone Neibauer, Wisconsin Rapids Church communications secretary

[LOCAL CHURCH NEWS]

Easter Messages Offer Truth and Love

Indiana—When facing an overwhelming task, God’s Word says all we have to do is ask for His help and it will be given freely. This past Easter season was no exception. When the Bedford Church Evangelistic Outreach Committee planned to host a two-week series of meetings in downtown Bedford focusing on the love of Jesus and the power of the resurrection, the details seemed daunting. There were hundreds of invitations to be mailed or delivered, advertisements to be submitted to more than eight radio stations and local newspapers, nightly special music coordinated, and prayer teams organized to keep the series



Harold Keller (left) and Walter Mesarosh (right) studied the Bible with Fernando Ortiz, pastor, before the evangelistic series and made a decision to be baptized at its conclusion.

covered in God’s anointing—the list goes on. “Help” was our cry!

After asking God to provide resources to make this series bring honor and glory to Him, volunteers poured in. I once heard a speaker say the acronym T.E.A.M. meant “Team Effort Achieves Much,” and it became real to us as people stepped up to the challenge and became part of our team.



Fernando Ortiz (left), pastor, invited attendees to make a stand for Jesus several times during the series. On the last night, he made another appeal and seven more individuals accepted his invitation.

Each night, an average of 34–50 visitors attended the seminars. Fernando Ortiz, Bedford Church pastor, presented “Experience the Passion this Easter” in new, refreshing ways with topics such as: “Easter’s Love Letter: The Message that Can Change your Life”; “The Passion of Christ: Who Actually Killed Jesus?”; and, “The Power of Resurrection: Easter’s Greatest Promise!”

Nightly special music selections were provided by many talented, Spirit-filled individuals from our congregation and friends from other denominations. It was especially uplifting when a singer from another church remarked how everyone made her feel welcomed and that the pastor’s message was “right on.” This was her first experience in an Adventist setting. She particularly liked how Ortiz spoke the “truth.”

We were blessed by the Indiana Academy choir one night, and the local newspaper editor and photographer came and later published an article featuring the choir. They, too, walked away touched by the talented voices of the choir members.

The two weeks of evangelism was successful in heavenly terms. God’s Word tells us that even when one person gives their life to Jesus, the



Each night, an average of 34–50 visitors attended the “Experience the Passion this Easter” seminars by Fernando Ortiz, pastor.

angels rejoice. They must have had one huge celebration because we had ten people commit their lives to the Lord with decisions for baptisms. Two (who previously completed studies with the pastor) were so fired up for Jesus that they were baptized on Sabbath, Apr. 22. I am sure the halls of Heaven were ringing that day.

“The Bedford Church Outreach Committee will follow up the meetings with an innovative program in which they bring DVDs and Bible studies to attendees’ homes to deepen their knowledge of our beliefs,” said Daniela Ortiz.

Jesus tells us, “Ask, and it shall be given to you. Seek, and you shall find.” We asked for His help, and He gave it freely. We, in turn, gave the message of truth and love to those seeking—and it was freely given. For me, it was a life-changing two weeks.

Judi Roberts, Bedford Church correspondent

[UNION NEWS]

New Country Life Restaurant Opens Its Doors

Wisconsin—The building is completed, the chef has arrived, and preparations are finalized for the new Country Life Garden Vegetarian Restaurant in Portage, Wis., which opened in June. The dining room looks over the center of the 250-acre Country Life Education & Wellness Center campus.

Radek Mikulasek, recent manager of Country Life Restaurant in Prague, Czechia, has fourteen years experience creating nutri-

tious, culinary delights. He is the head chef for the new restaurant. Mikulasek, his wife Helena, and two children, Richard and Karolina, will live at Country Life and join the Portage Church.



Radek Mikulasek is the new chef for Country Life Garden Vegetarian Restaurant in Portage, Wis.

With a mandate from the writings of Ellen White to educate the public on healthful living topics, the staff plans to use the restaurant to not only teach healthful living, but to also share news of Jesus.

Seminars will be offered on subjects such as vegetarian cooking, diabetes reversal, and weight loss. Weekend seminars on health and family topics will be offered with lodging and meals provided. The restaurant is open to the public on Sundays.

For more information about the ministry, call (608) 742-7504; or visit the restaurant's website at countrylifeportage.org.

Bob Simenson, Country Life Garden Vegetarian Restaurant correspondent

Indiana Conference Receives AHS Grant for Health Initiatives

Indiana—As the need has been expressed to change the health of Indiana residents, we have asked God for wisdom to know how to proceed, and for His grace to providentially open up doors of opportunity. Clearly there is a need, as a conference, to provide something tangible and substantial to churches, corporations, and state agencies here in Ind. The Lord is opening the door to health ministry in amazing ways in Ind.

Under the Indiana Conference health ministries department, Indiana Healthy Choices Initiative (IHCI) was established to help carry out this important ministry.

Adventist Health Systems (AHS) was contacted about the possibility of a grant to help see this ministry go forward. Ted Hamilton, M.D., AHS vice president for medical mission, made a special trip to Ind. to talk with us about the potential of them juncturing with us on health initiatives. As a result, AHS has provided a generous grant for the next three years to make leadership for this project possible.

On Feb. 21, the Conference Executive Committee asked Susan Landess to direct IHCI. She has served effectively as the Anderson CHIP (Coronary Health Improvement Project) chapter director and has a passion to see health ministry expand throughout the state. In addition, in cooperation with the Adventist CHIP Association and Hans Diehl's Lifestyle Medicine Institute, Susan and her husband Jesse were

asked to train and support health teams in Ind.

We invite you to pray that IHCI can bring glory to God and help people experience the benefits of living in harmony with the natural laws of health.

Is your church interested in conducting a CHIP program? Would you like to learn more about healthy living? Are you interested in reaching out to your community through health education? Susan Landess is available for Sabbath speaking appointments, weekend health seminars, and training for individuals to conduct the CHIP program. She can also provide information and resources for a variety of health ministry programs.

You can reach Susan by phone at: (765) 759-9937; or e-mail: susan_landess@yahoo.com.



Susan Landess is the new director for Indiana Healthy Choices Initiative, a position made possible by a grant from AHS.

Clinton Meharry, Indiana Conference health ministries director



Clinton Meharry (left), Indiana Conference health ministries director, and Ted Hamilton (right), AHS vice president for medical mission, discussed the Indiana Healthy Choices Initiative with Conference administrators during the grant selection process.

[NAD NEWS]

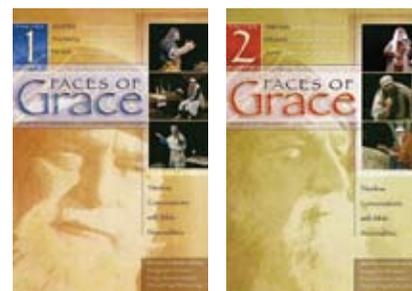
New DVDs Share Marvelous Grace of God

Faces of Grace, Timeless Conversations with Bible Personalities, is a two-volume DVD set of first person narratives. All six Biblical characters come alive as they share their no-holds-barred tale revealing personal, candid thoughts, and mixed emotions while becoming gripped by the awesome grace of Jesus.

Each DVD contains a *Power Manual* filled with background information, group discussion starters, and a guide for personal, prayerful ponderings.

These highly-acclaimed presentations are written and presented by Jere Wallack, who digs into his more than 41 years of Adventist ministry and honestly confronts his own personal experiences through authentic visits with these Bible characters. Wallack is impassioned to creatively share the astounding story of the marvelous grace of God. His desire is that only Jesus will be glorified as viewers confront their own spirituality as they experience these dynamic conversations.

Those who have been privileged to experience Jere's presentations comprehend in new, fresh ways the context of Scriptural characters who "come to life" in these dynamic first-person presentations.



His unique, first-person approach allows viewers to revisit the subjects of grace and faith with new eyes and fresh hearing.

For more information, visit www.biblegracefaces.com. The DVD set is available at www.adventsource.org.

Gary Burns, Lake Union Conference
communication director

Christian Record Services Launches New Web Magazine

A new Christian web magazine was launched by Christian Record Services, the Adventist Church's ministry to the blind and visually impaired. The magazine, titled *Connected*, is created for young adult readers. Its mission is to strengthen the reader's bonds with God, family, friends, and community.

Connected is intended for an interdenominational Christian audience. Feature stories and articles, devotionals, columns, and news briefs make up the magazine. *Connected* appears on the computer monitor in large print. Many blind readers also have computer software that translates written files into audio files, allowing them to listen to the written word.

Connected will be of interest to a wide range of Christian readers. New content is posted regularly, with fresh Scripture-based devotionals appearing twice a week. The magazine is produced in a "blog" format, encouraging immediate reader response. All content is archived for continued access.

The editors of *Connected* are on the lookout for insightful, freelance

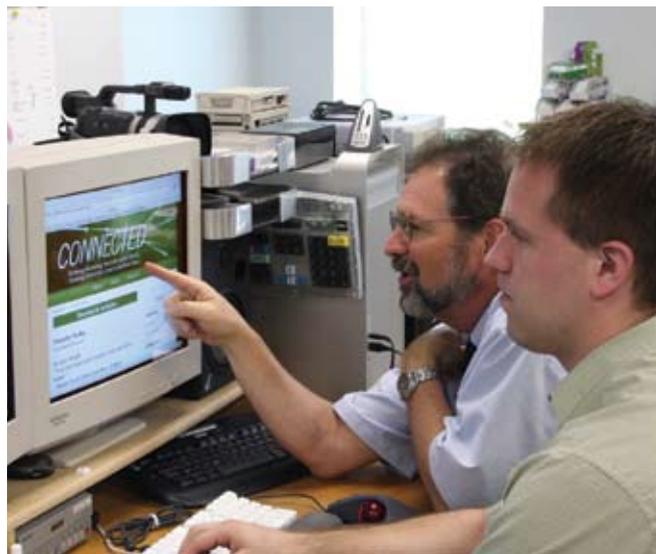
writers. The target age group of 20-45 requires a tone that is spiritual but not traditional. *Connected* editors seek writing that is spirited and unpredictable, humor that is enlightening and uplifting, and topics that are current but not trendy. The goal is to create a magazine with an open-minded and open-hearted personality. Writers receive modest cash honoraria for stories and articles accepted for publication. For more information, writers should e-mail editor@christianrecord.org.

All who enjoy good Christian reading material are encouraged to discover *Connected* at <http://connected.christianrecord.org>. To receive regular e-mail updates about *Connected*, e-mail a request for "Connected Updates" to editor@christianrecord.org.

Christian Record Services reached nearly 40,000 blind

and visually impaired readers in 2005 with Christian periodicals and lending library services offered free of charge. Available formats include Braille, audio, and large print. The new periodical, *Connected*, provides a cost-effective opportunity to reach a wider audience with the gospel message.

Bert Williams, *Connected* editor



Editor Bert Williams (left), and multi-media producer Alan Eno put the finishing touches on the design for *Connected*, Christian Record Service's new web magazine.

Within the Lake Union, the officiating pastor or church communication leader is responsible for submission of information to this column. Forms are available in print format, or they can be filled out and submitted directly online. Milepost forms are available at www.lakeunionherald.org. Conference addresses and phone numbers are in the masthead on page 39.

Anniversaries



Frank R. and Elma L. Davis celebrated their 50th wedding anniversary on June 10, 2006, by a memorable weekend with family and friends that consisted of special dinners, a musical in their honor, and an elegant 50th anniversary celebration at the Villa de Bruno in Lynnwood, Ill. They have been members of the Chicago Hyde Park and New Life Churches for 45 years.

Frank R. Davis and Elma L. Costen were married June 10, 1956, in New Haven, Conn., by Pastor Edgar Lockett. Frank has been a local elder for over 40 years, a successful general contractor in home construction, and is presently vice president of finances for a flourishing organization. Elma has been a nurse, housewife, mother, literature evangelist, and has held several church offices.

The Davis family includes Jenal L. Davis Gattin of Douglasville, Ga.; Marvin L. Davis of Richmond, Calif.; Silas M.D. Davis of San Antonio, Texas; Rodney A. and Esther Davis of Douglasville; and three grandchildren.



Thomas and Veronica Donnelly celebrated their 50th wedding anniversary on Feb. 12, 2006, by renewing their vows with Pastor Chris Ames officiating, followed by a brunch on Sun. at the Historical Harrison in Port Huron, Mich. They have been members of the Port Huron Blue Water (Mich.) Church for 11 years.

Thomas Donnelly and Veronica Marx were married Feb. 11, 1956, in Flint, Mich., by Father Soest. Thomas has been an owner and manager of two full service stations, retiring in 1988. Veronica has been a homemaker and received her diploma as a naturopathic doctor in 2003.

The Donnelly family includes Diane Donnelly of Crystal Lake, Ill.; Debbie and Joe Matius, and Molly and Steve Furtado of Grand Haven, Mich.; Mark Donnelly of Lansing, Mich.; Tom and Helen Donnelly of Wyoming, Mich.; Donna and Scott Halpin, and Elizabeth Donnelly of Grand Rapids, Mich.; and seven grandchildren.

Obituaries

BAKER, Cleo, age 85; born Feb. 11, 1921, in Muir, Mich.; died Feb. 22, 2006, in Ionia, Mich. He was a member of the Ionia Church.

Survivors include his son, Kenneth; and brothers, Claude and Dale.

Memorial services were conducted by Pastor Karl Tsatalbasidis, and interment was in Sunset Memorial Gardens Cemetery, Ionia.

BALLARINI, Mildred (Achilles), age 93; born Mar. 18, 1913, in Joliet, Ill.; died Apr. 4, 2006, in Bettendorf, Iowa. She was a member of the Moline (Ill.) Church.

Survivors include her daughters, Bernadene Bowles and Beth Cetaryan; four grandchildren; and one great-grandchild.

Funeral services were conducted by Pastor Donald Lewis, and interment was in Moline Memorial Park Cemetery.

BARNUM, Kenneth V., age 88; born Sept. 8, 1917, in St. Louis, Mich.; died Feb. 9, 2006, in Alma, Mich. He was a member of the Twin Cities Church, Alma.

Survivors include his wife, Madelyn G. (Adams); son, Ken Jr.; daughters, Jo Ann Cortez and Mary Goffnett; brother, Dale; sister, Doris Cronkite; seven grandchildren; and 12 great-grandchildren.

Funeral services were conducted by Pastors James Micheff and Ken Micheff, and interment was in Oak Grove Cemetery, St. Louis, Mich.

BARNUM, Madelyn G. (Adams), age 83; born May 15, 1922, in St. Johns, Mich.; died Mar. 19, 2006, in St. Louis, Mich. She was a member of the Twin Cities Church, Alma, Mich.

Survivors include her son, Ken Jr.; daughters, Jo Ann Cortez and Mary Goffnett; brother, Bud Adams; sisters, Jean Mahler and Pat Haney; seven grandchildren; and 12 great-grandchildren.

Funeral services were conducted by Pastors Rodney Davis and Ken Micheff, and interment was in Oak Grove Cemetery, St. Louis, Mich.

BARTLETT, Frances (May), age 89; born Dec. 25, 1916, in Hope, Mich.; died Mar. 15, 2006, in Ooltewah, Tenn. She was a member of the Village Church, Berrien Springs, Mich.

Survivors include her husband, Virgil; daughters, Verlyne Starr and Sandra Colburn; brother, Cecil May; four grandchildren; and three great-grandchildren.

Funeral services were conducted by Pastors Don Gettys and Virgil Covell, and interment was in Collegedale (Tenn.) Memorial Park Cemetery.

CARR, Michael, age 36; born Jan. 2, 1970, in Madison, Wis.; died Mar. 14, 2006, in Madison. He was a member of the Madison Church.

Survivors include his wife, Ellen (Bloodworth); son, Dylan; father, Gary Carr; mother, Karlyne (Bordson) Carr; brother, Mark; and sisters, Marcia Brown, Peggy Baumeister, Marge Karlinski, and Maggie Evans.

Future gravesite services will be at Roselawn Memorial Cemetery, Monona, Wis.

GROW, Rve C., age 71; born June 17, 1934, in Rockford, Ill.; died Dec. 23, 2005, in Rockford. He was a member of the Rockford Church.

Survivors include his wife, Glenda L. (Rowbottom); sons, Kraig and Kevin; daughter, Kelly Graham; brother, Warren; and nine grandchildren.

Funeral services were conducted by Pastor Wayne Miller, with private inurnment.

HARKE, Grace I. (Gustav), age 95; born Sept. 19, 1910, in Town of Dakota, Wis.; died Mar. 16, 2006, in Steelville, Mo. She was a member of the Wautoma (Wis.) Church.

Survivors include her son, Norlen; four grandchildren; four great-grandchildren; and two great-great-grandchildren.

Funeral services were conducted by Pastors Rob Lecher and Paul Latham, and interment was in the family cemetery, Town of Dakota.

JONES, Janie A., age 57; born Sept. 12, 1948, in Hillsdale, Mich.; died Apr. 13, 2006, in Liberty Center, Ind. She was a member of the Marion (Ind.) Church.

Funeral services were conducted by Pastor Peter Neri, and interment was in Mossburg Cemetery, Liberty City, Ind.

KUNZE, Sylvia R. (Willard), age 62; born Aug. 11, 1943, in Springfield, Vt.; died Apr. 5, 2006, in Berrien Springs, Mich. She was a member of the Pioneer Memorial Church, Berrien Springs.

Survivors include her husband, Wolfgang; son, Anthony J.; daughter, Gabriella Kunze; and one grandchild.

Memorial services were conducted by Pastor Dwight K. Nelson, with private inurnment.

LAURSEN, Ivan C., age 81; born Dec. 25, 1924, in Luck, Wis.; died Feb. 2, 2006, in Amery, Wis. He was a member of the Clear Lake (Wis.) Church.

Survivors include his sons, Dean, DeVon, Deland, and DeVerr; 12 grandchildren; and 20 great-grandchildren.

Funeral services were conducted by Pastor Vassili Khrapov and Elder Jeff Rosen, and interment was in Clear Lake Cemetery.

MASCHKE, Leila K., age 84; born Mar. 13, 1921, in Belvidere, Ill.; died Mar. 1, 2006, in Rockford, Ill. She was a member of the Freeport (Ill.) Church.

Survivors include her sons, William and Byron P.; and two grandchildren.

Funeral services were conducted by Pastor Wayne D. Miller, and interment was in Willwood Burial Park, Rockford.

MASTEN, Rosa Belle (Allen), age 91; born Feb. 12, 1915, in Orleans, Ind.; died Apr. 6, 2006, in Loma Linda, Calif. She was a member of the Bloomington (Ind.) Church.

Survivors include her daughter, Melanie Andrus; brother, Jerry D. Allen; two grandchildren; and one great-grandchild.

Funeral services were conducted by Pastor Varner Leggett, and interment was in Crestlawn Memorial Park Cemetery, Riverside, Calif.

MOORE, Owen F., age 71; born May 28, 1934, in Milwaukee, Wis.; died Apr. 17, 2006, in St. Joseph, Mich. He was a member of the Village Church, Berrien Springs, Mich.

Survivors include his wife, Laura (Squire) Lane; sons, Gary, Richard, and Brook Moore, and Craig, Carter, and Corry Lane; daughters, Tari Record and Victoria Moore; sister, Dorothy Brust; and 15 grandchildren.

Funeral services were conducted by Pastor Bruce Hayward, and interment was in Rose Hill Cemetery, Berrien Springs.

PAPENDICK, Raymond E., age 81; born July 17, 1924, in Grayling, Mich.; died Apr. 17, 2006, in Edmore, Mich. He was a member of the Cedar Lake (Mich.) Church.

Survivors include his wife, Alberta (Evans); sons, Mark, Fred, Ted, and Brad; daughter, Carolyn Colburn; brothers, David, Jim, and Lawrence; sisters, Rayda Lagrow, Ruth Drumm, Ada Leet, and Dorothy Mason; 11 grandchildren; and 13 great-grandchildren.

Funeral services were conducted by Pastors Mickey Mallory and Ralph Williams, and interment was in Richland Twp. Cemetery, Vestaburg, Mich.

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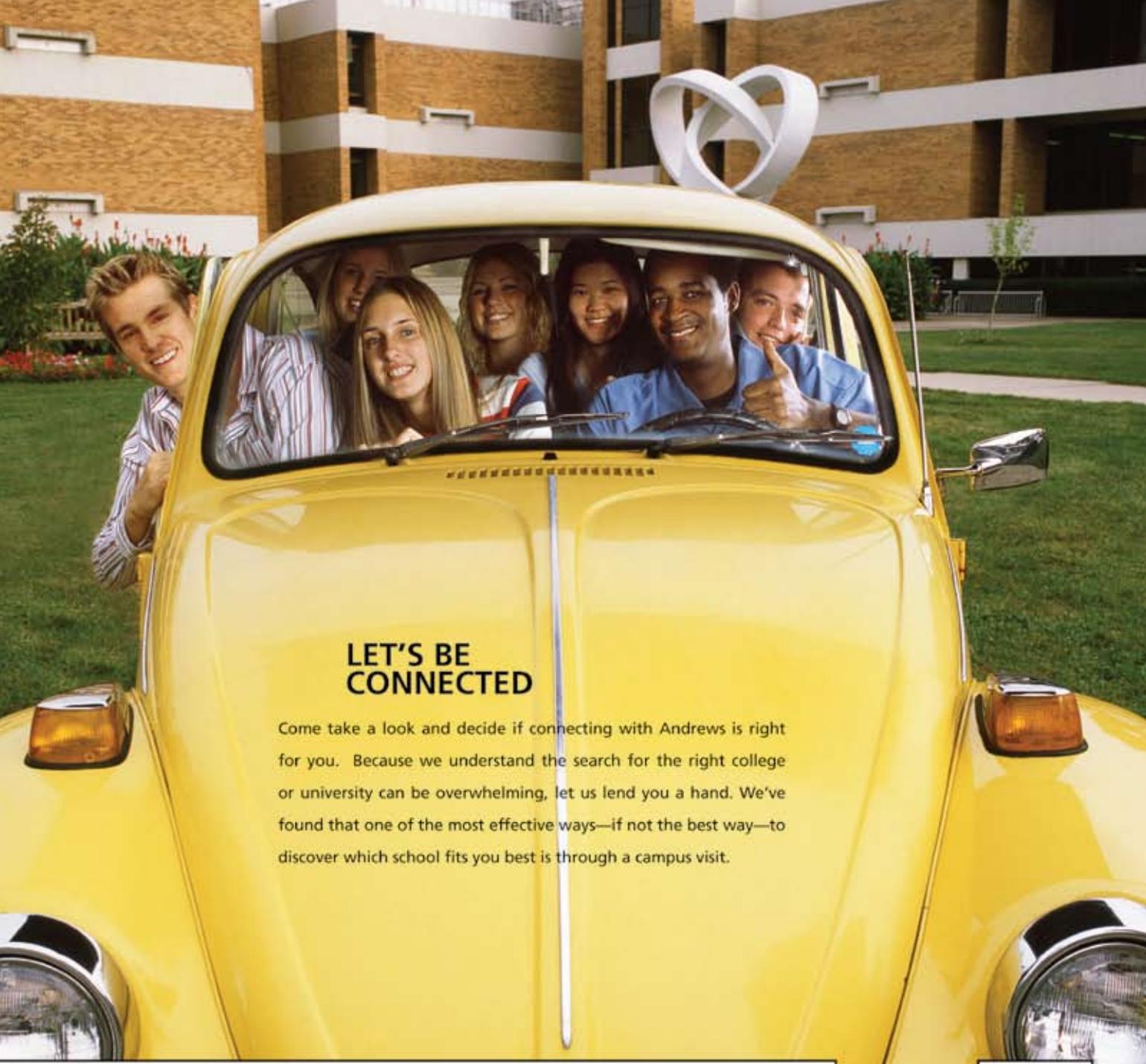
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Sunset Calendar

	Jul 7	Jul 14	Jul 21	Jul 28	Aug 4	Aug 11
Berrien Springs, Mich.	9:22	9:19	9:14	9:07	9:01	8:52
Chicago	8:28	8:25	8:20	8:14	8:07	7:58
Detroit	9:11	9:08	9:03	8:56	8:49	8:40
Indianapolis	9:16	9:13	9:08	9:02	8:56	8:47
La Crosse, Wis.	8:49	8:46	8:40	8:33	8:26	8:16
Lansing, Mich.	9:19	9:16	9:10	9:04	8:56	8:47
Madison, Wis.	8:39	8:36	8:31	8:24	8:16	8:07
Springfield, Ill.	8:29	8:26	8:22	8:16	8:10	8:01



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THE ELKHART (IND.) ADVENTIST CHRISTIAN SCHOOL needs a teacher's aide four afternoons a week, Mon. through Thurs., beginning with the 2006-2007 school year. The school has K-8 classes. Person must be an Adventist, 21 years or older. If interested, call Sue Nelson at (260) 687-9518.

GEORGIA-CUMBERLAND ACADEMY in Calhoun, Ga., is searching for experienced greenhouse operators to own and operate an on-campus business. There are 20-30 students available to work in twelve academy-owned greenhouses. Interested parties contact Greg Gerard at (706) 625-7144.

OAKWOOD COLLEGE seeks full-time faculty member for Communication Department to teach classes in the following areas: Electronic Media, Broadcasting, Communication Law, Nonfiction Writing, and Production. Doctorate or ABD preferred. Send CV to Human Resources, Oakwood College, 7000 Adventist Blvd., Huntsville, AL 35896.

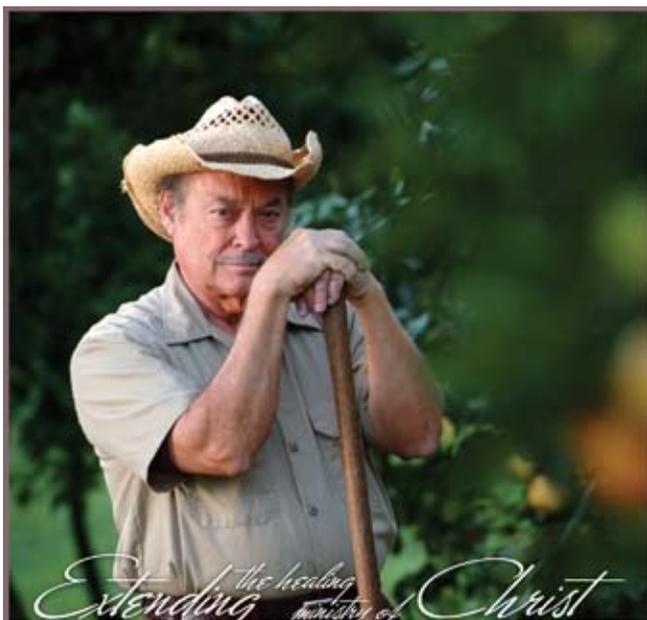
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PARTNERSHIP *with* GOD

The "So That" Principle

BY GARY BURNS

My friend, Chris Blake, taught me the "so that" principle. It's a wonderful principle that transforms obedience into a loving relationship.

If you sum up all the commands Jesus gave His disciples, along with the disciples' counsels to the fledgling church, you will discover that our purpose is to love. "A new commandment I give you that you love one another" is a principle Jesus repeated over and over. Yet somehow in our attempts for approval and purity, many of us miss the idea.

To illustrate, Chris describes how some people who espouse certain behavior reforms can be some of the most judgmental and unloving people. They forget that whatever changes God leads them to make in their lives are *so that* they can love better.

That places temperance and health reform in a whole new light. I make a conscious effort to include more green, leafy vegetables in my diet to give me a better disposition *so that* I can love better. I need to go to bed earlier at night to fortify my physical and emotional reserves to make me less irritable and impatient *so that* I can love better.

You see, our wonderful Creator has designed us to be partners with Him in love. He has provided special insights into how our body, mind, and spirit are interrelated and how our choices can enhance or hinder our effectiveness to love.

So, next time you pat yourself on the back for eating something, or *not* eating something, remember you're making that choice *so that* you can love better.

Gary Burns is the Lake Union Conference communication director.

Announcements

Churches, schools, conferences, institutions, and organizations may submit announcements to the *Lake Union Herald* through their local conference communication directors. An easy way to do this is to visit the *Lake Union Herald* website at www.lakeunionherald.org and submit the announcement online. Readers may verify dates and times of programs with the respective sources, as these events are subject to change.

Andrews University

Homecoming 2006: Andrews University invites you to Homecoming 2006, which will be held **Sept. 28-Oct. 1**. Classes to be honored this year: 1936, '46, '56, '66, '76, '81, '86, and '96. For more details, visit www.andrews.edu/alumni.

Indiana

Summer Camp: It's still not too late to register for summer camp at Timber Ridge. Call (317) 844-6201; or visit www.timberidgecamp.org for schedule and registration.

Enroll at Indiana Academy: If you want to attend an Adventist academy with an excellent academic program and sound spiritual emphasis, then IA is the place for you! Students may take classes for college credit and are offered a variety of work opportunities to help make an Adventist education affordable. Visit website www.indianasdaacademy.org; or call Peter Cousins, principal, at (317) 984-3575, ext. 222, to learn more about IA or to request an enrollment package and consultation.

Home-School Outdoor Education Week is **Aug. 21-24** at Timber Ridge Camp. For information or to register, contact Lutricia Whitlow by e-mail whitlow@hughes.net; or phone (812) 829-2507.

Hispanic Family Retreat will be held **Sept. 1-3** at Timber Ridge Camp. For information, contact Orlando or Raquel Vazquez by phone at (317) 209-8246; or e-mail yorland@juno.com

Lake Region

Indianapolis Area Churches Sponsor Family Life Conference: The Family Life departments of the Indianapolis area churches are sponsoring a Family Life Retreat, **Aug. 11-13**, at the Fellowship

of Christian Athletes National Conference Center in Marshall, Ind. Learn spiritual principles that unleash satisfying relationships; take charge of your life; and learn a Christ-centered approach to financial success. Featured speakers include: Donald and Doris Gothard, financial consultants, and George and Pearl Bryant, relationship consultants. For more information and to register, go online to www.plusline.org; or call (800) 732-7587.

Lake Union

Offerings:

- July 1** Local Church Budget
 - July 8** World Mission Budget Offering
 - July 15** Local Church Budget
 - July 22** Local Conference Advance
 - July 29** Women's Ministries
- Special Days:**
- July 8** Home Study International Promotional Day

North American Division

Announcing the International Association of Adventist Social Workers (IAASW), an exciting new organization for all Adventist social workers! We are passionate about making a difference in our church and world. We want you to join and share this vision. To join, e-mail Rene Drumm at rdrumm@southern.edu; call (423) 236-2766; or visit website www.iaasw.org.

Seventh-day Adventist Global Tobacco Control Summit: Adventist church leaders and members who have experience and expertise in tobacco control and treatment should plan to attend this summit, which is being held in conjunction with the 13th World Conference on Tobacco or Health, **July 14-16**, in Washington, D.C. The North American Division, in partnership with the General Conference, Loma Linda University, and Versacare will sponsor this weekend event to increase awareness

of current tobacco control needs and provide networking for Adventist leaders who may be attending the World Conference on Tobacco or Health. To register for either event, or to find out more information, go online to www.plusline.org/events; or call (800) 732-7387.

Joy Riders International: Come ride with us to beautiful Camp Frenda for our third annual spiritual motorcycle rally, **Sept. 8-10**, located in the scenic lake district of central Ontario, Canada, near Port Carling. For registration information, visit website www.joyridersinternational.com; or phone Ted Toms at (269) 657-2390. Camp facilities will have rooms, bunks, showers, and food.

Sabbath School Leadership Magazine

will be having its Sabbath School Leadership Summit at Andrews University Theological Seminary on **Sept. 24-25**. This event will be featuring some of the Seventh-day Adventist Church's foremost Sabbath school and ministry leaders: Jay Gallimore, Michigan Conference; Jayne Thayer, Andrews University Seminary; Agniel Samson, Oakwood College; Del Dunavant, Northern California Conference; James Zackrisson, former General Conference director for Sabbath school and Personal Ministries. Come for two days of fun, fellowship, and personal growth, and learn how to create a dynamic Sabbath school experience for your church members. Early registration until Aug. 31. For more information, contact *Sabbath School Leadership* magazine at (301) 393-4095 4094; or e-mail mchambers@rhpa.org.

Southern Union Conference Medical/Dental Retreat, Oct. 12-15, Gatlinburg, Tenn. Mark Finley, guest speaker. Continuing education presenters for medical, dental, optometry continuing education: George Guthrie, M.D., M.P.H., CNS/Medical Director, Lifestyle Center of America; Leif Bakland, D.D.S./Department of Endodontics, Loma Linda School of Dentistry; Jim Williamson, O.D./Residency Supervisor, Veterans Affairs Medical Center/

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Assistant Professor, Southern College of Optometry, Memphis, Tenn. Golf tournament on Fri. morning. Be a part of the Southern Union Medical/Dental choir and orchestra. For information, call (678) 420-1442.

Pine Tree Academy (Freeport, Maine) 2006 Alumni Weekend will be **Oct. 27-28**. Honor classes: 1976, '81, '86, '91, '96, and 2001. For more details, visit the alumni section of our website at www.pinetreeacademy.org.

Wisconsin

Legal Notice: Notice is hereby given that the quadrennial sessions of the Wisconsin Conference of Seventh-day Adventists and the Wisconsin Corporation of Seventh-day Adventists are to be held at Wisconsin Academy in Columbus, Wis., on Sun., **Oct. 1, 2006**. The organizing committee will meet at 8:30 a.m. with the first meeting of the session convening at 9:30 a.m. Duly accredited delegates and delegates-at-large will be authorized to elect officers, directors of departments/services, and members of the executive committee, constitution and bylaws committee, and nominating committee for the new quadrennial term, along with corporation trustees for the ensuing quadrennial term. Delegates will also transact such other business as may properly come before them. Each church shall be entitled to one delegate for the church organization and one additional delegate for each 25 members or major fraction thereof.

Donald W. Corkum, president

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God's Promises Give Hope Every Day

BY MORGAN ROWDEN

Have you ever had one of those days where everything seems to be going so good, and then suddenly your world turns upside down? You wonder why it's happening to you and you think, *This is just a bad dream. I'm going to wake up any second and find out that it's just a dream.*

I had a day like that about a month ago. I found out my grandma has cancer and I couldn't believe it was true. My dad, after weeks of her complaining of back pain, finally convinced her to go to the emergency room. The doctor ran tests on her. When my dad looked at the results, he thought he knew what they said, but hoped he was wrong. The doctor asked my grandpa and dad to leave the room while he talked to my grandma. He called them back in a few minutes later and confirmed my dad's fears: his mom had cancer.

The kind of cancer my grandma has is lymphoma—cancer of the lymph nodes. She has large-cell, non-Hodgkin's cancer. Non-Hodgkin's is harder to treat than Hodgkin's. Luckily, the doctors say she has a good chance of full recovery.

My grandma has tried to be really strong for the rest of us. I was at her house cleaning a few weeks ago, and she had received cards from kids at my school. I was dusting the dining room when I heard her crying. When I finished that room, I moved to the living room where she was sitting. She was reading a card from one of the fourth graders. I went and sat by her as she read

it out loud. It said the student was praying for my grandma, day and night. She told my grandma that their faith could help each other, and that my grandma meant a lot to her. That card really touched us. My grandma started crying harder and kept saying, "I'm going to get through this! God has gotten me this far, and I'm going to beat it."

God has really been with my family a lot this past month. All I can say is that if we didn't have God in the center of our homes and lives, we would have a lot harder time getting through this. Of course, we still get scared, and my grandma has bad days. We just try to remember that with God all things are possible. That promise helps us to get through this time. It gives us hope every day.

I wanted to write this story because I felt someone would read it who is going through the same thing. I've also learned some important lessons this month.

Your life can turn upside down in a matter of minutes. You can't take anything for granted—especially life.

Morgan Rowden is 14 years old and just graduated from the eighth grade at the Owosso Seventh-day Adventist School in Michigan. She will receive a \$100 scholarship because her story was selected for publication.



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Katherine "Katie" Jayne Paul, 18, graduated from Indiana Academy (IA) in 2006. A piano accompanist for both *Keynotes* and *Choralanas*, she was a four-year senior. "Katie has been a great, positive help to the music groups this school year," said Andrew Lay, music director. "She is an upbeat individual who brings a smile to others with her encouragement."



Katie Paul

Katie has also been a member of the IA handbell choir and concert band. She served as the Student Association social vice president, president of the local chapter of the National Honor Society, and graduated with an honors diploma. She said the most important thing she learned in academy was that "God is always there. It's not about you, but all about Him." Another piece of advice she would give to others is "Don't procrastinate!"

Katie's favorite memories include working at summer camp, history trips, senior class trip, and senior Bible class. Her favorite class was English. "I really like literature, and Mr. Rector is awesome. I like the challenge, and it's rewarding," Katie said.

A member of the Cicero Seventh-day Adventist Church, Katie has performed in its annual *Journey to Bethlehem* Christmas ministry. She is the daughter of Larry and Julianne Paul, of Tipton, Indiana. Katie plans to see the world and be a speech pathologist in the future.



Rashid Tenga

Rashid Aggre Doroma Tenga, 19, graduated from Indiana Academy (IA) in 2006. A talented individual and very trustworthy, Rashid shows his kindness to everyone he meets. "He was an asset to the music department," says Andrew Lay, IA music director. "Rashid was very hard-working and showed his kindness to fellow students and faculty alike."

Rashid was a member of the touring choir, *Keynotes*, as well as *Choralanas*. He served as an *Impact* worship team member and actively served others in both inreach and outreach activities. He says the most important thing he learned in academy was how to deal with people. "You need to be more social with people, and I have learned how to be more spiritual." His favorite classes were *Keynotes* and *Choralanas* because they allowed him to express himself. Favorite memories include the senior class trip, school trips, dorm life, and working as a literature evangelist.

His hobbies and interests include sports, playing piano/keyboard, singing, outdoor activities, and mathematics.

Rashid is a member of the Terre Haute Seventh-day Adventist Church, where he has been active in both school and church activities. He is the son of Navesa and Lawrence Tenga, of Terre Haute, Indiana.

Address Correction

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