

# Lake Union HERALD

JUNE/JULY 2018

FOR ILLINOIS MEMBERS  
*ILLINOIS FOCUS INSIDE*

EXTENDING OUR MISSION  
TO PANAMA

THE HEALING POWER  
OF ART

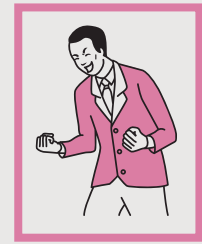


**8-14 %**

The number of American adults who do not take their medications as prescribed because they cannot afford them. "Hospital pharmacies dispense medication and hope," p. 23

"God has blessed me with my hands, so I give Him all of the glory that I'm able to paint rooms and hallways."

Mark Fialkowski, painter at AMITA Health Adventist Medical Center, p. 22



It was obvious to me the reason why I was struggling to talk with Alex about something so important was because I knew that I had not taken the time to develop a relationship with him.

Edye Campos in "No Wasted Effort" p. 36

**"HEARING THE MESSAGE OF HEALTH AND THE SABBATH DAY WAS THE GAME-CHANGER."**

Nicole Braxton, motivated to launch a vegan food company after accepting the truth about the Sabbath, p. 12

**113 artists and 190 art pieces**

Presented at the National Arts Program Healing Arts Exhibit hosted by AMITA Health Adventist Medical Center, p. 18

**1,500**

The number of people served by the Detroit City Temple Church at the medical evangelism pop-up clinic last summer, p. 10

*"I am a firm believer that if we as a community do not engage our most difficult-to-talk-about issues in a direct way, we will never truly understand or resolve them."*

Garrison Haynes in "The Agora," p. 24



The Adventist Health System has 46 award-winning facilities in Colorado, Florida, Georgia, Illinois, Kansas, Kentucky and Wisconsin, seven of which are within the Lake Union and part of the AMITA Health Network: Adventist Health Care at Home La Grange, Illinois; Adventist Medical Center Bolingbrook, Bolingbrook, Illinois; Adventist Medical Center Glen Oaks, Glendale Heights, Illinois; Adventist Medical Center Hinsdale, Hinsdale, Illinois; Adventist Medical Center La Grange, La Grange, Illinois; Adventist St. Thomas Hospice, Hinsdale, Illinois; Chippewa Valley Hospital, Durand, Wisconsin. Each facility has the sacred mission of "Extending the Healing Ministry of Christ," caring for the physical, emotional and spiritual needs of every patient in every stage of life.

Through the feature articles in this issue, you will gain a better sense of Adventist Health System's Christian mission, shared vision, common values, focus on whole-person health and commitment to making communities healthier right here in the Lake Union.

  
Gary Burns  
Editor



Kyle Niemer

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COVER PHOTO: KYLE NIEMER

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# Not in Part, But the Whole

Revisit with me the lawyer testing Jesus from Matthew 22. *What is the greatest commandment in the law?* asked the legal expert. He received a surprise answer with a wholistic response. *You shall love the Lord your God with all your heart, with all your soul, and with all your mind* (Matt. 22:37). Like the Hebrew Scriptures, Jesus elevated the whole person, not a Greek philosophy of separate parts.



▲ Steven Poenitz

In Mark's account of friends bringing their friend to Jesus, you recall the Saviour first healed the paralytic's soul with the balm of forgiveness. *Son, your sins are forgiven you* (Mark 2:5). While correcting the Pharisees' charge of blasphemy, Jesus defined the lesson of co-mingling the spiritual with the physical. He proved His Godly power to forgive sins, by commanding the paralytic, *Arise, take up your bed and walk!* (Mark 2:9). Due to his faith in Christ's words, the healed paralytic went home rejoicing, a whole person.

*Ministry of Healing* cites Jesus making this man whole: "The paralytic found in Christ healing for both the soul and the body. He needed health of soul before he could appreciate health of body. Before the physical malady could be healed, Christ must bring relief to the mind, and cleanse the soul from sin. This lesson should not be overlooked. There are today thousands suffering from physical disease who, like the paralytic, are longing for the message, 'Thy sins are forgiven.' The burden of sin, with its unrest and unsatisfied desires, is the foundation of their maladies. They can find no relief until they come to the Healer of the soul. The peace which He alone can impart would restore vigor to the mind and health to the body" (MH 79). Could it be that students in our schools, parents in our homes, and members of our

churches would find this peace of Jesus to heal minds from the stress and violence of our society?

Seventh-day Adventist theology understands men and women to be whole beings that merge the spiritual, physical and mental faculties. Our health message is wholistic, originating from the Creation model of dust plus breath equals a living being (Gen 2:6). Our health message calls for wholistic lifestyles that model the familiar NEWSTART or CREATION factors. The original DNA of our Adventist health system was blueprinted by God to resource wholistic healthcare, extending Christ's healing ministry.

Where were Jesus' hospitals? The hillsides of Galilee, the thoroughfares of travel, the seashore, the synagogue, or any station where the sick could be brought (MH 18).

"Our Lord Jesus Christ came to this world as the unwearied servant of man's necessity. He 'took our infirmities, and bare our sicknesses,' that He might minister to every need of humanity (Matt 8:17). The burden of disease and wretchedness and sin He came to remove. It was His mission to bring to men complete restoration; He came to give them health and peace and perfection of character" (MH 17). Jesus' ministry combined the physical, mental and spiritual faculties to model a whole person. That's complete care!



Kyle Niemer

My journey overseas and at home has introduced me to our Adventist medical care. As a student missionary, I was obtaining an upgraded visa in Malaysia. Temporarily living on the campus of Penang Adventist Hospital, one day the chaplain invited me to meet a guest in his office. At the time I didn't realize my privilege, but the guest was the "China Doctor," Harry Miller. Dr. Miller, inventor of soy milk, had been the personal physician for Chiang-Kai-Shek. Twenty-six years later, while serving as pastor in northeast Tennessee, I experienced Takoma Adventist Hospital's reputation as a community witness of the foresight of the medical ministry of Drs. Coolidge and Miller. I can personally testify to the faithful witness of our medical ministry

professionals and their wholistic model as a patient during the chapters of my pastoral ministry.

Jesus' model of ministry calls lawyers, physicians, youth, seniors, preachers, teachers and church members yet today, *Come unto Me all you who labor and are heavy laden, and I will give you rest* (Matt. 11:28). That's rest for the heart, soul and mind. May we retain that whole-person balance of Jesus in our ministry to others. ■

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*Steven Poenitz is executive secretary of the Lake Union Conference.*

# Remember . . . and Connect!

After a disaster, many people focus on what they have lost. However, during a recent mental health mission trip to Puerto Rico, we asked people what hurricanes Irma or Maria had given them.



▲ Melissa Ponce-Rodas

Their answers varied, but had one common theme — connection! One woman shared how her neighbors used the last of their gasoline to remove the trees blocking the entrance to *her* house. Gas was being rationed, and no one knew when they would get more. Still, they used it for her, not themselves. She says that she will never forget those neighbors and will do anything she can for them. They connected!

Another gentleman spoke of his town of about 2,000 families. Before the hurricanes, most of them did not know each other. After Maria, their town was blocked off from everyone else, and they had to band together to clear a road for FEMA and other help to reach them. After these experiences, they consider each other family. They connected!

When we asked kids what happened after Maria, they spoke about losing stuff, but then added what they gained. “Mom and dad stayed home with us for days.” “Mom played games with us.” “Dad told us stories.” Simple, but profound. The disasters of hurricane Maria and Irma took a lot from the people of Puerto Rico, but the survivors focused on the positive things they gained: time with family, neighbors they met and worked with, a sense of community and belonging. They connected!

As I heard these stories, it was not lost on me that these are all things we often should treasure about the Sabbath — time to reconnect with our heavenly Father, time to spend with our own families, and time to go out into our communities and share with them the Light of

the World. It forced me to think about how my family would remember our Sabbaths together. Would my kids talk about time spent with mom and dad? Would my neighbors talk about my family sharing the Good News with them? Would our extended family and friends say we care and call to see how they are doing?

Honestly, I cannot answer yes to all of these questions. Sometimes I get overwhelmed with my church responsibilities. Sometimes I have worked so hard during the week that I am physically ill by the time the day of rest comes. Some weeks, my husband and I are so busy that we are not even in the same church on Sabbath. While it is important to help others, we need to remember that we must take care of our own homes and families first. It took a hurricane for some of our brothers and sisters in Puerto Rico to relearn these lessons. I pray we can learn from them, and connect with others now. I pray we can strengthen our commitments to each other during better times, so that when the harder times come, we have enough connection to withstand the temptations.

May we remember the Sabbath day to set it apart as holy (see Exodus 20:8) as we also remember the importance of our connection to God and to our families first. ■

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*Melissa Ponce-Rodas is an assistant professor of Psychology at Andrews University. She and her husband, Segundo, have twin boys, Samuel and Jonathan. Her research and advocacy revolves around the intersections of religion and domestic violence.*

# Be Strong!

Considering the many benefits that muscular strength and endurance training brings, it is actually quite surprising that most adults do not include this type of fitness training in their life.

It's especially surprising since recommendations are for us to increase our health and fitness in this category: two non-consecutive days per week working out all major muscle groups.

Our way of life in today's world has caused us all to become much more sedentary and inactive. Do a quick self-check. How you are currently or usually sitting when you sit (which is probably most of the time)? You are probably slouching over without contracting any part of your abs. We have come to believe that this is a normal position in which to sit. It is not. We are designed to function best when we are active and to sit when we rest (which should be less than three hours per day), then we should practice active sitting (which includes contracting your core, planting your feet on the floor, contracting your gluteals and pulling your shoulders back).

Let's see if I can make this a bit more enticing for you! Here are some of the key benefits of regular muscular strength and endurance training:

- Strengthens bones, muscles and connective tissues
- Decreased risk of injuries
- Decreased risk of chronic disease
- Increased basal metabolic rate (BMR), which helps maintain a healthy body weight
- Increased energy level
- Enhanced quality of life (daily chores and tasks become easier)

We often blame age for many of our health issues. Although there is some truth to this, many of the problems that we end up dealing with actually originate in poor fitness. Physical fitness incorporates

cardiorespiratory fitness, muscular strength/endurance and flexibility fitness. Very few people are actually intentional about including all these elements into a weekly fitness routine and, thus, we see many people dealing with issues and problems that are 100 percent avoidable. Do not underestimate the power of regular muscular strength and endurance training!

Contrary to popular belief, strength training can be done a number of different ways. Here are some of the non-traditional (as in, without big weight machines) ways of how you could incorporate strength training into your workout routine:

- Stability ball exercises
- Resistance band exercises
- Calisthenics exercises
- Dumbbell exercises

Unfortunately, there are many myths about strength training (I hear them all the time!) which I believe keep many people from ever wanting to try it out:

- You have to have a gym membership to strength train. (FALSE!)
- Strength training is only beneficial for men, not for women. (FALSE!)
- You must use large pieces of equipment to see results. (FALSE!)

Complete fitness includes regular strength training, and the benefits are amazing. The older you get, the more essential it becomes to *be strong* for a qualitative lifestyle (use it or lose it!). You are never too old to start. Make a positive choice today and become strong by beginning a regular strength training routine. ■



▲ Dominique Gummelt

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*Dominique Gummelt, director, Andrews University Health and Wellness*



# Let Jesus Come In — 2

*Be imitators of God, therefore, as dearly beloved children and live a life of love, just as Christ loved us and gave Himself up for us (Ephesians 5:1, 2 NIV).*



▲ George R. Knight

“There have been dry theories presented and precious souls are starving for the bread of life. This is not the preaching that is required or that the God of heaven will accept, for it is Christless. The divine picture of Christ must be kept before the people. . . .

“He is to be lifted up before men. When this is kept before the people, creature merit sinks into insignificance. The more the eye looks upon Him, the more abhorrent will sin appear. By beholding, man can but admire and become more attracted to Him, more charmed, and more desirous to be like Jesus until he assimilates to His image and has the mind of Christ. Like Enoch he walks with God. His mind is full of thoughts of Jesus. He is His best Friend.

“Study Christ. Study His character, feature by feature. He is our Pattern that we are required to copy in our lives and our characters, else we fail to represent Jesus, but present to the world a spurious copy. Do not imitate any man, for men

are defective in habits, in speech, in manners, in character.

“I present before you the Man Christ Jesus. You must individually know Him as your Saviour before you can study Him as your pattern and your example. . . .

“All who claim to be followers of Christ are under obligation to walk in His footsteps, to be imbued with His Spirit, and thus to present to the world Jesus Christ, who came to our world to represent the Father. . . .

“Holding up Christ as our only source of strength, presenting His matchless love in having the guild of the sins of men charged to His account and His own righteousness imputed to man, in no case does away with the law or detracts from its dignity. Rather, it places it where the correct light shines upon and glorifies it.

“ . . . The law is complete and full in the great plan of salvation, only as it is presented in the light shining from the crucified and risen Saviour” (MS 24, 1888).

To hear Ellen White talk, you’d think we couldn’t get enough of Jesus. That’s true. He is the one thing in the world that you can be intemperate in desiring. ■

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*George R. Knight is a retired professor of Church History at the Adventist Theological Seminary at Andrews University. This article is from his book, Lest We Forget, a daily devotional, published by the Review and Herald Publishing Association, page 275, printed by permission.*





# All to Jesus

So, I read this text, again — for the “first” time.  
*I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people — for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all people to be saved and to come to a knowledge of the truth. For there is one God and one mediator between God and mankind, the man Christ Jesus, who gave Himself as a ransom for all people (1Timothy 2:1-6 NIV).*



▲ Gary Burns

Paul uses the phrase “all people” three times in this short paragraph. God is an inclusive being. He wants, even longs, to include every one of His children. He wants us to be like Him — to be inclusive. I get the petitions part. There are a number of “special” people for whom I’ve petitioned the Lord in prayer. But sometimes I find it a struggle to intercede on their behalf, and it’s a major stretch on my part to include thanksgiving for them.

Social media hasn’t helped. I didn’t know some of my best, long-time friends could be so toxic in their language, opinions and criticisms of others. Then I read this text and am confronted with the fact that God includes my toxic friends in His love of, and for, *all people*.

Now let’s open the can of worms of politics. Paul urges us, *as a first priority*, to pray for and intercede on behalf of a particular group: those in authority, starting at the very top with kings/presidents and *all those in authority* — governors, mayors, judges, sheriffs, patrol officers, bosses, parents. . . . For what purpose?

*That we may live peaceful and quiet lives in all godliness and holiness.*

I conducted a personal inventory and I can’t say that others would describe my life as *peaceful and quiet in all godliness and holiness*, so I came to this conclusion: I need to pray, petition, intercede on behalf of and give thanks for all people — specifically, every person God puts in my life.

Christ bids us follow Him — to become a loving self-sacrificing prayer mediator, to give ourselves on behalf of the hard to love, to be an agent of peace, to truly share Christ’s desire for all people to be saved.

As I read this passage again and again, I am faced with the truth: It’s not about me. It’s all about ALL! And that realization has changed my conversations with God. ■

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*Gary Burns is Prayer Ministries coordinator for the Lake Union.*

# Detroit Church Reaches Out to Touch Its Community

By Malissa Martin



Giorgio Orlandi

▲ Raymond and Sandia Waller, along with two of their children, Denton and Milan at the Detroit mega-clinic.

## AFTER JOINING DETROIT CITY TEMPLE

**CHURCH** two years ago, Raymond Waller and his wife, Sandia, started walking around the surrounding neighborhood to assess the community's needs. What they found, as they spoke to residents in homes surrounded by boarded up buildings and overgrown weeds, were residents in great need of the basics, such as access to food and help finding jobs.

Before long, the Wallers decided to put their hospital administration skills to use, launching Assertive Community Touch (ACT) in May 2017. But they knew they couldn't go it alone. So they partnered with the church's Sabbath School Department, which gave them the opportunity to meet regularly in an organized setting. "We thought to use the Sabbath School platform as a tool, using that same structure to organize action units."

These action units have mobilized and met people's needs in a variety of ways, starting with last summer's medical evangelism mega-clinic in downtown Detroit. Over three days, the small resourceful team interacted with more than 1,500 people who came in search of free dental, medical and eye care.

Since then, ACT has experienced mixed success. One challenge, for instance, is following up with some

of those people from last summer, but Waller believes it will all work according to God's plan. "The way I see it right now is God allowing us to learn the science of soul-winning and ministry," he says. "And He doesn't excuse us from some of the challenges and difficulties along the way; it's all character-building."

It has been a big task staying connected with those around City Temple's neighborhood and the people ACT signed up at the medical mission event. But Waller and his team are making strides. On March 17, 2018, they conducted an "All Call Day." Call scripts were given to volunteers as well as access to expert support for questions during calls to people who had expressed a need.

City Temple church members were anxious to participate and are actively engaged in the venture. Waller says ACT is blessed with a passionate, experienced management team, which can move them through any obstacles. The team includes: Sharonlyn Harrison, asst. executive director; Malcolm Jessup, ACT team director and Sabbath School superintendent; Phyllis Taylor, elder and Human Resources lead; Franklin Solomons, church secretary; Jeff Logan, elder, serving as performance improvement leader; and Hayward Penny, first elder and ACT board member. Waller is looking to expand the team and is in need of more volunteers, especially a secretary and expert in leading training sessions.

By involving the entire church in this project, he says this ultimately helps fulfill the Great Commission. "I've read different places that not until the majority of our membership engages in work for our neighbors, work for our fellow man, not until that occurs will the final work really begin to commence," says Waller, "and we can hopefully get off this planet." ■

Malissa Martin is a member of the City Temple Church and a Detroit-based freelance writer. [www.malissathewriter.com](http://www.malissathewriter.com).

# La educación que cambia vidas

*Recuerdo cuando tomé la decisión de venir a Andrews. Ya me habían aceptado en varias universidades en Nueva York pero mi primera preferencia era estudiar en una universidad adventista.*

Tenía solo dos años de bautizado y en mi anhelo de hacer la voluntad de Dios me propuse estudiar para ser médico misionero. Apliqué en un colegio adventista cerca de Nueva York pero por alguna razón no me contestaron. Mis amigos en la iglesia donde asistía me dijeron que ellos habían aplicado a la Universidad Andrews y me animaron a aplicar allí. En poco tiempo me habían aceptado y comencé mis estudios. Pasé siete años en Andrews, donde aprendí mucho, no sólo de las ciencias sino también sobre Dios y la iglesia adventista. Mientras estudiaba, la universidad me ofreció la oportunidad de tomar un año libre para ser un estudiante misionero en Bolivia y al regresar tomé la decisión de cambiar mis planes de ser médico para ser ministro de la iglesia.

Al repasar mi experiencia en Andrews no tengo duda que vale la pena ir a una universidad adventista. Al conocer y hacer amistad con los jóvenes hispanos en nuestra unión he sentido el deseo de hacer lo posible para que ellos también tengan la oportunidad de recibir una educación adventista. Quería ver cómo podíamos establecer un sistema de apoyo para nuestros jóvenes que estudian allí. Con esto en mente iniciamos un dialogo con los profesores hispanos de Andrews y como fruto de esas conversaciones se estableció AULA - "Andrews University Latino Association", por sus siglas en inglés.

La primera actividad de AULA tomó lugar el 3 de mayo con una ceremonia de reconocimiento para los graduandos hispanos. En esta ceremonia tuvimos como orador especial al Pastor Tony Anobile, Vice Presidente de la División Norteamericana. Por ser la primera vez que se inaugura una reunión con tal trascendencia la Dra. Andrea Luxton, Presidente de

Andrews, presentó una estola especial a cada uno de los profesores hispanos. También presentaron estolas especiales para su servidor y el Pastor Anobile. Luego los profesores hispanos presentaron a cada uno de los estudiantes que se graduaba ese fin de semana, una estola. Fue una linda experiencia. Ver a los estudiantes y sus familias regocijados en los triunfos alcanzados llena de gozo.

AULA es la primera asociación para profesores y estudiantes hispanos en una universidad adventista en la División Norteamericana. Se espera que esta asociación sea de apoyo para que nuestros jóvenes hispanos puedan recibir una educación que los ayudará no sólo en sus carreras, sino también en su preparación para el reino de los cielos. ■

*Carmelo Mercado es el vicepresidente de la Unión del Lago.*



▲ Carmelo Mercado



▲ Primera ceremonia de reconocimiento para los graduandos hispanos.



# Vegan Food Ministry Opens Up a World of Opportunities

By Malissa Martin



▲ Nicole serving up a meal at one of her pop-up restaurants.

**DETROIT NATIVE NICOLE BRAXTON** says learning about the Sabbath and the health message has single-handedly changed her life.

Her journey to becoming an Adventist started years ago when she lived in Hong Kong as an exchange student. Fast-forward years later and Braxton is using her vegan food company, “Around the World in 7 Days,” to share the health message and spread the gospel of Jesus Christ.

While living in Hong Kong, Nicole admits her relationship with God had taken a back seat and she was guided by her own desires. She had been attending church before traveling abroad but, once she moved, she found herself consumed with friends and living life. Over time, Nicole needed more substance and wanted to reconnect with God, but approached Him in a different manner. After asking for the Holy Spirit’s guidance, she says, “I prayed for Him to strengthen the relationships in

my life that are healthy, and get rid of those that are not; also, to guide me to a new church home.”

Soon after her prayer, Nicole was invited to a church by one of her college colleagues. It took her about a one-hour train ride to reach the church where they worshipped on Saturday. Nicole ate with members after the service at a restaurant around the corner, which the church owned. “The pastor and his wife would be there, and they would eat with me,” Nicole said. “They took me in as family.”

Attending church was an all-day event. When Nicole returned home, her school friends would want to hang out, but she’d be too tired. “It inspired me to adjust my lifestyle to do something that I enjoyed. So I would wake up every Saturday morning, get on the train, and go there,” she says. “I really loved it and enjoyed it. That’s when I started (unknowingly) observing a day of rest.”

One of Nicole’s colleagues from Venezuela noticed her attending church regularly and connected her with a Seventh-day Adventist youth pastor she knew. Once Nicole returned to the U.S., the pastor messaged Nicole on social media and, soon after, began giving her Bible study lessons via the Internet.

What really got Nicole on track with Adventism sprang from an impromptu conversation she had with an auto mechanic after he saw her reading the Bible. “He started asking me all these really detailed questions of why people go to church on Sunday and not Saturday,” Nicole said. She didn’t know the answer so she decided to ask the youth pastor if they could study about the Sabbath day of rest. “We started studying, and really, God opened my eyes — it was so clear,” she said. “It was like black and white where it was completely gray before.” She accepted the truth about the Sabbath and was baptized into the Seventh-day Adventist Church in 2014.

Lisa Jenkins

Nicole then asked God to help her find a way to share this important message with others. “Ultimately, it was hearing the message of health and the Sabbath day that was the game-changer and really opened me up to wanting to start Around the World in 7 Days,” she says.

During this time, Nicole’s school, Bowling Green State University, hosted their version of the ABC show, “Shark Tank.” Nicole and nine other students were selected out of more than 100 submissions. “They paired us up with a mentor,” she says. “It was a huge blessing.” Her mentor had been the CEO for Libbey Glassware before retiring and opening up a high-scale French cuisine restaurant called Element. “My mentor and I sat down and we went through different things,” says Nicole. “We did different case studies and figured out what was the best direction to bring this to life.”

After working out the details with her mentor, Braxton studied with a French chef to master her culinary skills. She also had a lot of help from other mentors and outside advisors. Finally, in May 2017, Nicole opened Around the World in 7 Days, and hosted her first pop-up restaurant with 70 people in attendance. For the remainder of the year, Nicole had a combination of more than 15 pop-up restaurants and catering events. Usually the pop-up restaurant consists of two menus. “We have an American menu and then we pick a country,” Nicole said. “The goal is to travel the world one bite at a time.”

Guests select their menu choice online when purchasing a ticket, which ranges from \$37 to \$40 per person. The food is served course by course in a communal setting at the events. Some past menu items include vegan cheesecake, bar-b-que sliders made from jackfruit, and “crab cakes.” “It’s not real crabs,” Nicole says. “It’s made out of jackfruit, actually, and people really love it. Meat eaters, non-meat eaters, everything.”

Using the Bible to explain the original diet, Nicole seeks to educate people at these pop-up restaurants on what they eat and the effect it has on them. This type of information, as well as *GLOW* tracts (*Giving Light to Our World*), is shared with patrons at events.

As ministry leader and head chef, Nicole’s passion for sharing health information and staying organized is the key to her success. She credits her success to mentors, advisors and volunteers who have supported her along the way. “On my own, there’s no way!” she says. “I’m very thankful for the people that helped and assisted throughout it. It really takes a village to get it done.”

Building relationships with the community and creating support groups to fulfill their needs is extremely important to Nicole. She started a non-profit organization called R.O.C.K. (Restore Our Community Krew) that focuses on medical missionary work. Through the nonprofit, Nicole started the monthly Diabetes Care Group that teaches people how to manage and successfully fight diabetes. She partners with the Detroit Northwest Church to facilitate the program along with local doctors. “By doing these events, we’re really building deeper relationships with people, and I think it goes back to Christ’s method alone. He went and built relationships with them as one that wanted their good. That’s what we’re really doing — building strong relationships!”

For more information, visit [aroundtheworldin7days.com](http://aroundtheworldin7days.com) or to watch a video, go to [www.lakeunion.org](http://www.lakeunion.org) ■

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*Malissa Martin is a Detroit-based freelance writer.*

◀ Nicole Braxton



Riverains Photography



▲ David and Mary Paulson

Courtesy AHS

# Extending the Healing Ministry of Jesus

By Thor Thordarson

For more than 100 years, Adventist medical centers in Illinois have offered our communities much more than sophisticated, high-tech medical services and outstanding patient care.

We offer a spiritual refuge, a Seventh-day Adventist organization with its arms open to all without regard to their personal religious preference.

This philosophy is part of the legacy set forth by visionary doctors David and Mary Paulson when they formed the Hinsdale Sanitarium in 1904. They envisioned opening a

facility in the country that would provide patients with fresh air, sunshine, exercise, a wholesome diet, a beautiful outlook and a mind at peace with God and man.



AMITA Health Adventist Medical Center Hinsdale is a testament to the Paulsons' unfailing faith and dedication. Its sister hospital, just two miles away in La Grange, has served the community for more than 60 years. AMITA Health Adventist Medical Center GlenOaks in Glendale Heights has been open for more than 35 years, and AMITA Health Adventist Medical Center Bolingbrook just celebrated its 10th anniversary earlier this year.

Our medical centers continue the Adventist tradition of meeting patients' emotional and spiritual needs, in addition to their physical needs. It extends beyond the hospital and into our communities, where we provide health services, educational programs and support groups that promote better health.

That level of care also extends to our physicians, who face unique challenges in serving those in need of care. The joy of helping to heal others is often overshadowed by the demands of modern technology, a frenetic pace with little time for family and friends, and a heavy burden of financial, legal and regulatory concerns.

We've created new ways to help physicians find outlets to relieve their stress and reconnect to their sacred calling. Some of these solutions include a Medical Arts program, encouraging physicians to explore creative pursuits, like painting and photography. Another is to invite physicians to participate in international medical mission trips, allowing them to reconnect

with their passion for healing others without the distraction of administrative responsibilities.

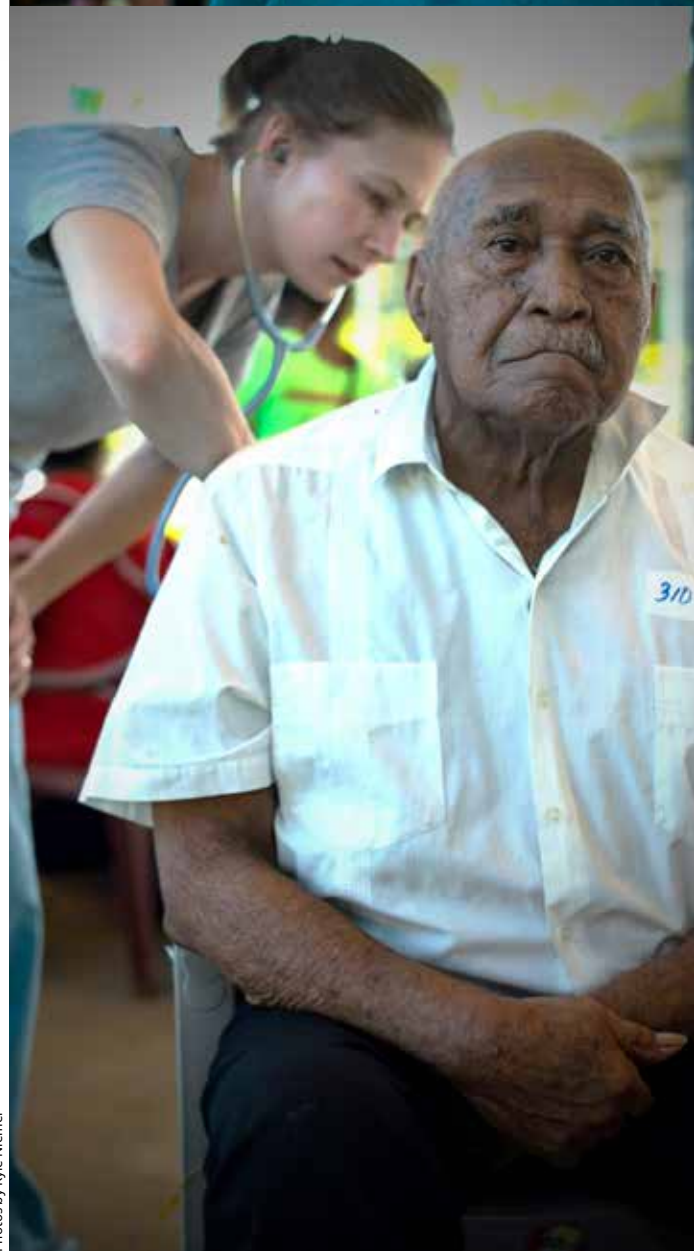
Schwartz Center Rounds offer physicians regularly scheduled times for open and honest discussion of the social and emotional issues they face. Counseling resources also are offered to anyone on the medical staff.

We are working to highlight this ministry to bring awareness to this work and the positive results we have achieved in the hopes more physicians will become involved in the activities we offer to help them.

One such activity, in partnership with the Lake Union Conference, will take place October 5-6 in the Chicagoland area. The Lake Union Provider Well-being Conference will offer inspirational guest speakers, activities and much more, and is offered to any provider, regardless of where they practice. Please visit the Lake Union Adventist Medical Professionals web page at [amp.lakeunion.org](http://amp.lakeunion.org) to register or email [heather.hoffman2@amitahealth.org](mailto:heather.hoffman2@amitahealth.org) for more details.

In the meantime, I encourage you to read the following stories that give a small glimpse of how our caregivers extend the healing ministry of Jesus. From healing arts programs to international mission trips, we are committed to continue our long legacy of hope and healing. ■

*Thor Thordarson is the executive vice president and chief operating officer of AMITA Health.*



Photos by Kyle Niemer



▲ Physician assistant Neha Patel was part of a team of four dedicated to OB/Gyn needs, a service difficult to access in many communities.



▲ Dr. Ron Lindberg treated many patients for cataracts and other eye conditions on the trip where the team saw an overwhelming need for ophthalmology care.

## Extending Our Mission to Panama

By Julie Busch

A team of 34 missionaries from AMITA Health delivered care to more than 1,300 people during a mission trip to Panama in January. Guided by the Ministry of Health in Panama, the team delivered care at two different clinic sites just outside the city of David, offering family medicine, OB/Gyn services, physical therapy and ophthalmology care.

Many of the residents came from very remote areas, taking a day-long trek to the clinic site. Team members recalled one woman who took a bus that brought her to a horse-drawn cart, which then transported her across a river to another bus, which dropped her in a town where she could hire a taxi to take her to the clinic.

"I loved watching the faces of our patients, especially the relief and

smiles when we were able to reassure them about their health and help them with problems they were having," said Letty Lackemacher, a nurse who worked with the OB/Gyn team. "It truly touched my heart."

The team was led by Bonny Chen, MD, chief medical officer at AMITA Health Hinsdale and La Grange; Berenice Carlson, AVP, Customer Engagement; Ann Marie Niemer, director, Post-Acute

Strategy; and Branka Milicev, regional manager, Pharmacy. The team filled more than 3,000 prescriptions over the week and even treated a patient who was 100 years old.

OB/Gyn specialists can be difficult to access in many communities, so having a team of four dedicated to these services was a blessing. Susan Murrey, MD, and Neha Patel, a physician assistant, were assisted



# Adventist

## HEALTH SYSTEM

by interpreters Lackemacher and Stephanie Konopka.

To impact the long-term health of patients seen at the clinic, referrals were a critical resource. “Because of the engagement with the local health department, I was able to write a referral for a specific, but very simple procedure, so patients can hopefully get further care,” said Murrey. “But even with the referral, it will be much more complicated than it is for my patients in the States.”

Suzanne Schulte, MD, a pediatric hospitalist, treated a three-year-old patient who had never seen a doctor before and presented with a heart murmur. “At home, we usually have so many resources on hand and can see a patient multiple times,” said Schulte. “I knew that even if I told them to follow up, it

would be a huge hardship for this family, which just broke my heart.”

Schulte and Jessica Sinnott, MD, decided to do an echocardiogram with a portable ultrasound machine, because team member Daisy Arroyo is an echocardiogram technician at AMITA Health Hinsdale. The results were encouraging and Schulte let the family know the murmur was nothing to be concerned about.

Maria Vazquez, part of the Business Development team, served as an interpreter. “This was a life-changing experience for me,” she said. “Their gratitude for what seemed like the smallest things touched my heart. They smile even when we told them that they were in good health and we were sending them home with just vitamins.”

There was an overwhelming response to having Ron Lindberg,

MD, an ophthalmologist on staff at AMITA Health Hinsdale and La Grange, on the trip. Many patients lined up to see Lindberg and received help for cataracts, itchy and dry eye, and macular degeneration.

Maria Suvacarov, AVP, nursing at AMITA Health Hinsdale and La Grange, admitted she was a little nervous working in the triage area. It had been eight years since she provided direct patient care.

“At one point, I was taking care of a family of seven,” she said. “The kids were giggling, crawling all over and crowding me to see exactly what I was doing to their siblings. I loved every minute. It reminded me of why I got into healthcare in the first place.” ■

*Julie Busch, associate vice president, Communications, AMITA Health*



▲ Berenice Carlson, AVP, Customer Engagement (left), interpreted for Dr. Tom McDonough (right). The team had more Spanish-speaking members than any other previous trip.

Photos by Kyle Niemer



# The Healing Power of Art

By Julie Busch

Several studies in the last decade have found that visual art works on display at a hospital can have a positive impact on the healing process.

One such study, reported in the American Journal of Public Health, considered the relationship between engagement with the creative arts and health outcomes. Research appeared to indicate that artwork and art therapy can decrease anxiety, stress, mood disturbances and — in some cases — pain.

Earlier this spring, AMITA Health Adventist Medical Center La Grange hosted the 5th Annual National Arts Program Healing Arts Exhibit. The

event showcased an amazing collection of works created by associates, physicians, retirees, volunteers and family members. The event was part exhibition/part competition, as \$3,400 in prize money was provided through a grant from the National Arts Program.

This year's show featured 113 artists presenting 190 pieces of art, including entries from children of associates. First place in the youth category was awarded to the daughter of

Jackie Knasel, a seven-year employee. "The event brings associates from so many different areas into one arena to share their talents," said Knasel. "My daughter enjoyed making something that would brighten the walls and, hopefully, the spirits of the hospital's patients."

This year's Best in Show winner was Rick Ernst, whose wife Caryn is a nurse with the health system's medical group. Ernst said she encouraged him to enter his drawing of musician

Photos by Jim Svehla



▲ Sophia Knasel, winner of the first-place prize in the youth category, points out her painting to onlookers. Sophia's mom, Jackie, is a Performance Excellence consultant at AMITA Health Hinsdale and La Grange.

David Gilmour. “I figured I had nothing to lose and thought it would be wonderful to receive an honorable mention to encourage my artistic efforts,” said Ernst. “I certainly never thought I would win Best in Show.”

“I believe we are living out the mission to extend the healing ministry of Jesus as we use art to bring beauty, peace and joy to patients and staff,” said Sue Kett, Healing Arts consultant. Kett initiated a Healing Arts Program in 2015 to create an appealing sanctuary for patients and staff, while giving local artists the opportunity to share their artwork. A variety of pieces are displayed in lobbies, hallways, lounges and meeting rooms throughout the Adventist medical centers.

Kett has been instrumental in launching a number of initiatives

that bring art to the medical centers, prompted by the hospitals’ commitment to creating a beautiful and uplifting environment. One initiative, the Medical Arts Program, provides an outlet for physicians to share written and visual art to promote physician well-being. The medical staff lounges at several hospitals have been transformed into a gallery, featuring a body of artwork created by a rotation of physicians. This enables them to share their talents and perspectives with their colleagues. So far, five physicians have exhibited oil and watercolor paintings, photography, quilting and inspirational essays.

Other special displays have included paintings from a former patient; an “I Am Who I Am” exhibit to honor children with special needs and their families; “Freedom

Appreciation” exhibits to recognize those who have served in the military, and art projects to “Care for our Caregivers.”

“There are few pursuits that can touch and inspire others so deeply,” said Kett. “When you consider that art can heal, express emotion and beautify any environment, Healing Arts programs should be considered by each and every hospital.” ■

Julie Busch, associate vice president, Communications, AMITA Health



◀ Rick Ernst, whose wife, Caryn, is a nurse, won Best in Show for his drawing of musician David Gilmour.



▲ Sue Kett, Healing Arts consultant, kneels next to Agnes Arniaz, winner of the Intermediate category, as Michael Murrill, AMITA Health Adventist Medical Center La Grange CEO, and Esther Jarrette, executive assistant, Pastoral Care, survey her artwork.



# A Nurse's Perspective on Listening

By Tatjana Korac

Some of the most comforting passages in the Bible tell us how God the Father, and Jesus the Son, heard the cries of people in need.

Imagine how comforting it was for the Israelites, captive in Babylon, to hear through the prophet Isaiah, *Before they call I will answer; while they are still speaking I will hear* (Isaiah 65:24 NIV), or how life-changing for blind Bartimaeus, the woman at the well, Mary of Bethany and others to be heard by Jesus, Who listened with great compassion.

As we are called to love the Lord and love our neighbors as ourselves, we are expected to listen and learn

how we can best serve others. I've been blessed to experience firsthand the difference that listening can make. In my four-and-a-half years with the hospital, I remember vividly two encounters that changed the way I serve patients entrusted to my care.

Years ago, when I was a nurse in the intensive care unit (ICU) at AMITA Health Adventist Medical Center La Grange, a woman was admitted before open heart surgery. Prior to the procedure, she was very anxious, impatient and argumentative with staff. The ICU is typically a busy and high-stress environment where we are constantly thinking on our feet as we complete a large list of tasks. Unfortunately, there is little time to stop and talk because of all we have to accomplish. However, the day before the patient's surgery, I asked God to give me eyes to see this patient as a fellow human in pain. She had a lot of fear the day before surgery, but I prayed with her and said, "Everything is out of our control; we only have the choice to surrender and trust that God will take care of us." She asked that I sit with her, so even though I only had five minutes, those five minutes were incredibly important to her. After the surgery, I cared for the

patient and found that her attitude had completely changed for the better. I learned in that moment that everyone loves to be heard. So even if I have 20 things to accomplish, I can sit with someone and listen. It makes an incredible difference.

I had a similar experience with a couple, both in pain and dissatisfied that I was late in arriving to insert a PICC line for the husband. Again, I prayed and sat with the patient, and again nerves were soothed and stresses calmed. I learned that people crave to know you care — which is more important than showing what you know. When Jesus interacted with the suffering, He spent a lot of time listening to their struggles without judgment. I want to embody that in my interactions with people as I help extend His healing ministry. ■

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*Tatjana Korac, RN, BSN, nurse clinician, Vascular Venous Access, AMITA Health Adventist Medical Centers Hinsdale and La Grange*



Jim Svetla

▲ Tatjana Korac



# Spiritual Ambassadors Breathe Life into Hospital

By Julie Busch

It all started in 2002, when a nurse at Florida Hospital wondered in what way staff members could more intentionally and consistently extend the healing ministry of Jesus in patient care and interaction with colleagues.

From that desire grew a movement to identify, train and support associates within the hospital who would act as Spiritual Ambassadors — staff who would actively seek opportunities to share their faith and help others who needed to be bolstered by that faith.

The nurturing ministry became quite visible, and the program was brought to Adventist hospitals in Illinois in 2004. Chaplain Aleksandra Tanurdzic, manager, Spiritual Care Services at AMITA Health Adventist Medical Center La Grange, said the goal is to represent Jesus in every encounter, and Spiritual Ambassadors help foster that environment. “Intentional acts of kindness and service, special prayer and verbal encouragement are just a few tangible ways Spiritual Ambassadors demonstrate care and compassion to those in need,” said Tanurdzic. “The impact of these moments is eternal.”

Working with pastoral care’s resources to provide spiritual support, Spiritual Ambassadors “breathe life into others,” said Tanurdzic. “They create a sanctuary where trust, a sense of belonging and hope

is fostered between associates, caregivers and patients through authentic relationships.” She notes that Spiritual Ambassadors are not chosen — they are individuals who identify with and want to promote mission.

The Spiritual Care Services Department hopes to have ambassadors in each department at every campus. In one hospital, the Cleaning Services Department is covered, thanks to a caring and compassionate housekeeper. At one point, she formed a unique bond with a patient who was recovering from a stroke and hoping to regain the use of his arm. She would save his room for last so she could provide special encouragement to him and his wife. One day, the housekeeper offered to pray with them and asked God to help the patient gain use of his paralyzed arm. The next day, in occupational therapy, his arm began to move. Although the patient did not express faith prior to his relationship with the associate, one can imagine the impact her prayer and concern made in that situation.



▲ Spiritual Ambassadors pose with an art project they completed during a recent meeting.

Maria Suvacarov, associate vice president of Nursing at AMITA Health Adventist Medical Centers Hinsdale and La Grange, also serves as a Spiritual Ambassador, but in a slightly different way. She does not provide direct patient care, but supports her staff who do. “I feel like I’m working on the mission field every time I walk into the hospital,” she said. “If I can provide spiritual support to my team and help make sure they are healthy, they are better equipped to provide a healing ministry to patients. We try to live the gospel every day, and patients, regardless of faith background, are willing to listen.” ■

*Julie Busch, associate vice president, Communications, AMITA Health*

# Building a Foundation of Faith

By Julie Busch

In Peter's first letter, he writes, *Each of you has been blessed with one of God's many wonderful gifts to be used in the service of others. So use your gift well* (I Peter 4:10, CEV).

At AMITA Health Adventist Medical Center Hinsdale and AMITA Health Adventist Medical Center La Grange, a variety of uniquely gifted individuals strive each day to extend the healing ministry of Jesus. While physicians, nurses and other clinicians may initially come to mind, there are others just as committed to using their talents to honor God by creating a healing environment for people in need.

These are associates who may be responsible for building new facilities, keeping rooms clean or

making sure that equipment is working. They may be snow removers, boiler operators, floor finishers or painters. Each is crucial to efforts to provide an exceptional patient experience. "We know we have jobs to do with the skill sets we've been given," said Kurt Martz, director of Plant Operations. "While we may not be providing direct patient care, our combined efforts support the people who do and the patients they serve."

According to Martz, people in these positions know they make a difference and are integral to carrying out the healing ministry. "As the director, I see it in the work ethic of our guys," he said. "I never need to coach them to work smarter, better or harder. It just naturally flows from their commitment to our mission."

Two of Martz' team members exemplify this dedication in their individual calling. Mark Fialkowski, painter, has been with the health system for 27 years and knows that his work, and the way he carries it out, impacts the health of patients and visitors. "God has blessed me with my hands, so I give Him all of the glory that I'm able to paint rooms and hallways," Fialkowski said. "It feels good to know that

a patient will be entering a freshly-painted room; I think it helps them feel better." He goes out of his way to make sure his work doesn't create stress for anyone in the area, maintaining patient privacy and protecting them from excessive noise.

Lead mechanic Joe McGovern has been with the health system for just a few years and is mission-focused like Fialkowski. He supervises workers who maintain the environment of care, and reports his team is available 24/7 to help patients and family members. "We're responsible for heating, ventilation, repairs and electrical, and we address these issues immediately to maintain a healing atmosphere," said McGovern. "For instance, if a noisy vent is affecting a patient's sleep, we get there right away so they can rest and heal."

Both men credit Martz for exceptional, Christ-centered leadership. "All department meetings start with prayer, worship and a reminder that our mission is patient comfort," said McGovern. "This work bolsters my relationship with Christ; I feel doubly blessed because the patients are so thankful for all that we do." ■

Julie Busch, associate vice president, Communications, AMITA Health



Jim Svebla

Facilities team, with Joe pictured left and Mark at right.

# Hospital pharmacies dispense medication and hope



▲ Judy Lubinski

sites for the Dispensary of Hope, a program that works with pharmacies to supply vulnerable patients with unused medication donated by drug manufacturers.

Through this initiative, AMITA Health can distribute free medication to individuals 18–65 years of age, whose income is at or below 200 percent of federal poverty guidelines and do not have insurance to cover prescriptions. Since

its inception in 2003, Dispensary of Hope has grown into a nonprofit program that annually distributes tens of millions of dollars worth of pharmaceuticals to the poor and uninsured. “This effort is a great example of loving your neighbor as yourself,” said Groch. “Our neighbors in need benefit from not having to forego life-changing or lifesaving medication.”

Myra Priser, R.Ph., manager, Outpatient Pharmacy, reports that case managers regularly identify and discuss the option with eligible patients. However, anyone with a prescription from any provider can access the program by meeting the qualifying criteria.

“This program does more than help patients to save money on prescriptions,” said Priser. “Dispensary of Hope has

made a significant financial impact by reducing readmissions and emergency department visits caused by lack of access to vital medications.”

Case in point: A 50-year-old patient with Chronic Obstructive Pulmonary Disease (COPD) had been admitted numerous times because of exacerbations of his condition, caused in part by his inability to afford the expensive inhalers prescribed to help mitigate his symptoms and control the disease. Through the hospital’s participation in Dispensary of Hope, he received a free nebulizer machine and returns each month for nebulized medication, which allows him to adequately manage his COPD. “Dispensary of Hope has made all of the difference in my life, and I can only thank Jesus that this service has come to me,” he said.

The AMITA Health Adventist Medical Center GlenOaks Pharmacy, led by pharmacist Judy Lubinski, has served the largest number of patients benefitting from Dispensary of Hope in the Chicago area. “We like to give our patients what they need to be able to succeed at maintaining their health,” said Lubinski. “Dispensary of Hope is one of the tools that we can use to accomplish this goal.” ■

*Julie Busch, associate vice president, Communications, AMITA Health*

## Attention Doctors!

Save the date for the first Lake Union Providers Well-Being Conference (physicians, dentists, optometrists), Friday, Oct. 5, and Saturday, Oct. 6, near Hinsdale, Ill. (Chicagoland).

Keynote speaker: Dr. Ted Hamilton, Adventist Health Systems chief mission integration officer and senior vice president.

Email [heather.hoffman2@amitahealth.org](mailto:heather.hoffman2@amitahealth.org) for updates and registration information.



# The Agora

"If you have the grit, if you have the gall, to stand up and speak your piece, you deserve to be here." These words begin each session of the Agora, a program sponsored by the Andrews University Office of Campus Ministries. The Agora began in 2015 and, according to Garrison Hayes, third-year Master of Divinity student and Agora team leader, was originally founded "to engage our campus in dialogue on important issues facing our campus, church, world and students after graduation."

Hayes says, "As the student chaplain for graduate initiatives, I am tasked with leading ministries that target our graduate student population. In assessing the programming around campus, it was very clear that there was a need for a space that facilitated intellectual and spiritual growth. After much prayer and refining, the Agora was our answer to those complex needs."

The Agora takes place approximately once a month in Newbold Auditorium, Buller Hall, on Saturday afternoon. The planning for each Agora begins as a topic suggested by/to the Agora team. The team discusses the topic in great detail, determining whether or not the subject matter is appropriate for the Agora and relevant to the audience. Potential participants are then nominated to represent the two opposing sides of the subject. The search for participants is often the most difficult step in the planning process, as not everyone is willing to share their opinions in a public space where they can be engaged in dialogue in real time.

The open presentation style and debate of beliefs can either push people to attend the Agora or to shy away. Hayes emphasizes, though, that the Agora's platform is not to deter individuals from being involved. He says, "The Agora



▲ Garrison Hayes facilitates discussion at an Agora program.

maintains the same mission today that it had at its inception: we desire to facilitate open and honest dialogue on relevant issues. As I look around our church, I see a scarcity of that on some of our most touchy issues. I am a firm believer that if we as a community do not engage our most difficult-to-talk-about issues in a direct way, we will never truly understand or resolve them. The Agora has always aimed to do just that."

In spite of these goals, time still serves as a limitation. Hayes is graduating this year and hopes the Agora will continue once he leaves Andrews. He is, however, also excited to spread this platform elsewhere. "Seeing the success of the Agora at Andrews has gotten me thinking about how valuable this platform could be in other areas within Adventism! Although the plans are still in their genesis, I have been in talks about expanding this

platform to other campuses and conferences around our Church."

The student audience also appreciates the Agora. Sharyl Cubero, sophomore biology major, says, "I always appreciate coming to the Agora because it allows for hard dialogue to happen. A lot of times, we have an idea of what we believe in, but we never challenge or fully develop that idea. The Agora allows us to hear different perspectives we may not have heard otherwise, regardless of where on the spectrum they stand." ■

Brandon Shin, IMC student writer, Andrews University

## CONFERENCE NEWS

## Van Schaik named new president of Indiana Conference

Indianapolis — Lake Union Conference President Maurice Valentine announced that Vic Van Schaik, senior pastor of the Cicero Church since 2014, has agreed to serve as the next Indiana Conference president. The announcement was made April 7 at the Sabbath Celebration and Music Festival event at Indiana Academy in Cicero, Ind.

The conference executive committee and standing nominating committee met together on Thursday, April 5, and, as a result, the call was extended to Van Schaik. Van Schaik takes the Indiana Conference reins after the departure of former president Steven Poenitz, who recently accepted the position of executive secretary for the Lake Union Conference in Berrien Springs, Mich.

"The Indiana Conference has many committed members, pastors and teachers who desire to see the Lord's work go forward," said Van Schaik. "We have been blessed by Elder Poenitz' leadership over the last three years and have seen a lot of plans put in place for the future. After much prayer and consideration, my wife, Angela, and I sensed the Lord's leading and have accepted the call to serve. We are looking forward to working together with the many wonderful people in Indiana and seek their prayers as we begin this new role." Many Indianapolis residents may know Van Schaik as television host to *Hope For Life TV*, aired on WHMB-Channel 40.2. Van Schaik and his wife, Angela, a licensed clinical social worker, have two children, Christian, 19, and Sofia, 16.

Van Schaik also has been the ministerial secretary for the Indiana Conference since 2015, and previously served for



▲ Vic Van Schaik and his family

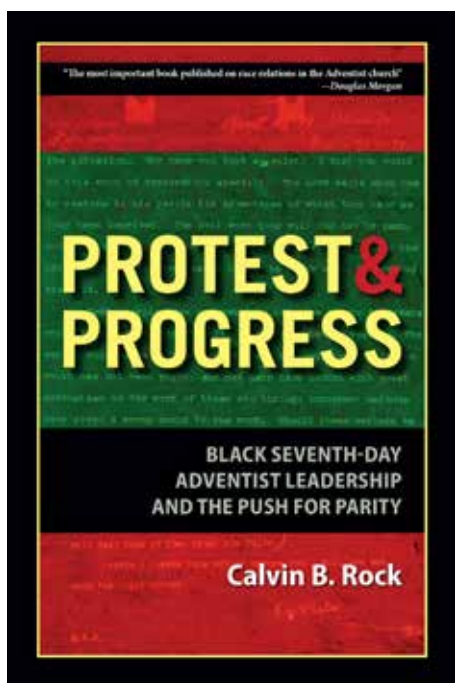
more than 20 years as pastor in the Iowa-Missouri Conference. He received his Master of Divinity in 1993 and a Doctor of Ministry in Christian Leadership in 2009, both from Andrews University. His undergraduate degree is from Georgia Institute of Technology in Industrial Engineering. "God had other plans for my life than engineering," commented Van Schaik. "I have had the privilege of serving as a local church pastor for the past 25 years. It has been one of the greatest joys in my life to minister and share life with God's people."

As ministerial secretary, Van Schaik had the responsibility for the planning and promoting of the evangelistic strategy leading up to the General Conference World Session, which will be held in Indianapolis in July 2020. More than 200 countries will send representatives to the meeting in Indianapolis with a possible attendance of more than 100,000 people.

"We are at a critical point in Indiana with the 2020 world meeting coming to our front door," said Van Schaik. "I look forward to what God will do in the Indiana Conference as we prepare for this event. We are assured, in Zechariah 4:6, that it is *Not by might, nor by power, but by My Spirit, says the Lord of hosts.*" ■

Colleen Kelly, Communications and Marketing specialist, Indiana Conference

"I have had the privilege of serving as a local church pastor for the past 25 years."



▲ *Protest & Progress: Black Seventh-day Adventist Leadership and the Push for Parity* was released May 1.

## Race, protest and Adventist leadership addressed in new book by Calvin Rock

In an era of overdue apologies and continuing challenges on race relations in various areas of Adventist life — particularly on college campuses, Andrews University Press published a landmark new book on the subject by a legendary Adventist leader.

Calvin B. Rock, former long-time president of Oakwood University, former chair of the Loma Linda University Board of Trustees, and retired general vice president of the General Conference, has authored what one prominent Adventist historian claims is “the most important book ever published on race relations in the Adventist Church.”

Andrea Luxton, Andrews University president and chair of the Andrews University Press board, said of *Protest and Progress: Black Seventh-day Adventist Leadership and the Push for Parity*, released May 1, “It would be hard to find a more authoritative

and respected leader to address this difficult subject than Dr. Rock,” Luxton said. “His 63 years of keen observation and active participation in these issues as a pastor, change-making academic leader and church statesman, along with his deep passion for the unity of the Church and the righteousness of Christ, make his perspective absolutely essential to any understanding of our history and our future.”

*Protest and Progress* presents a broad overview of the history of administrative race relations in the North American Adventist Church, according to Ronald Knott, director of the Press. Rock’s primary focus is on how the Church has made provision for leadership roles and employment equity among Blacks and Whites. Rock looks at four major protest movements that arose within the Black community regarding their ability to advance the mission of the church in ways relevant to their context. These were the push for administrative integration (1889–1929), which failed; the push for Regional conferences (1929–1944), which succeeded; the push for Black Union conferences (1969–1980), which failed; and the push for a separate and equitable retirement system for Regional conference employees (1998–2000), which succeeded. He also candidly addresses the strongly differing opinions through the years within the Black leadership community over the best approach to progress, whether by full integration at all levels of church leadership or by what Rock terms “modified self-determinationism.”

Building on that history, Rock makes a sociological, theological and philosophical argument for the effectiveness and necessity of the current Regional conference system of mission that administers resources according to racial and cultural opportunity.

“Some Adventists in North America have raised questions about the wisdom or necessity of our current system,” Knott said. “We often cite the millennial generation as a group with the most doubts or who

believe our current system is an embarrassment. But there are many in other demographics with similar views, and some of our preachers have talked about it. Dr. Rock’s unique contribution is not simply to make a historical argument but to give us a foundation from history for a more important theological argument based on mission and practical human relations. Whether a reader agrees is, of course, an open question. What is not in question is that a genuine discussion must confront Rock’s perspective.”

A major feature of the book, according to Knott, is the extensive collection of appendices, all primary source documents relevant to the historical discussion. Among these are letters to applicants from Adventist colleges, refusing enrollment to students on the basis of ethnicity; a 1953 letter from General Conference president W.H. Branson to board chairs of colleges and hospitals, urging them to begin regularly admitting Blacks as students and patients; and a vigorous protest, in letter form, to a GC president about how the Annual Council debate was conducted that ultimately defeated the “push” for Black Union conferences.

Advance praise for the book was wide and high. Ricardo Graham, president of the Pacific Union Conference, said, “*Protest and Progress* is an insightful and powerful presentation of the biblically-based call for social justice in society at large and in the Church, as well as a history of race relations primarily among Black and White Seventh-day Adventist leadership in the North American Division with implications for the entire world Church. This is a must read for anyone curiously interested or seriously concerned with these issues and more. I highly recommend it.”

Craig R. Jackson, dean of the School of Allied Health Professions at Loma Linda University, said, “Dr. Rock’s book is the perfect antidote for the collective amnesia of the Seventh-day Adventist Church when it comes to racism and the church’s



reluctance to confront the antithesis of the gospel of Jesus Christ.”

“[This book] combines first-rate scholarship with the kind of insight that could only come from the author’s deep personal roots and decades of leadership in the Black Adventist experience,” said Douglas Morgan, professor of History at Washington Adventist University, who also described it as Adventism’s most important book on race relations. “Lucid, candid, provocative, yet redemptive, *Protest and*

*Progress* is an exceptionally rare and invaluable gem given the Church by one who has long loved it and served it with high distinction,” Morgan said.

*Protest and Progress* is available directly from Andrews University Press ([universitypress.andrews.edu](http://universitypress.andrews.edu)), Adventist Book Centers and major online retailers.

The Press, organized in 1969, is the primary academic publishing house to serve the worldwide Seventh-day Adventist Church. Founded in 1874, Andrews

University is the flagship institution of higher education for the Seventh-day Adventist Church and offers more than 200 areas of study including advanced degrees. Its main campus is in Berrien Springs, Michigan, but the University also provides instruction at colleges and universities in 19 countries around the world. ■

*Gillian Sanner is Media Communications manager of the Division of Integrated Marketing and Communication at Andrews University.*



▲ Paul Pellandini of Advocates for Southeast Asians and the Persecuted (ASAP) and Patty LaVanture of Country Life Natural Foods are interviewed during the Members in Action segment.

## Lake Union ASI meeting focuses on young professionals

MICHIGAN — At the Lake Union Adventist Laymen’s Services and Industries (ASI) spring fellowship, an annual conference geared toward individuals seeking to witness through their occupations and workplaces, leadership shared a recently voted action to broaden the organization’s reach by actively including young adults. “It was just voted to create a new category for young professionals,” stated Lake Union ASI president, Tom Morrissy. “We saw a need. Youth for Jesus was for high school-aged, and GYC was reaching college-aged

members. We want them to join us at ASI and keep that worldwide focus.”

Although there has never been a minimum age requirement for ASI membership or involvement, outreach would still aim to “share Christ in the marketplace,” while in-reach would focus heavily on inviting younger members of the church. According to ASI’s national president, Steve Dickman, “If a young person comes into the church and doesn’t get involvement, either from a church standpoint or an ASI standpoint, they’re gonna walk away from it.”

To incorporate the new demographic, it was announced that registration would be 90 percent off for young professionals for the upcoming convention in Florida, which will include sessions targeted specifically

for such new members. “We have a philosophy that everybody is called to be a minister and share in their own workplace,” Dickman continued. “We felt that we needed a way for ages 18–35 to come into ASI at a very reduced cost and be a part of it and experience the ASI convention, activities and fellowship.”

Opportunities for involvement were apparent in this year’s Lake Union ASI offering. Members from Indiana, Illinois, Michigan and Wisconsin gathered in Benton Harbor and generously contributed donations totaling \$15,031. Of that amount, \$4,150 is going towards the Advocates for Southeast Asians and the Persecuted (ASAP) branch in Rockford, Ill., to assist Karen refugees; \$5,531 is assisting FARMSTEW, a sustainable agriculture and sanitation education ministry developing a training center in Jinja, Uganda. Orphans International Helpline, which provides food, clothing, shelter, medical care and Adventist education to abandoned children in Haiti will receive \$4,150 to sponsor 40 children. Meanwhile, \$2,400 was dedicated for a three-year sponsorship of the Adventist Frontier Mission’s Mali project.

The next ASI event is the 2018 Convention in Orlando, Fla., from August 2–5. The theme this year is “Business Unusual.” ■

*Konner Dent is a Journalism major at Andrews University.*



Patricia Spangler

▲ Andrews University broke ground for its new Health & Wellness Center on March 5.

## Andrews breaks ground for Health & Wellness Center

BERRIEN SPRINGS, Mich.—On Monday, March 5, Andrews University broke ground for an approximately \$17.5 million, 76,000-square-foot Health & Wellness Center scheduled to open in the fall of 2019. Twenty individuals, leaders from on- and off-campus, participated in the shovel brigade, using gold-colored shovels to turn ground at the building site.

The groundbreaking celebration started in the Howard Performing Arts Center lobby. David Faehner, vice president for University Advancement, and Andrea Luxton, president, shared opening remarks.

Faehner noted the location of the Wellness Center — close to students as well as to the community. “Inadvertently, or maybe on purpose, [the Wellness Center] will complete the final corner of a square between the Howard Center, Seminary and Pioneer Memorial Church,” he said, “and, in the process, will incorporate the meaning of the concepts that are permanently engraved on the Andrews University seal of Corpus, Mens, Spiritus, or body, mind and spirit.”

Andrew von Maur, professor of architecture in the School of Architecture & Interior Design, has served as one of the architects for the project. Addressing attendees, he said, “Former President Dr. Andreasen once told me that the reason we have a School of Architecture on our campus is because architecture is about stewardship — stewardship of God’s blessings: financial resources, land, our natural environment, our built heritage and the time that each student and visitor spend on our campus. So it was very humbling and a real privilege to work on the design of the Health & Wellness Center.”

Dominique Gummelt, director for University Health & Wellness, summarized work already taking place related to the University’s health and wellness initiative. Highlights included the Health & Wellness Council, the approximately 40 campus Wellness Ambassadors, an e-wellness platform for employees, daily wellness themes and the recognition of being selected as a Gold level campus by the American College of Sports Medicine for the third year in a row. Gummelt said, “God has created us with phenomenal potential to live our lives to the fullest in every possible way. He has created us extraordinarily, and He wants

us to live healthy and happy lives so He can use us best for His sake.”

Artur Steele, chair of the Andrews University Board of Trustees, invited Ted Wilson, president of the General Conference of Seventh-day Adventists, to close the program with a prayer of dedication. Attendees then walked to the construction site where the official, ceremonial groundbreaking took place, followed by a reception back in the Howard Center lobby.

“We have been awaiting this moment for several years,” says Luxton, reflecting on the event. “This is not just a new building for the campus; it is one that will be central to our life and our mission. It will show every day how vital we consider health and wellness to be for our campus and our community. This building is now happening due only to the vision of President Emeritus Niels-Erik Andreasen and the generosity of all those who have supported this project with their very significant gifts. Thank you all very much.”

The Health & Wellness Center will have a swimming pool, recreation and event center with basketball courts, fitness and exercise areas and space for educational programs. The building site is currently under construction, and a web camera will be installed to provide a live view as the center takes shape.

For additional updates on the Health & Wellness Center, visit [andrews.edu/wellnesscenter](http://andrews.edu/wellnesscenter).

Founded in 1874, Andrews University is the flagship institution of higher education for the Seventh-day Adventist Church and offers more than 200 areas of study including advanced degrees. Its main campus is in Berrien Springs, Michigan, but the University also provides instruction at colleges and universities in 19 countries around the world. ■

*Gillian Sanner, Media Communications manager, IMC*



▼ Epic Church offered a space to make art and build relationships.



▼ Families crowded to the Art Space at the York Town Mall in Lombard.



▲ "Art is a vehicle for relationship-making," says Andres Flores, pastor of Epic.

Photos by Ed Artiga

## Church uses art to paint portrait of God's love

ILLINOIS—During the month of April, the Epic Church in Lombard, Ill., reached their community in a unique manner. A 500-sq.-ft. storefront in the Yorktown Mall was temporarily rented out and used as an art space on Sabbath afternoons. It was a place where individuals could explore their creativity while members of Epic spent time building relationships and sharing their faith.

Located next to H&M were large yellow banners welcoming shoppers to join Epic's free arts and crafts session. "We are creating an environment in the middle of

the mall, where everyone congregates; we're bringing the gospel to them," said Ed Artiga, elder of the Epic Church.

According to Andres Flores, Epic Church pastor, 300 people showed up the first weekend. He said, "Extending a relationship is the best way in this post-modern time to show the love of Christ."

Scattered across the mall floor were a variety of art stations that allowed participants to decorate umbrellas, bird-houses, mini canvases and picture frames. Enormous canvases were mounted on the wall as a collaboration mural for the community. Large pottery wheels sat at the front of the store window where a professional pottery artist, also a member of Epic, guided individuals as they

formed pots out of clay. Standing at the entranceway was Gerardo Cruz, a greeter, who passionately shared, "This morning I prayed, Lord, give me the opportunity to talk to somebody about the love that You shared with us."

As the evening ended, a newly baptized couple, Hector and Sherry Hoyos, were greatly encouraged by the strong community support, saying, "We want people to know that we are not here just to have fun. We are here to promote the Kingdom of God."

A video with more on the event is available here: <https://vimeo.com/267437350> ■

Felicia Tonga, Media specialist, Lake Union Conference.



## ANDREWS UNIVERSITY

### HOWARD PERFORMING ARTS CENTER EVENTS

**June 1-3** • *Lake Union Bilingual Youth Congress*

**July 22-25** • *Leadership Conference*

## ILLINOIS CONFERENCE

**May 30-June 6** • *Mission Akita (volunteer to work on projects at Camp Akita)*

**June 2** • *Hispanic Quarterly Children's Leadership Training #2*

**June 17-24** • *Cub Camp, Camp Akita*

**June 24-July 1** • *Junior Camp, Camp Akita*

**July 1-8** • *Tween Camp, Camp Akita*

**July 8-15** • *Teen Camp 1, Camp Akita*

**July 15-22** • *Teen Specialty Camp, Camp Akita*

**July 29-Aug. 5** • *Family Camp, Camp Akita*

## INDIANA CONFERENCE

**June 3-9** • *Indiana Conference Camp Meeting, Indiana Academy*

**June 14-17** • *Road BIKE Tour of Indiana*

**June 14-17** • *Single Moms and Kids Camp, Timber Ridge Camp*

**June 17-24** • *Blind Camp, Timber Ridge Camp*

**June 24-July 1** • *Cub Camp, Timber Ridge Camp*

**July 1-8** • *Junior Camp, Timber Ridge Camp*

**July 8-15** • *Tween Camp, Timber Ridge Camp*

**July 15-22** • *Teen Camp, Timber Ridge Camp*

**July 22-29** • *Family Camp, Timber Ridge Camp*



# June & July

## LAKE REGION CONFERENCE

**June 14-24** • *Ten Days of Prayer, Camp Wagner*

**June 14-23** • *Camp Meeting, Camp Wagner*

**June 24-30** • *Summer Camp Pre-Week, Camp Wagner*

**July 1-7** • *Summer Camp, Camp Wagner*

**July 9-14** • *Summer Camp, Camp Wagner*

**July 21** • *Message Magazine Emphasis*

**July 29-31** • *NAD Black Caucus Meeting, Orlando, Fla.*

## MICHIGAN CONFERENCE

**June 10-16** • *Adventure Camp, Camp Au Sable*

**June 15-23** • *Camp Meeting, Great Lakes Adventist Academy*

**June 17-23** • *Junior Camp, Camp Au Sable*

**June 24-30** • *Tween Camp, Camp Au Sable*

**July 1-7** • *Teen/High School Camp, Au Sable*

**July 8-14** • *Family Camp I, Camp Au Sable*

**July 8-12** • *Father/Son Canoe Trip*

**July 15-22** • *Father/Son Backpacking Trip*

**July 15-21** • *Family Camp II, Camp Au Sable*

**July 22-28** • *Family Camp III, Camp Au Sable*

## WISCONSIN CONFERENCE

**June 8-10** • *Lay Pastor Training, Wisconsin Conference Office*

**June 15-23** • *Camp Meeting, Camp Wakonda*

**June 27-July 1** • *Blind Camp, Camp Wakonda*

**July 3-8** • *Junior Camp, Camp Wakonda*

**July 8-15** • *Tween Camp, Camp Wakonda*

**July 15-22** • *Teen Camp, Camp Wakonda*

**July 22-29** • *Family Camp I, Camp Wakonda*

**July 29-Aug. 5** • *Family Camp II, Camp Wakonda*

Churches, schools, conferences, institutions and organizations may submit announcements to the *Lake Union Herald* through their local conference communication directors. An easy way to do this is to visit the *Lake Union Herald* website at <http://www.herald.lakeunion.org> and submit the announcement online. Readers may verify dates and times of programs with the respective sources, as these events are subject to change. Submission eligibility guidelines are listed at <http://www.herald.lakeunion.org>.

## MICHIGAN

**“YE OLDE” CEDAR LAKE ACADEMY ALUMNI REUNION** will take place **June 8-9** for alumni and classmates at Great Lakes Adventist Academy, Cedar Lake, Mich. Honor classes: 1938, '48, '58, '68. Details will be forthcoming by postal service. For further information, you may contact our coordinator Terry Dodge at 517.331.1346 or visit <http://www.glaa.net>.

**NOTICE IS HEREBY GIVEN** that the 33rd session of the **Michigan Conference of Seventh-day Adventists** will be held at the **Cedar Lake Church in Cedar Lake, Mich., Sept. 30, 2018**, with the first meeting called at 9:00 a.m. Reports of the previous five years will be rendered, proposed constitutional changes may be considered, the election of conference officers, departmental directors and members of the executive committee will take place, and any other business will be transacted which may properly come before the session. Delegates are those duly elected by the various churches of the conference and delegates-at-large as provided in the constitution. Each church in the Michigan Conference is entitled to one delegate for its organization, and one additional delegate for each 100 members or major fraction thereof, determined by the membership as of Dec. 31, 2017. As provided by the bylaws, the organizing committee (composed of one delegate from each church, plus one additional delegate for each 500 members or major fraction thereof, as of Dec. 31, 2017) will meet on Sept. 29. The meeting will begin with vespers at 7:30 p.m., at the Cedar Lake Church.

**ADELPHIAN ACADEMY ALUMNI CLASS OF 1958 AND 1968, June 29-30.** Alumni services will begin Friday night, June 29, at 7:30 p.m. in the Holly Church. Sabbath services will be held on campus in the Administration Building and will begin Sabbath morning at 9:15 a.m. with a potluck following at Adelphian Junior Academy. A musical program will take place at 2:30 p.m. at the Holly Church. Class of 1958 will take care of Sabbath School and the Class of 1968 will lead out in the worship service. Any questions, please contact Peggy Hoffmeyer (248-467-0985) or email Ron Herr ([herrr@andrews.edu](mailto:herrr@andrews.edu)).

## WISCONSIN

**NOTICE IS HEREBY GIVEN** that the 38th regular quadrennial session of the **Wisconsin Conference of Seventh-day Adventists** and the **Wisconsin Corporation of Seventh-day Adventists** will convene at Wisconsin Academy in Columbus, Wis., on **Sunday, October 7, 2018**. The organizing committee will meet at 8:00 a.m. with the first meeting of the session convening at 10:00 a.m. Duly accredited delegates and delegates-at-large will be authorized to elect officers, directors of departments/services, and members of the executive committee, constitution and bylaws committee, and nominating committee for the new quadrennial term, along with corporation trustees for the ensuing quadrennial term. Delegates also will transact such other business as may properly come before them. Each church shall be entitled to one delegate for the church organization and one additional delegate for each 25 members or major fraction thereof.

## LAKE UNION

### OFFERINGS

- June 2** Local Church Budget
- June 9** World Budget
- June 9** Women's Ministries Emphasis Day
- June 9** Refugees Awareness Sabbath
- June 16** Local Church Budget
- June 23** Local Conference Advance
- June 30** Union Designated
- July 7** Local Church Budget
- July 14** North American Division
- July 14** Griggs University
- July 21** Local Church Budget
- July 28** Local Conference Advance

## NORTH AMERICAN DIVISION

**NAD MINISTERIAL WOMEN PASTORS & CHAPLAINS RETREAT** on **Sept. 2-5** at the Hyatt in Indian Wells, Calif. Theme for this year is: Renew. All eligible attendees can receive one CEU credit.

**STANDIFER GAP SDA SCHOOL**, Chattanooga, Tenn., is celebrating its 70th anniversary (1948-2018) on **September 28-29**. All former students and former staff are invited to attend our celebration. Festivities will begin on Friday through Saturday evening. Contact: 423-892-6013 or, for further details, visit: [sgsdaschool.org](http://sgsdaschool.org).

**MADISON COLLEGE ALUMNI HOMECOMING** is **June 22, 23 and 24** on the Madison Academy Campus. This will be our FINAL Homecoming. For registration information, P.O. Box 1735, Madison, TN 37116 or call 615-415-1925.

**ASI INTERNATIONAL CONVENTION:** Each year, ASI members, supporters and friends gather at the ASI International Convention to encourage one another and exchange ideas vital to their lay-driven ministry goals. This year's convention will be held **Aug. 1-4** at the Rosen Shingle Creek Resort, Orlando, Fla. For more information and to register, visit: [www.asiministries.org/convention](http://www.asiministries.org/convention)

Within the Lake Union, the officiating pastor or church communication leader is responsible for submission of information to this column. Forms are available in print format, or they can be filled out and submitted directly online. Milepost forms are available at <http://www.herald.lakeunion.org>. Conference addresses and phone numbers are listed in the masthead on the inside back cover.

## OBITUARIES

**ELMENDORF, Marijane (Tupes)**, age 92; born April 7, 1925, in Muskegon, Mich.; died March 15, 2018, in Loma Linda, Calif. She was a member of the St. Johns Church, St. Johns, Mich.

Survivors include stepsons, Jere Wallack, Edward N. Elmendorf III, David Elmendorf; daughters, Mary K. Becker, Bobbie Sue Wholers; one grandchild; and three step-grandchildren.

Memorial services were conducted by Charles Griffin; interment was in St. Johns, Mich.

**GROSSE, Verna (Stone)**, age 89; born March 25, 1928, in Green Bay, Wis.; died Feb. 11, 2018, in Petoskey, Mich. She was a member of the Petoskey Church.

Survivors include her son, Darryl Grosse; daughters, Germaine Clouse, Kathryn Mayberry, Darlene Pethers and Virginia Porter; six grandchildren; and five great-grandchildren.

Memorial services were conducted by Pastor Cody Francis; interment was in Pound, Wis.

**HALDER, Roseline (Roy)**, age 65; born April 14, 1952, in Bangladesh, India; died March 15, 2018, in St. Joseph, Mich. She was a member of the Pioneer Memorial Church, Berrien Springs, Mich.

Survivors include her husband, Ramendra Halder; son, Rowland; daughter, Rosetta; brothers, J.M. Roy, Dr. Francis Roy, Bidhan Roy; sisters, Alomoti Hilder, Sumoti Mukhoti,

Gloria Mondol, Marlin Roy; and two grandchildren.

Funeral services were conducted by Pastor John Glass; interment was in Rose Hill Cemetery, Berrien Springs, Mich.

**JOHNSON, Dorothy A. (Zappia)**, age 70; born May 9, 1947, in Chicago; died April 7, 2018, in Cassopolis, Mich. She was a member of the Pioneer Memorial Church, Berrien Springs, Mich.

Survivors include son, Ryan Roberts; and brother, Frank Zappia Jr.

Funeral services were conducted by Pastor Kenneth Scribner; interment was in Mission Hills Memorial Gardens Cemetery, Niles, Mich.

**JONES, Shirley (Dee)**, age 88; born Jan. 30, 1930, in Lamberton, Minn.; died April 2, 2018, in Charlevoix, Mich. She was a member of the Petoskey Church, Petoskey, Mich.

Survivors include her husband, Bradley Jones; sons, David and Steve; five grandchildren; and five great-grandchildren.

Funeral services were conducted by Elder George Dronen in Brookside Cemetery; interment was in Charlevoix, Mich.

**KAUMPUNGAN, Ramlen**, age 67; born Sept. 1, 1950, in Manado, Indonesia; died March 9, 2018, in Los Angeles. He was a member of the Pioneer Memorial Church, Berrien Springs, Mich.

Survivors include his wife, Jenny (Dimpudus) Kaumpungan; sons, Daniel and Reinhard; daughters, Inne Flaherty; brothers, Novry, Brents, Matheos and Steven; sisters, Deli and Engelin; and one grandchild.

Funeral services were conducted by Pastor Jonathan Kuntaraf; interment was in Rose Hill Cemetery, Berrien Springs, Mich.

**MINNICK, Marlene (Treib)**, age 72; born Jan. 24, 1946, in Reese, Mich.; died April 4, 2018, in Auburn, Mich. She was a member of the Saginaw Church, Saginaw, Mich.

Survivors include her husband, Gary Minnick; son, Randall John Minnick; daughter, Brenda Kay Khalil; and seven grandchildren.

Funeral services were conducted by Pastor Benjamin Garcia; interment was in Roselawn Memorial Gardens Cemetery, Saginaw, Mich.

**RHODES, Beverly E. (Vieau)**, age 84; born Oct. 23, 1933, in Green Bay, Wis.; died March 5, 2018, in Miami, Fla. She was a member of the Green Bay Church, Green Bay.

Survivors include her brother, Rodney Vieau.

Memorial services were conducted by Pastor Greg Leordean; interment was in Miami, Fla.

**RHODES, Dale V.**, age 82; born April 26, 1933, in Ferndale, Mich.; died July 9, 2015, in Miami, Fla. He was a member of Holly Church, Holly, Mich.

He was survived by his wife, Beverly (Vieau) Rhodes, who died March 5, 2018.

Memorial services were conducted by Lloyd Burrows; interment was in Miami, Fla.

**STRAND, Lois M. (Lutz)**, age 88; born Dec. 2, 1929, in Holly, Mich.; died April 12, 2018, in South Bend, Ind. She was a member of the Pioneer Memorial Church, Berrien Springs, Mich.

Interment was in Rose Hill Cemetery, Berrien Springs, Mich.

## Sabbath Sunset Calendar

	Jun 1	Jun 8	Jun 15	Jun 22	Jun 29	Jul 6	Jul 13	Jul 20	Jul 27	Aug 3	Aug 10
Berrien Springs, Mich.	9:14	9:18	9:22	9:24	9:25	9:24	9:21	9:16	9:10	9:03	8:54
Chicago, Ill.	8:18	8:23	8:27	8:29	8:30	8:29	8:26	8:21	8:15	8:08	7:59
Detroit, Mich.	9:02	9:07	9:11	9:13	9:13	9:12	9:09	9:05	8:58	8:51	8:42
Indianapolis, Ind.	9:06	9:11	9:14	9:16	9:17	9:16	9:13	9:09	9:04	8:57	8:49
La Crosse, Wis.	8:39	8:45	8:48	8:51	8:51	8:50	8:47	8:42	8:35	8:27	8:18
Lansing, Mich.	9:09	9:14	9:18	9:20	9:20	9:19	9:16	9:11	9:05	8:57	8:48
Madison, Wis.	8:30	8:35	8:38	8:41	8:41	8:40	8:37	8:32	8:26	8:18	8:09
Springfield, Ill.	8:20	8:25	8:28	8:30	8:31	8:30	8:27	8:23	8:18	8:11	8:03



All classified ads must be sent to your local conference for approval. No phoned ads will be accepted. Allow at least eight weeks for publication. Fifty words maximum. No limit of insertions. Rates: \$36 per insertion for Lake Union church members; \$46 per insertion for all others. A form is available at <http://www.herald.lakeunion.org> for printing out and filling in your ad. Ads must be prepaid. Make money order or check payable to the Lake Union Conference. There will be no refunds for cancellations. The *Lake Union Herald* cannot be responsible for advertisements appearing in its columns, and reserves the right to edit ads in accordance with editorial policies. The *Lake Union Herald* does not accept responsibility for typographical errors. Submission eligibility guidelines are listed at <http://www.herald.lakeunion.org>.

## FOR SALE

### PATHFINDER/ADVENTURER CLUB NAME

**CREST:** Order your Pathfinder and Adventurer club name crest at <http://www.pathfinder-clubnames.com>. For more information, call 269-208-5853 or email us at [pathfinderclub-names@gmail.com](mailto:pathfinderclub-names@gmail.com).

**BOOK SALE:** For the fourth year in a row, I will have SDA books at Michigan camp meeting — about 5,000. I also will be buying books there. Bring them to the ABC and I will connect with you. If you want certain books, I can bring and save them for you. If you have questions, call John Segar at 269-781-6379.

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## MISCELLANEOUS

**SOUTHERN ADVENTIST UNIVERSITY OFFERS MASTER'S DEGREES** in business, computer science, counseling, education, global community development, nursing, religion and social work. Flexibility is provided through some online and many on-campus programs. Financial aid may be available. For more information, call 423-236-2585 or visit <https://www.southern.edu/graduatestudies>.

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Two trips this fall, November 11–19, \$3,095. November 18–27, \$3,395. Includes all tips, taxes, air, and breakfast and dinner buffets daily. From New York, Chicago or Los Angeles. Other departure cities available. Call Jennifer at 602-788-8864.

**ADVENTIST HERITAGE TOUR (Sept. 9–16).**

Explore scenic New England and enjoy a spiritually enriching experience learning about Adventist history. Tour guide, Dr. Brian Strayer, is a retired Andrews University history professor. Round-trip tour from Anderson, Ind. To learn more, call Jesse at 765-722-0644 or visit [www.AndersonSDAChurch.com/Tour2018](http://www.AndersonSDAChurch.com/Tour2018).

## EMPLOYMENT

**OB-GYN, PEDIATRICIAN, PSYCHIATRIST, AND PSYCHOLOGIST NEEDED for Adventist-owned/operated Rural Health Clinic** on the campus of Weimar Institute at Weimar, Calif. Competitive pay. Call Dr. Randall Steffens at: 615-604-0142 or email [ceo@stallanthhealth.com](mailto:ceo@stallanthhealth.com).

**ANDREWS UNIVERSITY SEEKS AN ADMINISTRATIVE ASSISTANT – NURSING**

Responsible for a variety of program management activities under the supervision of the Department Chair and demonstrates competence in various routine support services which include generating reports, maintaining budgets, managing correspondence with clients, recruits or other parties outside the program, collecting and maintaining accreditation and assessment documents, and management of confidential files. Will maintain program files, spreadsheets, manipulate web-based applications, conduct significant amounts of research in support of program

accreditation and assessment activities. [https://www.andrews.edu/admres/jobs/show/staff\\_hourly#job\\_7](https://www.andrews.edu/admres/jobs/show/staff_hourly#job_7)

**ANDREWS UNIVERSITY SEEKS**

**ADMINISTRATIVE ASSISTANT – SOCIAL WORK**

Manages a variety of general office activities relating to future and current students, faculty, university personnel and members of the community. General duties involve routine office management and communication, document preparation and coordination, financial management, and ongoing event planning. [https://www.andrews.edu/admres/jobs/show/staff\\_hourly#job\\_10](https://www.andrews.edu/admres/jobs/show/staff_hourly#job_10)

**BETTER LIFE TELEVISION SEEKING**

**PRODUCTION STAFF** for Grants Pass, Ore., headquarters. Applicants should be proficient in video editing, field/studio production, basic graphics. Directing experience or motion graphics a plus. Seventh-day Adventist member in good standing. Résumé: [Douglas@BetterLifeTV.tv](mailto:Douglas@BetterLifeTV.tv).



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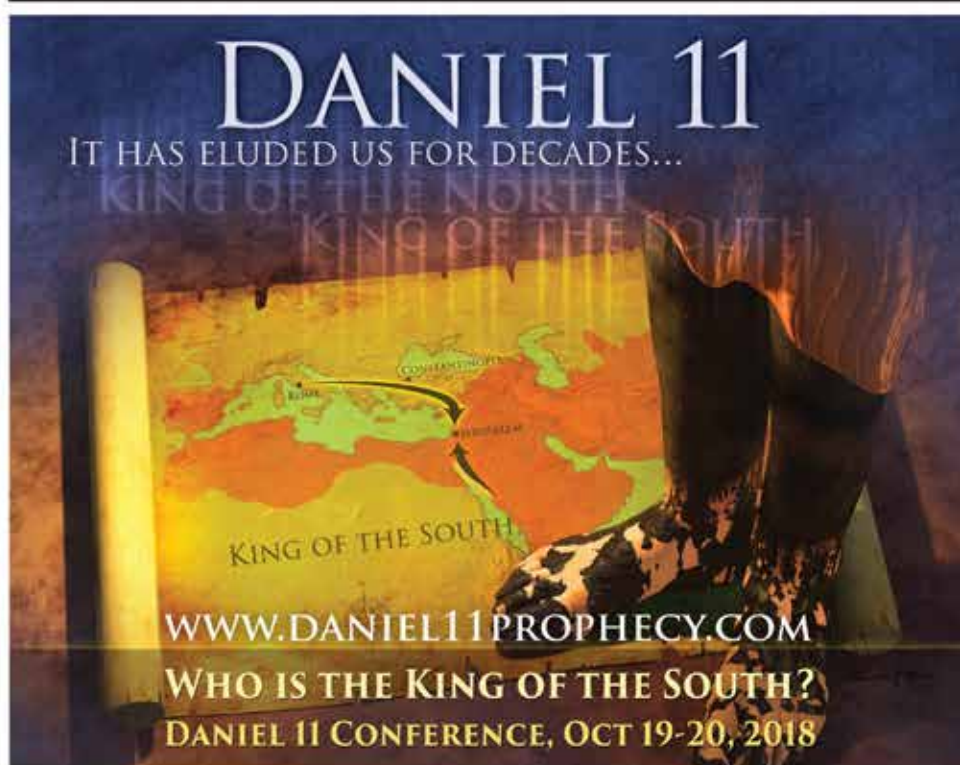
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# No Wasted Effort

By Edye Campos



▲ Edye Campos (right) with Alex.

Ken Parker



▲ The basketball ministry made a huge impact on Alex' decision for baptism.

## DO YOU EVER FEEL LIKE YOUR EFFORTS

in evangelism are wasted? Do you sometimes feel like your ministry efforts are just entertaining people rather than making a real difference for eternity? You are not alone.

When I joined the pastoral staff at the Hinsdale Church, several of the young adults told me about Alex, one of their friends who had not yet made the decision to be baptized. I wondered why and felt convicted to try to find the answer as Alex became a subject of my prayers.

During a dinner our Young Adult Ministry put together, I attempted to broach the subject of baptism with Alex but felt uncomfortable bringing up the topic. I wondered why I was feeling so hesitant to talk about baptism with him. It was in that moment that I heard a still, small voice say, "Do you know Alex?" During the rest of the dinner the question,

"Do you know Alex?" kept popping into my head. It was obvious to me the reason why I was struggling to talk with Alex about something so important was because I knew that I had not taken the time to develop a relationship with him.

As I drove home from the event, thinking about Alex, I was impressed to start a basketball ministry at my church, just so I could get to know him. I hoped God would create an opportunity, not just for us to become friends, but that it would lead to us having a conversation about his relationship with Jesus and baptism.

When I started the basketball ministry, I decided that each morning I would pray that God would use the basketball ministry to help me get to know Alex better and give me an opportunity to talk with him about his relationship with Jesus and his views on baptism. But, after a few months, the numbers had

## How often do we make the mistake of thinking God wants us to save people? God is the One Who saves people.



Edye Campos

dwindled to the point that, one Sunday morning, no one showed up. Discouraged and on my way home, I remember asking God, “*Am I wasting my time?*” It seemed like every time I tried to talk to Alex, something always came up. I couldn’t help but feel as if I had fooled myself into thinking that playing basketball every Sunday for a couple of hours was really going to make a difference.

That following Sunday, as I opened the gym for basketball and thought to myself that it would be the last time, I was approached by Alex. “Pastor,” he asked, “could I talk to you after basketball?”

“Sure!” I said enthusiastically.

After basketball, I asked Alex, “So, what’s on your mind?” He said the words I thought I might never hear. “Pastor, lately I’ve been thinking a lot about having Bible study. Would you have time to help me study the Bible?”

As I walked home, elated from the conversation I had just had with Alex, two things struck me. First, I was ready to give up on a ministry because I did not see immediate results. I had almost shut down a ministry that God was using to reach Alex. Second, God doesn’t just answer our prayers — God goes beyond our prayers.

I was reminded of something that we often forget: God is always at work! At times, we are blessed to see the results of His work. If we will just push past our doubts, our impatience and our own limited ideas of how God does things, and we are faithful to the mission, God will produce fruit. We just need to trust the process. We need to trust that our efforts for the gospel are never wasted — that it’s never in vain.

I had asked God to use the basketball ministry to start a conversation with Alex about baptism, not realizing that God had already had that conversation with Alex. God just needed me to be available, willing and ready to help prepare him for baptism. You see, God did not need me to fix Alex. God needed me to get to know Alex — to know Alex well enough for him to be comfortable to share with me what God was already doing in His life.

Wow! How often do we make the mistake of thinking God wants *us* to save people? God is the One Who saves people. God wants us to get to know people and be available to cooperate with Him in His work of saving people.

Alex is just one of many persons God has brought into my life to remind me that my role is to do the wondrous work of getting to know people — to care for people, to be available and to listen. As I develop a closer relationship with Jesus, He may be working through me even when I cannot see Him working. ■

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*Edye Campos is pastor of the Hinsdale Church in Illinois.*

# My Own Peace

By Kayleigh Hilyard

**WHEN CHLOE SMITH SHOWED UP** in my seventh-grade public school class, little did I know the tremendous impact her presence would have on me. Chloe refused to let me withdraw into my shell of shyness and a close friendship quickly developed between us, to the point of her inviting me to her home for weekend sleepovers.

“Pack dress clothing,” she told me — which I found odd. But then she explained, “We’re going to church on Saturday.”

Church was such a wonderful experience that for the next several months I continued visiting, enjoying the welcoming atmosphere. This sparked my curiosity to ask questions I longed to know such as, “*Who is this God?*” and “*What’s His plan for my life?*”

The next school year, just as my curiosity about God was deepening, a double whammy struck: Chloe moved away and my home life fell apart with my parents’ divorce. To keep some semblance of normalcy, I began attending a non-denominational church with my family, but eventually that spark died out. For two years I drifted, feeling sad and fearful for my future.

Then, one spring day as I was walking around the mall with a friend, who should I bump into, but Chloe! Before you knew it, I transferred from my public high school and began attending Battle Creek Academy to be closer to her.

It was 2016 when I volunteered to attend Sci-Fest, a science enrichment weekend for academy students held at Andrews University, that my life changed dramatically. During Sci-Fest, it seemed that the other students around me were geniuses. “*How could they answer the questions they were asked, quicker than I could process it and with no difficulty?*” As the day progressed, I became more and more discouraged. “*How could I possibly fit in? I’m not as smart as everyone else.*”

I remember praying that day, telling God how I felt. During the vespers program, I felt God speaking to me through the speaker. The topic was on “not feeling good enough.” Tears began streaming down my face



▲ Kayleigh Hilyard

and I couldn’t control them. What I was witnessing had to be God. “*How could anything else explain it?*” The fact that the man was talking about what I had been wrestling with all day, and for the first few months at BCA, was astonishing. I sobbed and sobbed until I had no more tears.

Then my tears turned to joy. It was the realization that God loves me no matter how much I know or don’t know. That night, I decided to get baptized. God proved to me that it doesn’t matter that I don’t know every answer. He loves me even when I don’t know everything about Him. The fact that I’m trying to know more about Him is what matters.

When we look at God and only focus on Him, we find that comparing ourselves to others is completely illogical. Instead of looking to the world and comparing ourselves, fearing that we are not good enough to fit in, we must focus on God. God thinks we are more valuable than sparrows. We are His favorite creation. We are not His favorite because we can answer all the test questions, nor because we can score the most points in a game. We are His favorite because He made us like Him. We find peace when we look to God. ■

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Kayleigh Hilyard just graduated from Battle Creek Academy and is planning to attend Union College in the fall.

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Kayleigh received a \$100 scholarship for her article. If you’re a youth or young adult interested in submitting an article for consideration, please contact: [herald@lakeunion.org](mailto:herald@lakeunion.org)



## Song of the Sea

By Shannon Kelly

### EVER SINCE HIS HIGH SCHOOL

mission trip to Nicaragua, Jonathan Rodney, a mission-minded Shalem Church (Waukegan, Illinois) member, knew he wanted to dedicate himself to God's service.



As the 24-year-old was preparing to serve as a Southern University student missionary in Egypt in 2013, everything was go-

▲ Jonathan Rodney

ing as planned — that was, until he received a phone call from the Student Missions director just three days before leaving. "I wasn't able to go on the trip anymore," Jonathan said. "I didn't understand."

Jonathan was given some alternative service locations — all islands. "It was very ironic, because when I was thinking about doing mission work, I didn't think of going to the islands because I felt like it wouldn't be a challenge to me," Jonathan recalled with a laugh. "Just the way that island life is portrayed, it can seem like it's paradise. I didn't want paradise; I wanted to be somewhere where I was going to really grow." He finally decided to go to the Micronesian island of Pohnpei.

When Jonathan arrived in Pohnpei, where he would serve as a teacher to second- and sixth-graders in addition to

teaching choir, he was confronted with unexpected challenges. Notably, he spent agonizing hours praying over a demon-possessed student. When the situation remained unchanged, Jonathan found his faith pushed to the breaking point.

"That moment was so . . . hurtful, because we prayed about it. We did all these things, and it took so long for it to go away. You read Bible verses where it's like, if you call on the name of Jesus, He'll come, but it wasn't as clear-cut, I guess. And I was struggling so hard with that."

One day, Jonathan found himself swinging on the playground and pouring his heart out to God. "*God, what is going on? All of this stuff has happened, and at the same time nothing has happened. I just need to know; why did You bring me here?*"

Suddenly, he was shaken to hear a voice tell him, "*Listen to 'Oceans.'*" The command came a second time. Jonathan promptly downloaded the song and began to listen to it. The words brought him to tears: "Spirit, lead me where my trust is without borders / Let me walk upon the waters / Wherever You would call me."<sup>1</sup>

"It literally was just fitting everything I was feeling, and everything that I wanted to say to God, but I was too angry, but also too scared, to say," he said. "After that song was heard, my experience kept peaking. It was just amazing." ■

Shannon Kelly is a recent graduate of Andrews University.

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A close-up photograph of a young boy with a joyful expression, showing his teeth. He is wearing an orange shirt. In front of him are several lit birthday candles on a cake. The background is blurred, showing other people and colorful streamers.

# Abundant Life

Adventist Health System takes a Christ-centered, whole-person approach to healthcare, serving more than 4.7 million patients each year. To do this, we look to the principles of Creation as the blueprint for helping others live an abundant life. Explore these eight principles of CREATION Health at [CreationHealth.com](https://CreationHealth.com).