



Lake Union HERALD

JUNE/JULY 2016

THE MINISTRY
OF HEALING

IN THE LAKE UNION



Jean-Ires Michel



In every issue...

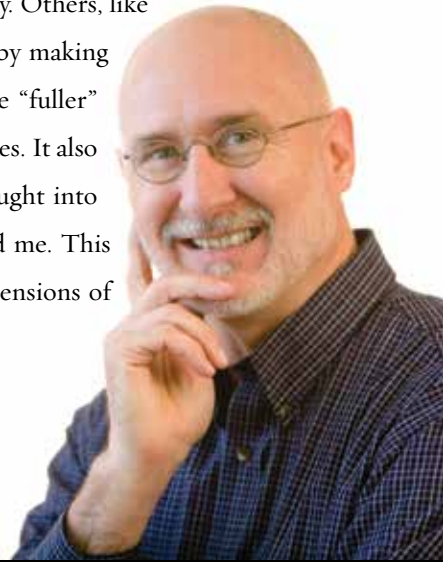
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In this issue...

Jesus said, *I have come that they may have life, and have it to the full* (John 10:10 NIV). Many are discovering "a fuller life" — through gluttony. Others, like Roger and Peggy Dudley, enjoy life to the full by making healthy choices and taking daily walks. But the "fuller" part comes not just from health-conscious choices. It also comes when they pray for people God has brought into their lives while they walk — like Maryann and me. This issue of the *Herald* is focused on the varied dimensions of the ministry of healing in the Lake Union.

Gary Burns

Gary Burns, Editor



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PRESIDENT'S PERSPECTIVE

BY DON LIVESAY, LAKE UNION PRESIDENT



A Faith-establishing God

I don't pretend to know everything about faith. It is clearly a key component in our relationship with God, essential for us to really trust him and receive all he wishes to give us, and a blessing to each believer who seeks a growing trust in God.

But God does not just expect us to have a blind faith or conjure up faith on our own; he constantly reveals his care and truth to us in ways that create handles and hooks of security to which we can cling. Even for Jesus, the Father provided constant revelations that strengthened his faith. The baptism, the mount of transfiguration, the feedback from those who worshiped Jesus as the Messiah — each confirmed his purpose and blessed his ministry. And then there were those consistent times when Jesus spent whole nights communing with the Father. While not public as were the baptism and mount of transfiguration experiences, those private times with his Father provided intimate and personal assurances to the Savior that made it possible for him to face his path to Calvary with resolve, even though he was unable to see beyond the grave except by faith.

In preparation for two recent funerals, I became convicted that the John 11 story of Lazarus was more than Jesus' interaction with Martha and Mary, more than his deep compassion for their sorrow and more than a demonstration of his power to restore a brother to his sisters.

While John 11 is replete with many wonderful truths of God's care for us, I am persuaded that this story is really more about the resurrection of Jesus. He states without apology, *And I am glad for your sakes that I was not there, that you may believe, and, this sickness is not unto death, but for the glory of God, that the Son of God may be glorified through it* (John 11:15, NKJV).

When he says to Martha, *I AM the resurrection and the life* (vs. 25), he is not being boastful. There is not even a hint of arrogance. He is not campaigning like some self-serving, power-hungry politician. Jesus simply identified himself as the true and relevant focus of our faith. The resurrection of Lazarus was a powerful prelude to his own resurrection and a profound evidence of God's victory over sin and death. After all, any belief — in any resurrection — of anyone — is based totally on the resurrection of Jesus Christ from the dead.

Think of it. When Jesus called Lazarus from the grave, he put his entire ministry on the line — every teaching, every claim, every prophecy. This included the entire body of trust his believers would place on him. If the new church was to move forward in what we call a *Commission Culture*, it would be based on One who had died, was buried and then raised himself from the dead. How else could the church have moved forward with such a powerful and unflinching faith? But the faith of Jesus' followers was not formed in the vacuum of their own knowledge and experience. It was a faith placed in a real God who has full power over death and our Creator/Redeemer's life-sustaining power provides unequivocal evidence for all to have a well-placed hope and faith in him.



Faith Through Life's Storms

BY MICHAEL

They come when we least expect them. Remember when Christ Jesus and his disciples were out in the middle of the sea and the storm came upon them (see Matthew 8)? What did Christ Jesus say to them? His disciples were afraid of drowning and Jesus was asleep. One of his disciples went to wake him up, saying, "Jesus, Jesus, the storm is going to drown us!" Jesus said, "Why are you afraid, oh ye of little faith?" He commanded the sea and the storm to calm, and they obeyed him.

Amazing that even today we Christians say we have faith that God can do all things. Yet, when death takes a loved one, or we get sick, or we lose our children to drugs or another form of addiction, or we hurt in some way, we blame God or we lose hope. *Oh ye of little faith.*

We all say we believe. We say we have faith and yet, at times, we doubt what God will do when we ask him for help. *God is our refuge and strength, a very present help in trouble* (Psalm 46:1). *Wait for the Lord; be strong and take heart and wait for the Lord* (Psalm 27:14). *The Lord is good, a stronghold in the day of trouble; and he knows those who trust in him* (Nahum 1:7). *Be still and know that I am God* (Psalm 46:10).

I personally have experienced a lot of loss in my life, and, yes, I almost gave up. I almost let go. I even doubted what God could do and was already doing. Why should we give up or doubt what Jesus Christ can do in our life? He told us he would be resurrected and it happened. He even raised Lazarus from the tomb. He healed a great many people. Even today, Jesus is at work in each of our lives. We need not fear when a storm approaches. If, in fact, we are true Christians and claim the name of God as our Father and Savior, then we should know that we must and will suffer for his name's sake. In fact, he tells us our life will be full of troubles and tribulations. And he tells us that those

who endure until the end will inherit the kingdom of God. I have seen personally how God has saved my life.

At age six in South Carolina, my mom and I were walking down a dirt road to seek the help of a pastor for food and shelter. I heard a couple of gunshots and a buzzing noise rang by my ears — sounded like a bee. Mom held my hand and we turned around to see what was happening — there was a man shooting at us. I told my mom not to worry, God would protect us, and he did.

I was born a blue baby. I had the umbilical cord wrapped around my neck. I was "dead." The doctors worked on me for twenty minutes before I started to breathe again. I had a heart murmur. Now it is gone.

I attempted suicide six times. God always used someone to save me. My girlfriend and I were hit from behind at seventy-two miles per hour by a pickup truck. We did not have our seat belts on; the rescuers said our car should have exploded on impact. We should have died that night. God saved me again.

I made some poor choices in my life and wound up in prison. Within my first thirty days, a man snuck up from behind, grabbed me and sliced my throat. He almost took my life for no reason at all. I should have bled to death, yet God saved me. While I was lying on that hospital bed



getting stitched up, all I could think about was forgiveness. I remember telling everyone around me, “I forgive the man for what he did to me.” They all thought I was crazy.

I have lost both my aunt and sister to cancer since I have been in prison. God is still taking care of me. God has used my pastors, D. Roth, C. Hanlon, Wes Peppers, and the church members in Holt, Kalkaska and Traverse City to help meet my personal needs and the needs of many others. I am so thankful.

God has used my wonderful mother and stepfather to help support me while in prison. God also has used me to testify to others as to what God has done, and can do, in their lives and mine. True faith is never giving up.

I have hurt others in my life and given up at times on myself. I walked away from God to do some real mean things to people I was supposed to love and care for. God did not bring me to prison. Satan and my sins brought me to prison, yet God still loved me even when my faith was so little.

I changed my life a year-and-a-half before I entered prison. I stopped all the filthiness, drugs and hatefulness. God used a woman to bring me back into fellowship with him. I started reading my Bible. I started attending church, and God healed my life. Even though my past sins have led me into a dark prison, God shines his light brightly in this place and in my life. I know God has forgiven me. I just pray that all those I’ve hurt in my past can and will also forgive me.

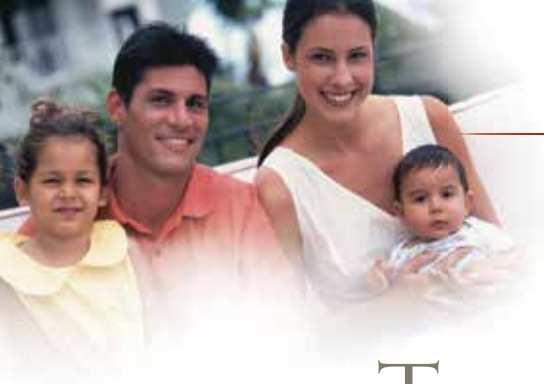
I would bet that if you sat and reflected on your life, you could see where God was helping you. The good news is, God is still there. Just have faith. I praise God and thank him daily. I have faith in him to set me free — oh, he already has! My soul is captive to man but God has set me free.

In the darkest hours of life, when all seems hopeless and you’re hurting, hungry, thirsty . . . open up your Bible. Open up your heart and let the light of God heal you, feed you, and give you water for your soul.

Today, even in prison, God is using me for a greater good. This is my storm and, by faith, God is now calming the storm. I lean on him daily.

This is my daily prayer: “Strength, Lord, we need your strength to help us along the path of life, to do your will and not our own. Help, Lord; we need your help when Satan comes to tempt us, to have peace in our hearts and minds, to say, ‘Thy will be done.’ Power, Lord, we need your power, when all seems lost. We need your power to say, ‘Get thee behind us now, Satan,’ and, thus, we win the war. Prayer, Lord, help us to pray, ‘Your will is best for us.’ When we do not fully understand, let us submit to your will. Home, Lord, please take us home. How blessed are we that you are coming soon to be with our Savior, Christ our Lord, for all eternity! Amen.”

Michael is a member of the Seventh-day Adventist Church in Holt, Michigan. He writes from the Newberry Correctional Facility where he is finishing up a 10-15 year prison term and encourages all to read Matthew 11:28.



Two Sides of the Circle

BY SUSAN E. MURRAY

Buried beneath volumes of contemporary writers' words of wisdom, valuable advice and research findings on how to build happy and successful marriage partnerships, remains the counsel of Ellen G. White. In her book, *The Ministry of Healing* published in 1905, there is a gem of a chapter, "The Builders of the Home." Ellen guides couples to recognize the family tie is the closest, the most tender and sacred of any on earth. She writes, "Around every family there is a sacred circle that should be kept unbroken. Within this circle no other person has a right to come" (p. 361).

A young woman in her first year of marriage shared with me the dilemma she faces at lunch-time at her place of employment. During breaks and while eating lunch, her co-workers discuss their spouses in less than respectful ways. They joke and share negative things about their husbands and even their children. Becoming more and more uncomfortable with this type of conversation, she admits it has actually shaken her faith in her own husband and their marriage. I suggest that these women are venting their frustrations in a "safe place" but breaking what Ellen suggests is a sacred circle.

Ellen wrote of the sacred circle many years earlier. In the chapter titled "A Sacred Circle" (*The Adventist Home*, p. 177), excerpts from eleven manuscripts and letters dating back to the mid-1880s are included. In a letter written in June 1863 from Ostego, Michigan, Ellen shared her concern for Brother Day who was overly involved with a woman, Sister Johnson, who eventually divorced her husband. Ellen was clear, "You moved unwisely in interesting yourself so much . . . You were stepping over that sacred circle which should debar you from the family of Sister Johnson, and preserve you exclusively to your own family." She was clear about the woman as well stating she "had no right



to enlist your sympathy as she has" (*Manuscript #1263*).

Consider examining both sides of the sacred circle. One is guarding your own family, saving your heart for your spouse, not involving yourself in joking or complaining at the expense of your spouse and other family members. The other side is not getting involved in other people's troubles when you are not part of the problem or the solution.

Sadly, some use the concept of the sacred circle to build their case, believing that all marital problems should stay within the bounds of the marriage and that seeking any type of assistance is wrong. This is unfortunate, as there are many appropriate ways to seek counsel.

I invite you to set some time aside to read Ellen's counsel from the two chapters mentioned above. I was reminded, once again, how powerfully she captured important family issues and how it is as relevant to us today as it was well over 100 years ago!

Susan E. Murray is professor emerita of behavioral sciences at Andrews University, certified family life educator, and licensed marriage and family therapist.

HEALTHY CHOICES

**Eat the fruit
rather than
drink the fruit juice**

Sweet and Happy

BY WINSTON J. CRAIG

**Sugary beverages
cause harm
to your health**

We are born with an affinity for sweet things. Birthdays, weddings and anniversaries are all embellished with cake and punch. At holiday time we are surrounded with temptations to eat sweet things. Sweetness is very much associated with happy times. But the sweet times may be turning a little sour.

New studies suggest that we should restrict our intake of added sugars to no more than 10 percent of our calorie intake. On average, Americans tend to eat about 22 teaspoons of added sugar a day, and one-half of that comes from sugar-sweetened beverages.

The latest Dietary Guidelines for Americans recommend no more than 12 teaspoons of sugars for a day from all food and drinks. Cola drinks, fruit-flavored drinks, root beer and energy drinks all have about 10 to 11 teaspoons per 12-ounce bottle or can, while a 20-ounce Coke or Pepsi has 16 teaspoons of added sugar, and a 20-ounce bottle of Vitamin Water has 32 grams of sugar.

Different research studies have shown that sugar-sweetened beverages are associated with obesity, type 2 diabetes and heart disease. The Dutch study (called DRINK) on 641 children revealed that the children who drank one 8-ounce sugar-sweetened drink a day gained more weight and body fat over 18 months than those who had a diet drink.

Fruit juice also has high levels of liquid sugar, so nutritionists are recommending we eat fruit rather than drink the juice. Liquid calories don't register in the body the same way that solid calories do, so that 200 calories in a drink is not processed the same way as 200 calories in food. Hence, it is very easy to consume too many calories when taken in a liquid form.

Studies show that sweetened beverages are associated

with the production of greater belly fat (visceral fat). Those who drink sugary beverages every day had a 27 percent gain in belly fat compared to non-consumers.

The visceral fat is associated closely with a higher risk of chronic diseases such as cardiovascular disease, metabolic syndrome, and breast, colorectal and prostate cancers.

Recently, scientists showed that risk of death from cardiovascular disease was 2.75 times greater in those consuming 25 percent or more of their calories from added sugar compared to those consuming less than

10 percent of calories from added sugar. Consuming high levels of added sugars (such as in sugar drinks) typically raises the risk of stroke and heart attack, independent of a person's weight.

Young healthy adults who consumed 25 percent of their energy needs from a drink sweetened with high-fructose corn syrup experienced increases in fasting triglyceride and LDL cholesterol levels of 37 mg/dl and 16 mg/dl, respectively, in just two weeks.

Among Swedish men followed for 12 years, those consuming two or more servings of sweetened drinks were 23 percent more likely to develop heart failure than those consuming none. People who drink sugar beverages also have a higher risk of diabetes. Resistance to insulin results from high levels of sugar and high-fructose corn syrup in the diet. The time has come to reduce our sugar intake.

Winston J. Craig, Ph.D., RD, is a professor emeritus of nutrition with Andrews University. He resides in Walla Walla, Washington.





PRESENT TRUTH

Following the Lamb wherever He goes

The Ministry of Christ

BY ELLEN WHITE

When trying to figure out how to live, how to fulfill our every-day commission to go and make disciples, it is best to ask the question, "What did Jesus do?" Jesus came to demonstrate a life lived in harmony with God. ...the Son can do nothing by himself; he can do only what he sees his Father doing, because whatever the Father does the Son also does (John 5:19 NIV). The closer we follow the example of Jesus, the more effective we become in fulfilling our co-mission. What do you see your Father doing? —the Editors

Jesus commenced his work by breaking the power which Satan held over the suffering. Jesus healed those who had suffered by his evil power. He restored the sick to health, healed the lame, and caused them to leap in the gladness of their hearts, and glorify God. He gave sight to the blind, restored to health by his power those who had been infirm and bound by Satan's cruel power many years. The weak, the trembling and desponding, he comforted with gracious words. He raised the dead to life, and they glorified God for the mighty display of his power. He wrought mightily for all who believed on him. And the feeble suffering ones whom Satan held in triumph. Jesus wrenched from his grasp, and brought to them by his power, soundness of body, and great joy and happiness.

The life of Christ was full of benevolence, sympathy and love. He was ever attentive to listen to, and relieve the woes of those who came to him. Multitudes carried the evidences, in their own persons of his divine power. Yet many of them soon after the work was accomplished were ashamed of the humble, yet mighty teacher. Because the rulers did not believe on him, they were not willing to suffer with Jesus. He was a man of sorrows and acquainted with grief. But few could endure to be governed by his sober, self-denying life. They wished to enjoy the honor which the world bestows. Many followed the Son of God, and listened to his instructions, feasting upon the words which fell so graciously from his lips. His words were full of meaning, yet so plain that the weakest could understand.

Satan and his angels were busy. They blinded the eyes and darkened the understanding of the Jews. Satan stirred up the chief of the people and the rulers to take his life. They sent

officers to bring Jesus unto them, and as they came near where he was, they were greatly amazed. They saw Jesus stirred to sympathy and compassion, as he witnessed human woe. They saw him in love and tenderness speak encouragingly to the weak and afflicted. They also heard him, in a voice of authority, rebuke the power of Satan, and bid the captives held by him, go free. They listened to the words of wisdom that fell from his lips, and they were captivated. They could not lay hands on him. They returned to the priests and elders without Jesus. They inquired of the officers, Why have ye not brought him? They related what they had witnessed of his miracles, and the holy words of wisdom, love and knowledge which they had heard, and ended with saying, Never man spake like this man.

Ellen White, co-founder of the Seventh-day Adventist Church, *Spiritual Gifts*, Vol. 1, p. 37, *The Ministry of Christ*, Seventh-day Adventist Publishing Association.

This column was designed to promote the searching of Scriptures on current topics — in community through prayer. Invite others to join you in prayerful response to these thoughts:

- How can we become more aware of what God is doing all around us?
- What would a life of "benevolence, sympathy and love" look like today? Does someone you know come to mind?
- What amazed and captivated the officers that were sent to arrest Jesus?

—The Editors

Praying Through the Son

BY ALVIN J. VANDERGRIEND

Therefore [Jesus] is able to save completely those who come to God through him, because he always lives to intercede for them (Hebrews 7:25 NIV).

God the Father has always wanted a close relationship with his children. When the children of Israel traveled from Egypt to the Promised Land he traveled with them in a cloud and had them pitch a tent for him. When they settled in Canaan he dwelt with them, first in the tabernacle at Shiloh, and then in the temple at Jerusalem.

But because of sin he could not allow them to get close to him. Gentile seekers who came to Jerusalem had to stay way away from him in the temple's outer courtyard. Ceremonially pure Jews could come somewhat closer in the inner courtyard. Priests were allowed still closer as they ministered in the holy place of the temple. But a thick curtain cordoned off God's dwelling place in the holy of holies even for the priests. Only the high priest could go into the presence of God in the holy of holies, and that only once a year after complicated rites of purification. So risky was this approach to God that a scarlet cord was attached to the high priest's leg so his body could be removed if something went wrong.

The problem was, and still is, that God, in his supreme holiness, cannot allow a sinful person into his presence. Sinners simply cannot be in God's presence and live.

So what did God do in order to have a close love relationship with his sinful children? He made a way for sin to be removed from us. He sent Jesus to take our sins upon himself and to atone for them by dying in our place on the cross. In this way our sinful hearts are cleansed by the Holy Spirit who dwells within us. With sin gone God no longer has to hold us at a distance. The barriers that once kept people away are removed. The "cordon-ing" curtain is torn in two. The way into God's presence is open. His children can now come close to him without fear. And they have the freedom to come not just once a year, or even once in a while, but any time of any day.

This is the "opening" that was needed to make it possible for us to come to God in prayer and to enjoy life's

most important love relationship, our love relationship with the Father made possible through the Son.

The writer to the Hebrews describes it this way: *We have confidence to enter the Most Holy Place ... by a new and living way opened for us through the curtain* (Heb. 10:19–20). Jesus is the way into the Father's presence, the way to the Father's heart. In other words, in prayer we come to the Father *through* the Son.

The access we have to the Father through the Son is life's highest privilege, life's greatest glory. And, praise the Lord, it is a privilege that will never be taken away from any true believer. Jesus is in God's throne room constantly interceding on our behalf. He is *able to save completely those who come to God through him*. Every time you or I pray, Jesus is there at the Father's right hand waiting to hear from us, waiting to take our prayers to the Father. He keeps the door open. Nothing on earth or in heaven can ever bar the way to the Father's throne as long as Jesus is there holding the door open.

Jesus *always lives to intercede for us* (Hebrews 7:25 NIV). He is engaged in that all the time. He is there right now speaking up for you, carrying your prayers to the Father. What a wonderful Savior!

Read Hebrews 7:23–8:2, 9:11–15, and 10:19–25 in a contemporary version and meditate on these verses to get a more complete picture of the high priestly ministry of Christ and the privilege you have to draw near to God through him.

Alvin J. VanderGriend is co-founder of The Denominational Prayer Leaders Network and currently serves as evangelism associate for Harvest Prayer Ministries in Terre Haute, Indiana. This article is an excerpt from his book, *Joy of Prayer*. Reprinted with permission.

The “Accidental” Phone Call

BY JAVIER QUILES WITH LAKE UNION HERALD STAFF

Early one February morning, Javier Quiles’ cell phone vibrated. It was five a.m. and he figured no one would be calling at that hour, unless it was an emergency. But before he could answer the phone, it stopped buzzing. He looked at the unrecognizable number and wondered who was the mystery caller. As a brand new pastor to Scottsburg Church, Javier assumed the call was from a member since he didn’t have many of their numbers programmed into his phone. He promptly called back, bracing himself for bad news. As the voice on the other end spoke, Javier quickly realized he was not the person the man intended to call.

“Oh, I’m sorry,” the caller said when he realized his mistake.

“I’m a pastor and your call was not a mistake,” Javier told him.

The stranger explained, “I was calling a friend to pick me up for an operation I’m scheduled to have this morning.”

Javier learned the man’s name, Steven, and prayed with him. But before hanging up Javier asked him, “Would you mind if I called you after the operation to see how everything went.” Steven said that was fine.

The next day, as promised, Javier followed up and prayed with Steven. The two would continue to talk several more times, with Steven opening up more each time, telling Javier, “It sounds like I can trust you.”

Then, Wednesday, March 16, a little more than three weeks after the initial call, Steven walked into the Scottsburg church for prayer meeting. Steven remarked to Javier, “I like attending church; it is good for me.”



Javier Quiles, pastor, (left) is seated next to Steven Patterson. Standing (from left to right): Jerry Myers and Billy Owens, elders

A few weeks after the prayer service, Steven agreed to attend his first Sabbath service. On the 40-minute ride to church, Steven told him that he had a friend who wanted him to ask Javier, “Why do you guys worship on the wrong day?”

Javier says that though Steven has no religious affiliation, he associates with people who do, and he told him, “Maybe it’s not me worshipping on the wrong day,” after which he explained to him the seventh day

and God’s fourth commandment.

Javier says he told his congregation that when situations like these occur, it’s God telling him these people need Christ like never before. “God works in mysterious ways but when someone ‘accidentally’ calls a pastor, it is never an accident.”

Steven already has had his first Bible lesson with an elder and Javier prays he gives his life to Jesus and makes Scottsburg his church home.

Javier Quiles is pastor of the Scottsburg Church in Indiana.



Alcanzando a la Comunidad

POR CARMELO MERCADO

En el mes de marzo tuve el privilegio de dar una campaña evangelística durante Semana Santa en la iglesia hispana de Fort Wayne, en el estado de Indiana. En verdad fue una gran bendición e inspiración para mí poder apoyar la obra de evangelismo que la iglesia, dirigida por el pastor Juan Joaquín, está llevando a cabo en esa ciudad.

El pastor Joaquín me llevó a la estación de la radio hispana de Fort Wayne para una entrevista con el locutor de dicha estación. Estando allí me enteré que la iglesia había producido por varios años un programa de radio bajo el nombre *Hogar Feliz* pero que por razones económicas no había podido continuar auspiciando. El locutor me comentó que cuando se dejó de transmitir el programa él recibió muchas llamadas telefónicas preguntando por qué

no se presentaba más el programa. Fue interesante para mí escucharlo anunciar por radio que mi campaña estaba auspiciada por la iglesia que había producido el programa *Hogar Feliz*. Después de la entrevista una oyente llamó para pedir que la visitáramos ese mismo día y como consecuencia comenzó a asistir a la campaña esa misma noche.

Durante esa semana de campaña aprendí una valiosa lección acerca de cómo hacer evangelismo —el tener buenos contactos y buenas relaciones con la comunidad es de suma importancia. En este caso el programa de radio había sido de gran beneficio para la comunidad y ésta lo apreciaba. Qué bendición sería si todas las iglesias hispanas en nuestra Unión apoyaran regularmente un servicio que fuera tan apreciado por la comunidad como este. Qué



"El locutor de la radio hispana de Fort Wayne, Indiana, conocido en la comunidad como 'Memo el Compadre', junto con Juan Joaquín, pastor de la Iglesia Adventista Hispana de Fort Wayne."

bueno fuera que las iglesias adventistas que están localizadas en comunidades hispanas en las ciudades auspiciaran, por ejemplo, un programa de radio, un programa de salud, ofrecieran comestibles a quienes tuvieran necesidad o programas gratis de ayuda a niños en sus tareas escolares.

Elena G. de White en su libro *Ministerio de curación* nos enseña un principio clave que demuestra la importancia de combinar la

predicación del evangelio juntamente con la atención a las necesidades de la comunidad:

Sólo el método de Cristo será el que dará éxito para llegar a la gente. El Salvador trataba con los hombres como Quien deseaba hacerles bien. Les mostraba simpatía, atendía a sus necesidades y se ganaba su confianza. Entonces les decía: Seguidme (p. 102).

Mi deseo es que todas nuestras iglesias consideren auspiciar con regularidad un programa que impacte positivamente a la comunidad. No tengo duda que sería grande el fruto de sus esfuerzos.

Carmelo Mercado es el vicepresidente de la Unión del Lago.



TELLING GOD'S STORIES

Fullness of Joy

BY JOY KAUFFMAN

I was delivered via emergency C-section at an Adventist hospital 45 years ago. Although I don't remember meeting an Adventist for the next 35 years, I know there were powerful and effective prayers in that operating room. When I was nine, my love for animals grew into an aversion to eating them. My grandmothers were horrified when I declared myself a vegetarian, imagining I would become sickly and stunted, but my decision stuck. When the time came to apply for college, I was intrigued to learn I could study nutrition. Maybe, I thought, I could learn enough to get my grandmas to relax! A mission trip to Mexico after graduation, seeing children that actually were sickly and stunted, made me think that maybe there might be something more to my major.

In college, I researched my lingering questions about health and diet through papers I wrote on the topic of vegetarianism. Who did I end up learning about? Seventh-day Adventists! Already in the 1980s it was clear, their diets were promoting health and preventing chronic disease but, in my mind, their faith was somehow off limits, beyond the realm of "true" Christianity.

In my junior year at Virginia Tech, the nutrition department started a master's level concentration in International Development. I begged my advisor to let me do it as an undergrad but the first answer was "no." Like the persistent widow, I kept trying until I finally was told, "Fine, you can do it, but you will never get a real job."

So be it, I thought; I'll get to do the work of Jesus.

Upon graduation I traveled, first to Romania and then Brazil, seeing the ravages of malnutrition firsthand in orphanages, rural villages and urban slums. Then life clipped my wings and I ended up in Washington D.C., caring for my sister who was ill. It was hard to be "home," but it ended up being a major plus. I was 15 minutes from Silver Spring, Maryland — a vegetarian mecca. As I shopped at Adventist stores, I never asked workers what motivated their faith, and they never offered.

Fast forward a decade, during which time I obtained a master's in public health from Johns Hopkins, got married, and worked for the U.S. Department of Health and Human Services. That job ended when I became a mom and really learned about human service — the 24/7 kind. Then our family relocated to my husband's hometown of 700 people in rural Illinois. Once we got settled, we tilled up our yard and started a garden. Usually, as I hoed the weeds and tended my vegetables, I had my baby on my back and imagined similar women all over the world.

I stepped my first toe into an Adventist church for a vegetarian cooking class a few years later. Much to my surprise, I was greeted by Cherri Olin whom I had met before when I was new to the area, but we had lost touch. She became a dear friend, but still I wasn't interested in anything but the healthy food. Little did I know at that time that new, powerful prayers on my family's behalf began in earnest.

How I finally became baptized into the Seventh-day Adventist Church on December 19, 2015, is a long story, weaving in Adventist schools, lots more prayer and, finally, Uganda. A few years ago, I actually started attending the church because circumstances had occurred which made



Joy Kauffman, in black blouse, surrounded by graduates of the Foundations in Farming training program in Harare, Zimbabwe.

Adventist education the only suitable option for my daughters. I wanted to make sure their weekly devotionals and daily Bible class wouldn't be indoctrinating them into a cult. That's how clueless I was. But God met me there.

The first week I attended church, the offering was 100 percent for ADRA and the sermon was entirely about the health message of the Bible, revealing how God's biblical wisdom had protected the lives of his people. The preacher was Jack Blume, a 90-year old. I'd never heard a sermon like that before! During that worship service and many more to follow, I knew God sought to assure me that I was in the right place.

When I heard about NEW START, I knew it was a treasure. So simple, yet so effective. What I had learned in college was now in mainstream news stories, like the Blue Zone of Loma Linda, California. But what God was laying on my heart was the desire to more effectively harness the power of the health message to impact the developing world, where 75 percent of the people depend on subsistence agriculture for their survival and getting clean water to drink is a real challenge. One Sabbath afternoon while reading, I thought of a new acronym that might help. FARM STEW: Farming, Attitude, Rest, Meals, Sanitation, Temperance, Exercise and Water. I hoped that FARM STEW would evoke the image of a hearty and healthful soup made of locally grown crops, like Jacob's irresistible lentil stew with which he gained his birthright.

I was given the opportunity to try out the idea in Uganda last fall. My first Sabbath there, I attended a church that was co-housed with an Adventist school with over 1,200 students, 70 percent of whom were Muslim. I was smitten by them! My official assignment was to work with a

farming cooperative whose 60,000 members had decided they wanted assistance learning to process the soybeans they grew, so we made "meals" in hands-on vegetarian cooking classes, featuring soy and using the Bible as our primary text. The community response was tremendously positive.

I partnered with four local Adventist church members and formed a soy nutrition team. So far, this team of Ugandans has trained over 4,000 people, exposing them to the everlasting gospel as well. Their witness was the tipping point that gave me the strength to join the Adventist church, with peace that passed my understanding, even in the face of harsh critique. They sent pictures of hundreds of Ugandan Adventists praying for me!

Since then, God has been flinging doors wide open. Most recently, I served as a volunteer with *It Is Written* in Zimbabwe and engaged with local conference and union leaders with whom this message also resonated. We focused more on farming, putting in a demonstration vegetable plot at the conference office. Most recently, I've been asked to serve on the board of Global Humanitarian Outreach, a not-for-profit in Collegedale, Tennessee, to expand the work of FARM STEW.

My dream is that FARM STEW (facebook.com/FARMSTEW/) could mobilize a global Adventist workforce, in highly efficient, small teams, to reach out with the love and healing power of Jesus to villages, towns and cities starting in Uganda and Zimbabwe.

You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore (Psalm 16:11 NIV).

Joy Kauffman is a member of Princeton Seventh-day Adventist Church, in Princeton, Illinois, and can be reached at: Joykauff@gmail.com or 434-409-0866.

CHURCH SERVICE

BY DEBBIE MICHEL

As the worshippers file out of the sanctuary after church on a recent Sabbath afternoon, they head toward the popular communal spot. It's an attractively decorated counter lined with dispensers of chilled, fruit-flavored water in the names of lime-berry, lemon-berry, orange-berry, enough to whet the congregants' appetites. Outfitted in black aprons bearing the Bolingbrook Church name, servers banter and hand out the water, along with fresh fruit cups and unsalted nuts. While it's not a full-course meal, people linger to sip and fellowship in the airy, sun-filled corridor. Only a year old, Sabbath Café, as it is known, has become a crucial ministry, creating a space to lounge long past the worship service.

"This is a connection point," says José Saint Phard, who has led Bolingbrook Church for the last four years as its pastor. "Sabbath Café has given people a place to serve and get to know one another and make everyone feel welcome." An energetic, Haitian immigrant, José is widely credited with engaging the multi-ethnic, multi-generational church in a culture of discipleship, where no one is left out, including a member of the Sabbath Café team who job chops lemons though a quadriplegic.

Bolingbrook Church, located in the southwest Chicago suburb, has seen its contemporary worship service attendance jump sixfold, from an average of 70 to 425 attendees over the past four years, fueled in large measure by a willingness to try new ideas, as long as they are in harmony with Christ's commission. The service starts later, at noon, and lasts only one hour and 15 minutes.

This "gracious flexibility," José says, is to bring people up to where Jesus is, without watering down the love of God. The church has come to value the Sabbath Café as an "entering wedge" for new members to connect and grow a strong spiritual life in Christ. "It's a safe space to serve," says José. "You don't have to know everything — just a willingness to learn what it means to give back."

The idea for the café was sparked by newly baptized member, Erik Clark, who was inspired to bring bagels for members one Sabbath. The response went beyond his expectation. "All of a sudden, the ministry started picking up and growing more and more," says the 32-year-old general manager of Panera Bread.

Sabbath Café received a boost when the church outgrew its location and resorted to renting a Sunday church facility, a contemporary structure in an industrial park. That church



Photos by Jean-Fr es Michel



already had a café in place, and José encouraged Erik to continue the ministry in the new location. Bolingbrook Church serves potluck once a month and the café is in operation the remaining three Sabbaths. On the Sabbath Café menu one week is “Garden Sabbath” where fruit-flavored water and fruit cups are served; another week it’s “Breads and Spreads”; in the warmer months, it’s “Smoothie Sabbath,” featuring creative drink names such as Adam and Eve (strawberry, banana), Passion of Christ (mango, pineapple), while in cooler months it’s “Cozy Sabbath” with warm drinks served.

ERIK’S FAITH JOURNEY

Erik left the church 15 years ago when Saturday morning basketball games lured him away. He went through his teen years and early adulthood questioning whether the Bible was really true. “How can these things [he read in the Bible] be true? Where did dinosaurs come from?” he says he wondered. Then, one night, he had a dream. He says he came to the conclusion that we use only ten percent of our brain and the rest is unlocked when we get to heaven. He made the decision to stop questioning the Bible, even if some of its contents remained a mystery to him.

Two years ago, his sister returned to the Adventist church. When she was baptized in New York, it reawakened a spiritual desire, first in his



Erik Clark at his baptism with Jose Saint-Phard, pastor

mom, and then him. Erik and his mother soon began attending the Bolingbrook Church and were drawn to the messages like hungry souls.

His return to church created a dilemma for him at work. As the general manager, he was responsible for opening the business on Saturdays and, as a result, he would sometimes skip church services. But then he began praying. Within six months, his schedule changed where, instead of working Sabbath mornings, he would work Sabbath afternoons. Six months later he was transferred to another branch where he no longer had to work Sabbaths. Since his baptism last August, he has found meaning in his life. Before, his job was means to an end, a paycheck, and he went there to impress people, and when customers complained about the service, he became frustrated because he wanted so much to please them. Now, he has a whole new outlook when dealing with customer complaints. “I realized that God put that person in my path to do something about it — to show him to them,” he says. He’s learning to trust the Bread of Life for everything and looking to him for answers for everything that troubles him. “I’ve learned I’m not serving a corporation ... I’m serving God.”

As his faith increases, he has seen God open up opportunities to further help Bolingbrook Church fulfill its mission of *Creating spaces for the people God misses most*. “I’m always thinking, *Who are we going to touch today? Who are we going to impress God’s love on today? Who are we bringing closer to God?*”

Since learning about proper nutrition, he has changed his own personal eating habits and incorporates what he learns into the Sabbath Café. For instance, at one point, the smoothies contained dairy milk. “They were good!” says Erik. “But I always ask God what to do and he said, ‘Think about the temple’. I didn’t know what that meant exactly.” Until one Sabbath someone asked him if the smoothies had dairy because she was lactose-intolerant. “It clicked,” he says. “We need to serve what’s good for the temple and that means doing what

he tells us to do.” Since then, Sabbath Café no longer serves dairy or sweets, because “The café is about taking care of the temple,” he says with a smile.

Erik experiences miracles in the café, along the lines of the feeding of the 5,000. He recalls one Sabbath where they only had 200 cups to serve drinks. He later discovered that there were over 400 people in attendance that Sabbath, yet everyone got a drink. “How?” he asks, still marveling at the modern-day miracle. “There were no refills and people weren’t sharing cups!”

GROUP GROWS STRONGER TOGETHER

The group of 20 individuals serving in the café each month under Erik’s leadership has coalesced. They’re a close-knit group, keeping in touch during the week by sending text messages with scripture and praying for each other. Raija Aguilar, a member for the past year, says that this is the first time church people have become her friends outside the building. “They have become so much more to me — they’re like a family,” she says during a break at the café.

Family. It’s what you hear repeatedly from everyone serving in the Sabbath Café group. Eve Barrea was baptized in November of 2015, along with Raija, and attributes her consistent church attendance to the friends she made there, and, just as importantly, the pastor. José has a way of knowing what to say to you. “He makes you see God in a whole new light,” said Eve, who renounced her former beliefs when she became an active member of the Seventh-day Adventist Church.

The Illinois Conference has given José strong support to continue experimenting with new ways to reach the lost and nurture disciples of Christ. As Bolingbrook wrestles with the prospect of outgrowing the current 450-seat facility, Ray Pichette, Illinois Conference president, supports the idea of planting new churches or having multiple campuses across Chicago. “This is how you define a win,” says Ray. “It’s the pastor with the most churches,” as opposed to having the largest congregation.

For José and his team, this is an exciting time as they try to find “more creative spaces.” As they move forward in prayer, they seek to strengthen their connection with a God who invites them to come and sup with him. After someone accepts that invitation and visits the church, José wants it to be an attractive space where they feel like a V.I.P. as they enter, which leads them to quickly “jump right in and start working,” which is what discipleship is all about.

Debbie Michel is managing editor of the *Lake Union Herald* and associate communication director for the Lake Union Conference.

FIT FOR THE CROSS

As bulldozers rumble outside the gym across from a busy supermarket in downtown Berrien Springs, Michigan, there is a sea of calm inside the nondescript building. Seated in a circle on the floor, the toned and sweaty gym members hold their ankles and press their faces toward the floor. Music plays softly in the background as the instructor asks, "Who can touch your nose to your knees?" Cross-Fit Berrien may look like your regular workout place, but it also doubles as a ministry for husband-and-wife team, Jeff and Joyce Tatarchuk.

Jean-Les Michel

BY DEBBIE MICHEL



Joyce and Jeff Tatarchuk



Louis Millen

When Jeff started his eighth business, CrossFit Berrien, in 2013, a gym was not what he initially had in mind. The self-described “serial entrepreneur” left Southern California to attend the Theological Seminary at Andrews University with the goal of a thrift store while completing his M.Div. He opened The Goods but, within months, disaster struck. His partner had a brain aneurism, leaving Jeff to run the business on his own. He quickly fell behind, unable to keep track of the inventory.

Around this time, he gained weight, going from 190 to 240 pounds and he was adamant that, “I didn’t want to leave the same way I came.” One of his seminary friends introduced him to CrossFit exercises — functional movements reflecting aspects of gymnastics, weightlifting, running, and rowing — which did not require a lot of equipment. He would work out consistently at the university’s gym, but needed more space and took the workout outdoors. But the weather turned cold and exercising outside was no longer an option.

It was at this time the thought came about: *Why not convert the thrift store into a gym?* “This is a perfect space for a CrossFit Gym,” he remembered his friends telling him. As he discussed the plans with them, he told them, “As long as we can cover our expenses here, I’ll be happy.” Covering his expenses meant thirty people signing up for a membership.

With encouragement from his seminary classmates, Jeff immediately embarked on putting the plans into motion. He went to a weekend training session and became a certified coach, liquidated the thrift store inventory and spent several thousand dollars on equipment outfitting the “box,” as CrossFit gyms are known. Two months later, right before Thanksgiving 2013, CrossFit Berrien was open for business with 29 members. With no advertising and relying on word of mouth, “We knew we were on to something,” he says.

From the outset, Jeff decided the business was going to function as more than a gym. “I’ve been an evangelist in Southern California and have been trying to reach people and reach out to the community, but I was hitting my head against the wall because it doesn’t seem we were reaching people outside the four walls,” says the 30-year-old.

Shortly after the gym opened, Jeff, who by now was joined by his wife Joyce in managing the business, began



Jean-Ives Michel



Louis Millen

Louis Millen

"I WON'T CONSIDER US A SUCCESS UNTIL WE'VE DONE MORE TO BETTER OUR COMMUNITY."

hosting a twice monthly Friday night Bible study called "Faith Rx," aimed at millennials. Many of the participants were from One Place Church on the campus of Andrews University where John Wheeler, a good friend of Jeff's, was the youth pastor.

Around this time Jeff and John realized that the gym would make an ideal place to host a field school, a hands-on training session which all seminarians are required to complete before graduation. They approached Ed Schmidt, associate director of the North American Division's Evangelism Institute (NADEI), and Ed concurred that it was a great idea. After Jeff and John returned from Christmas break, they brainstormed about what it should look like and what topics to cover, convinced it would have a different look and feel from the usual church event — think no lectures — while not shying away from core Adventist messages.

The gym space was transformed for the meetings with financial help from Pioneer Memorial Church. Boxes that members jump on for exercise were covered with tablecloths, and snacks placed on the makeshift tables. Jeff, John and Ed were the main evangelists and topics ranged from hell, the church, Sabbath and making time for God. "We didn't present it and just walk away," says John. "We wanted it to feel like a living room, where someone was talking with them, not at them. We did it in a way that was non-threatening." The casual atmosphere where a meal was served halfway through was meant to encourage dialogue and foster a closer interaction with the audience. Night after night, there was a steady attendance of between 40 and 50 people — young married couples, former and current Andrews University students, and teenagers along with their parents. Some of the attendees were also from the nearby mobile homes where the First Haitian-American Adventist Church has a ministry visiting residents each Sabbath afternoon. Toward the end of the meetings, 12 people made decisions for baptism or further study and, on the last day, a mobile home resident who had been depressed and contemplated ending her life was baptized.

The meetings in this non-traditional setting went beyond their expectations. "The model proved it was a

success," says John, who graduated from the seminary and is pursuing an M.B.A. in Grand Rapids, Michigan.

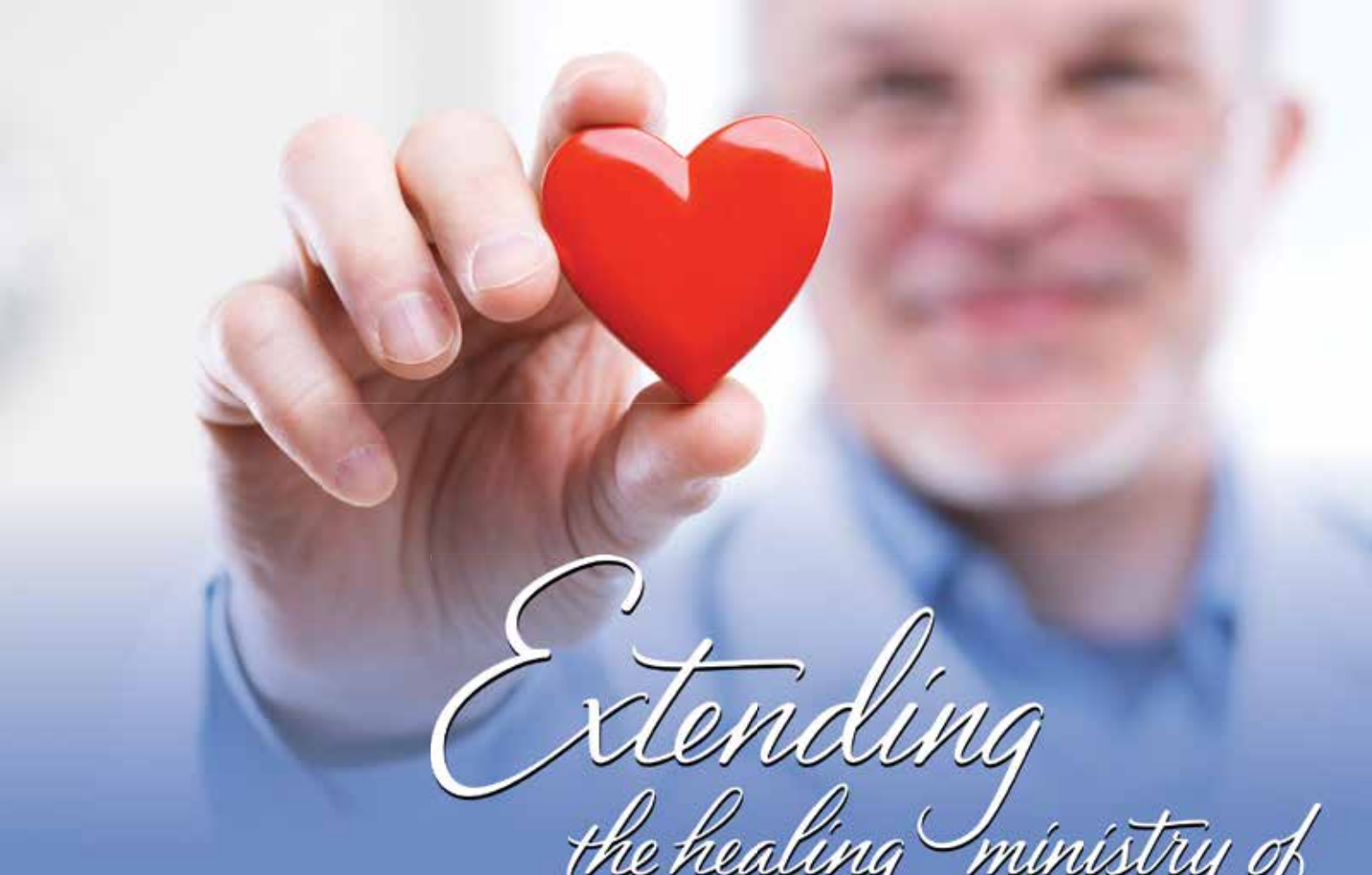
Jeff and Joyce believe that with CrossFit workouts, largely done in group sessions, the gym setting is highly conducive toward friendship evangelism. One of their CrossFit members whose father is a pastor has asked Jeff about the Sabbath. "He had a lot of questions," says Jeff. "I remember having that conversation with him and he goes, 'I get it!' after I showed him where Sunday worship originated."

It is moments such as these that encourage the Tatarchuks to keep pressing on. Jeff, a sponsored seminarian, graduated last December and made the decision to forego returning to Southern California. "I handed in my letter of resignation to the conference and told them this is where I feel God leading." Soon after the gym had opened, Joyce, who has a degree in elementary education, left her full-time teaching position at Ruth Murdoch Elementary School to manage the business's day-to-day operations. "I wake up every day with so much joy and look forward to going to work and seeing these people in my community every day," says the 27-year-old.

The couple would love to see churches open up their gymnasiums throughout the week for the community to exercise and bond in this natural setting. Jeff says this business model is ripe for discipleship opportunities. "It's interesting, as a pastor, people come to church, but they tell you, 'Don't tell me what to eat, what to wear or how to live my life — just get up there and preach and let me go about my business,'" says Jeff. "But at a gym, they're paying me to tell them how to eat, teach them how to move, what to wear, and they submit themselves. They want to get better so it has created this environment where they are apt to learn."

As the business continues to grow, the Tatarchuks are looking forward to making greater investments in their business and ministry. "There's no such thing as a successful business in an unsuccessful community. This should be the same concept for a church," says Jeff. "I won't consider us a success until we've done more to better our community."

Debbie Michel is managing editor of the *Lake Union Herald* and associate communication director for the Lake Union Conference.



Extending the healing ministry of Christ

A MISSION OF HOPE, HEALTH AND HEALING

BY JULIE BUSCH

In September this year, Adventist Health System and its sister healthcare organizations will celebrate 150 years of health ministry, beginning with the opening of the Western Health Reform Institute in Battle Creek, Michigan. Medical pioneers of the Seventh-day Adventist Church established an innovative health care program in 1866, looking to the healing ministry of Christ for inspiration.

During a time when many medical treatments were as harmful as the diseases they were intended to cure, the revolutionary health care center not only treated diseases, but also taught people how to prevent them through good nutrition, exercise and hygiene. It was a place where each person was valued as a creation of God, and where caregivers created a healing environment focused on providing extraordinary whole-person care. Their commitment and

philosophy continue today in hundreds of hospitals, nursing homes and clinics around the world.

Today Adventist Health System is a national leader in quality, safety and patient satisfaction, with 46 hospital campuses and nearly 78,000 employees. Although separated by geography, each of our facilities is united by the mission of *Extending the Healing Ministry of Christ*. Today we continue the tradition of whole-person care by practicing

and sharing CREATION Health, a blueprint for living a healthy, happy life based on the principles given in the Bible's creation story: Choice, Rest, Environment, Activity, Trust, Interpersonal relationships, Outlook and Nutrition.

A UNIQUE MINISTRY OPPORTUNITY

Everyone will be touched by healthcare during their lifetime. It doesn't matter your race, ethnicity, family history or religion — all will have this need. Many who live in the communities we serve may never visit an Adventist church. Many may never send their children to an Adventist school. But most will experience the Church's ministry of healing through our facilities, caregivers and community programs. We believe this is our unique ministry opportunity amidst the broader work of the Church.

In the Greater Chicago area, Adventist Health System operates four hospitals with a long history of community impact, which translates to a measurable increase in awareness of Adventism in the Lake Union.

ADVENTIST MEDICAL CENTER, BOLINGBROOK

Adventist Medical Center Bolingbrook enjoys significant community support in the southwestern Chicago suburbs that it serves, and it's easy to see why. "We do nearly 70 community outreach programs a year, from free screenings to educational programs, and we also offer health services to employers," says Rick Mace, chief executive officer of the 138-bed hospital in Bolingbrook, Illinois. "We are very visible in the community."

Recognizing that people seeking medical care want to stay close to home, the hospital also offers a wide array of outpatient services, such as bariatric surgery, interventional pain management, a mobile PET/CT service, and wound care/hyperbaric services. In December, the medical center opened a 24-bed geropsychiatry unit to address a growing community need for mental health treatment for older adults.

Looking ahead, Rick says the hospital plans to focus on enhancing existing services while establishing new ones, including more ambulatory care sites. "We want to continue reaching out to the community and serving people where they are," he says. "We're making an impact in the community."

ADVENTIST MEDICAL CENTER, LA GRANGE

At Adventist Medical Center La Grange, partnerships are pivotal to meeting community healthcare needs. The

hospital's operating strategies hinge largely on partnerships with community organizations, its physicians, and its sister hospital in Hinsdale, Illinois, says Michael Goebel, chief executive officer of Adventist Medical Center La Grange and Adventist Medical Center Hinsdale.

Since the La Grange hospital opened in 1955, "it has been known as a strong community hospital," Michael says. "There is a significant amount of ownership of this hospital by the community and the medical staff."

For the last 40 years, the hospital has played an important role in grooming young primary care doctors and encouraging them to stay in the community. Under the hospital's Family Practice Residency Program, medical school graduates serve their residencies at the hospital, doing clinical rotations and helping to run a medical clinic. Of the 204 graduates of the program, 42 are on staff at Adventist Medical Center La Grange and Adventist Medical Center Hinsdale.

The program serves "as a succession plan for family practice physicians in the community," Michael says. "It's also important to us because these doctors see patients and round in the building as they build their clinical skills."

Key strategic initiatives in recent years have included the 2015 addition of a 16-bed acute inpatient rehabilitation unit and the expansion and renovation of the hospital's Emergency Department.

The \$10 million Emergency Department project, expected to be completed this summer, will increase the number of treatment bays from 16 to 24. Each bay will be a private room enclosed with solid walls and a door, instead of the thin curtains that separate the current bays. A new Fast Track area for patients with more minor emergencies





Community members marvel at video screens depicting changes in season above a CT machine.



Associates and community members tour the facility at the dedication event.

will help decrease wait times for these patients and free up exam rooms for more serious cases. The project “will give us much more capacity to handle the volume we already have and, aesthetically, it will be a very well designed space,” Michael says.

The hospital has a special collaborative relationship with sister hospital Adventist Medical Center Hinsdale. About two miles separate the hospitals, and because of their proximity to each other, “we have worked to integrate the hospitals to operate as one organization and not to compete with each other,” Michael says. “We look at them as one organization with two campuses.”

The hospitals, which share the same senior management team, department leaders and medical staff, recently partnered to develop the new AMITA Health Cancer Institute & Outpatient Center, which opened February 8, in Hinsdale.

The new state-of-the-art facility and the Emergency Department expansion are examples of the patient benefits generated by the integration process, Michael says. “We have improved services and lowered costs for the people who use our organization,” he says, noting that the integration process has reduced total operating costs for the two hospitals by more than \$30 million during the last three years. Those savings, he adds, have been reinvested to expand the hospitals’ services and install state-of-the-art equipment in the new cancer institute.

“We’re always going to be looking to improve our services and deliver the best level of care we can possibly provide,” Michael says. “As the dynamics and economics of healthcare continue to change, and as we move more toward risk-based, contracted population health management, it’s all pointed toward taking great care of our population — and doing it in a very efficient manner.”

ADVENTIST MEDICAL CENTER, HINSDALE

For more than a century, Adventist Medical Center Hinsdale has provided superior healthcare with Christian compassion to residents in the western suburbs of Chicago. In 2012, the medical center opened a new \$75 million patient pavilion, featuring private suites and plenty of space to accommodate overnight guests.

In May 2015, Adventist Medical Center Hinsdale joined the approximate seven percent of the nation’s hospitals who have met the criteria needed to earn the respected Magnet designation for quality patient care, nursing excellence and innovation in professional nursing practice from the American Nurses Credentialing Center (ANCC).

“As a facility dedicated to extending the healing ministry of Jesus, we needed to live up to our mission and take steps to better serve our patients and our staff. To be a Magnet hospital means that we deliver the very best in care for our patients, while also providing opportunities for every nurse to become the best they can be through continuing education, training and empowerment,” says Michael.

The hospital is the only teaching hospital in DuPage County. Many of the medical staff members hold teaching positions at Chicago’s premier medical schools and academic medical centers, and participate in medical research studies and clinical trials. The medical center offers specialized services and technologies to treat a variety of serious health concerns, such as heart disease, cancer, stroke, neurological issues, orthopedic problems and pediatric conditions. The hospital is a leader in minimally invasive surgery and uses the da Vinci® Surgical System for all of its robotic minimally invasive procedures.

The AMITA Health Cancer Institute & Outpatient Center offers convenient, comprehensive care in a comforting healing environment. Patients benefit from the



Guests at the one-year anniversary and mission, vision, values celebrations were invited to sign a banner depicting the values.



Chaplains Christina Grys, Charlie Green and Alyssa Foll sing "The Mission" at a celebration event.

latest technology for cancer diagnosis and treatment and from having multiple services in one location.

"Patients are able to visit their doctor, have lab work performed, and receive chemotherapy and radiation treatments at the facility," Michael says. The project is a joint effort with Adventist Medical Center Hinsdale and Adventist Medical Center La Grange.

The new facility features two linear accelerators for radiation treatment and 28 chemotherapy infusion chairs, including 17 in private rooms, four in semi-private rooms, and seven in community rooms designed to foster patient-to-patient support and communication.

Imaging services also are available at the 54,000-square-foot facility including general as well as mammography and other imaging services. In addition, the facility will have 21 exam rooms for doctor-patient consultations, a testing laboratory and a pharmacy.

ADVENTIST MEDICAL CENTER, GLENOAKS

Serving Chicago's western suburbs for more than 30 years, Adventist Medical Center GlenOaks Hospital provides highly personalized, compassionate care and convenience of a local hospital, with all the benefits of the leading medical expertise and technological advancements.

The 143-bed hospital offers the full range of services including emergency medical care, cardiology/heart care, orthopedics, surgery and behavioral health services. The medical center features three Therapeutic Day Schools for children from third grade through high school that blends academic education with therapies that nurture each student's emotional growth and independence. A Transition Program helps young adults gain the life skills they need to promote independence.

A significant renovation of the facility was completed last year, with new technologies and aesthetic updates to

all private patient rooms on our medical/surgical units now open. The renovation highlighted the hospital's healing ministry exemplified by CREATION Health, the Creation-based lifestyle for optimal wellness with eight guiding principles: Choice, Rest, Environment, Activity, Trust in God, Interpersonal Relationships, Outlook and Nutrition.

When in alignment with these eight guiding principles, we are CREATION-healthy as God intended. These guiding principles are infused into aspects of patient care, from encouraging rest, to delivering a healing environment, to focusing on good nutrition and much more.

"We understand what we see influences us and the environment around us makes a huge impact not only on our mood, but on our health," said Bruce C. Christian, chief executive officer, Adventist Medical Center GlenOaks. "With Adventist GlenOaks Hospital's facility transformation, dramatic improvements were made to enhance our healing environment with the latest in patient-centric design, including colors, lighting, soundproofing, finishes, artwork and more. Our new environment is designed to help create a greater sense of peace and well-being for everyone who comes through our doors."

OUR VISION FOR THE FUTURE

At the top of Adventist Health System's vision statement, you will find a text from Jeremiah that serves as inspiration to all that we do: *Seek the peace and prosperity of the city to which I have carried you ... because if it prospers, you too will prosper* (Jeremiah 29:7 NIV).

We believe that we have a clear responsibility to do everything we are able to — not only provide healing, but offer peace, comfort and prosperity to those we touch, as Christ did when he was on Earth.

Julie Busch is associate vice president of communications at AMITA Health.



Dr. Lanny Wilson and Healing Arts consultant Sue Kett at an exhibit showcasing Dr. Wilson's work.

Medical Arts Program showcases the healing benefits of creative outlets

Every day, medical professionals face stressful, emotionally-charged situations. Studies show physicians who pursue creative arts find it offers a healing outlet for the pressures and tensions of their work. The AMITA Health Medical Arts Program was established to showcase the artistic talents of physicians and encourage others to pursue their own creative talents.

Michael Brooks, family medicine physician at Adventist Hinsdale Medical Centers in Hinsdale and La Grange, speaks firsthand to the benefits of tapping into his creative side.

"Painting is liberating for me," states Brooks. "I believe that a successful painting not only reproduces the visible; it brings to light emotions and meanings the artist wishes to convey. I once thought I had to give up art to be a physician, until my aunt reminded me that I am more than a doctor and I could pursue my painting without sacrificing my profession."

Sue Kett, Healing Arts consultant, directs the Healing Arts Program

currently in place at Adventist medical centers in the Chicago area. "We already have featured the works of three physicians," said Kett. "In previous months, we have showcased the oil paintings of Dr. Brooks. His artwork has been prominently displayed in the physicians' lounges of the Adventist Medical Centers Hinsdale and La Grange."

"We currently are featuring the watercolor paintings of retired plastic surgeon Dr. Deming Payne at Adventist Medical Center La Grange," said Kett.

The latest physician work to be showcased was the poetry, prose and essays of Lanny Wilson, now on display at Adventist Medical Center Hinsdale.

Wilson, who specializes in obstetrics and gynecology, strongly believes in the healing benefits of various art forms. "Art offers us different ways to draw out our humanity as physicians," he states. "Our medical staff lounges have to be safe havens. By filling our walls with inspiring artwork and prose from fellow physicians, rather than stress-inducing memos and notices, our lounges can become peaceful areas of inspiration and renewal."

According to Kett, physician interest in the new Medical Arts Program



Dr. Michael Brooks works on a new artwork piece.

is high. "Doctors are reaching out to me to share their own art pieces and stories," she said. "What's particularly rewarding is the opportunity for physicians to view their fellow practitioners in a new light. For example, even people who have known Dr. Brooks for years were amazed to learn of his talent as a painter and excited to view his work."

Kett also is working with several physicians who pursue music in their free time. "Dr. Ken O'Neil is a radiologist who performed in a jazz trio for Dr. Wilson's opening reception," said Kett. "We have many talented musicians on our medical staff and look forward to providing them with opportunities to share their talents as well."

Julie Busch is associate vice president of communications for AMITA Health.



After a personal thank you and encouragement from Larry Onsager, dean of libraries at Andrews University (center), students prepare to head out on their first visit to Benton Harbor schools to read and get creative with the children.

AU literacy program impacts Benton Harbor students

During a church-planting course, seminary student Carlisle Sutton was surprised by the demographics of Benton Harbor, a city 15 miles from the campus of Andrews University. The community's problems in the areas of food availability, employment, affordable housing, domestic violence, drug and alcohol abuse, and crime are greater than the national averages.

The areas of poverty and education provide examples. In one Benton Harbor school, 92 percent of the children benefit from the Free and Reduced Lunch program. Up to 50 percent of households make less than \$25,000 per year. In state testing, Benton Harbor schools fall well below the tenth percentile, meaning that the overall score for Benton Harbor is worse than that of 90 percent of Michigan schools.

With friends, Sutton founded the Human Empowerment Life Project (HELP) to address some of these needs. "HELP was designed to share Andrews' resources with individuals in Benton Harbor," Sutton explains.

Concurrently, Sarah Kimakwa, marketing and reference librarian for

James White Library at Andrews University, was building a children's literacy program for schools in Benton Harbor. "I wanted to celebrate National Library Week with the community," she says. When Sutton approached Kimakwa about the literacy portion of HELP, they joined forces. In the spring of 2015, Library and HELP volunteers initiated a reading program for Benton Harbor students in grades 1–4.

"We used a variety of stories with moral values," explains Sutton. "We expanded their vocabularies using key words. After the reading, we talked about the stories, evaluated their comprehension and offered them a creative opportunity." Art supplies were provided so the children could illustrate their learning. The illustrations were taken to James White Library and displayed in the gallery; parents were invited to come and enjoy the display.

"If children are equipped with reading skills, their lifelong learning is enhanced," says Kimakwa. "They are more likely to become responsible citizens. As we share Andrews' resources, our dream is for the community to regard us as partners."

Says Sutton, "The University's motto is 'Seek Knowledge. Affirm



Artwork by area elementary school students, based on the books Andrews students read to them, on display in the James White Library gallery on the University campus.

Faith. Change the World.' We want students to realize they don't have to graduate to change the world. They can start now in our own community." Currently, 32 University students from many departments and backgrounds participate in the literacy program. On Fridays, unless the schools have scheduled other educational activities, Andrews University volunteers reach nearly 180 children.

Involved University leadership includes Larry Onsager, dean of libraries, who sponsored the required background checks. Christon Arthur, dean of the School of Graduate Studies & Research, provided funds for art supplies and coordinated meetings.

HELP and James White Library want to give each of the 180 children copies of the four books they've been using. The average cost of one book is \$10. You can help by making a tax-deductible contribution at <http://www.andrews.edu/go/give> (select "other" and specify HELP).

"We hope they will take the books home and share them with their siblings," says Kimakwa. "Communities are transformed through the empowerment of their children."

Becky St. Clair, media communications manager, Andrews University

[LOCAL CHURCH NEWS]

Buchanan Church holds "Safety Sabbath"

Michigan—Heeding the call for every church to get ready for emergencies, the Buchanan Seventh-day Adventist Church held a safety drill on Sabbath, March 26.

Harvey Burnett, sergeant and assistant emergency management coordinator of the Buchanan Police Department and local church elder, began by explaining to the congregation what would happen during the drill and for everyone to not be alarmed. Alex Bormotov, also an elder, then announced a fictitious scenario. He told everyone to move quickly toward the center aisle and remain seated, quiet and calm. Lights were turned out. The deaconesses closed the shades while the deacons made sure all the outside doors and entry doors to the sanctuary were closed and locked. A check of the building also was made to assure that all people were in the safety of the locked sanctuary. Everyone remained quiet and calm during the 20-minute drill, until the "all clear" was announced. The church service then returned to normal.



Buchanan Church members move to the center of the church as a deacon closes the blinds during the Safety Sabbath lockdown drill.

Before "Safety Sabbath," as the day was called, a safety team was formed to prepare appropriate plans. Burnett, Phil Seitenstich and John Nichols, church deacons, prepared a document with information on five likely situations for the churches in this area. They drafted a written Emergency Operations Plan, mimicking what schools are required to have, addressing critical basic components of what is needed for most church emergencies.

According to Burnett, there was a good level of cooperation. This drill was done in collaboration with the Berrien County Sheriff's Emergency Management Office and a report will be filed with them.

Bruce Christensen, communication secretary for the Buchanan Seventh-day Adventist Church



Harvey Burnett

Terre Haute churches get FCC Certification for FM radio station

Indiana—After five years and competing with 12 original applications, the Terre Haute, Lewis and Greencastle Seventh-day Adventist churches in Indiana have received a Federal Communications Commission (FCC) certification to run a full-power FM radio station to spread the gospel. Plans now are to rent an existing tower in West Terre Haute and open an office to support the radio station. The station's frequency will be 107.5. With a 25-mile radius of coverage in all directions from the West Terre Haute tower, the new station will provide 3ABN radio



Herb Wrate

network programming as well as local programming in the future. Lewis church member, Herb Wrate, who served as chairman of the committee formed to secure the license, says that

they expect the main audience for the station would be people at home, rather than those traveling through Interstate 70, the major artery running through Terra Haute. Nevertheless, the group is ecstatic about the potential to reach a whole new audience. Wrate recalls that when the news was announced in one of the churches, the congregation immediately rose and began singing, "Praise God from who all blessings flow, praise him all creatures here below, praise him above the heavenly host, praise Father, Son and Holy Ghost!"

Colleen Kelly is communications and marketing specialist at the Indiana Conference of Seventh-day Adventists.



Photos by Deborah Park

Students staged history lesson at Ruth Murdoch Elementary School.

[EDUCATION NEWS]

RMES teacher uses creative method to teach history

Michigan—When teaching American History, or history of any kind, we ask our kids to “picture the scene” in your mind as we recount for them the story of an event. At Ruth Murdoch Elementary School, in Deborah Park’s sixth grade, she takes it a bit further with her “Picture That! The Story of American History” end-of-the-spring program.

“There is no better way to learn something yourself than to teach it to others and that is what my students do when they put on this program,” says Park.

Together with her students and the help of volunteers, the 10-foot frame, which serves as the main set, is made from wood framing covered with cardboard and painted gold. Backdrops were drawn and painted on bulletin board paper by students for scripted scenes assigned to students to read in the presentation. The scripts were written by Park to cover major events from their studies, but also could be written by

students themselves. Each student was costumed as an American colonist or British soldier with costumes prepared by parents or from Park’s collection — an easy way of turning thrift store items into costumes and props. Several of this year’s newer costumes were made by Llana Chapman, a volunteer.

Four clamp lights were attached at the bottom of the frame for spotlights and a light was provided for the reader’s podium. Students carried on backdrops and props into the frame in the darkened room and set up a scene while a reader stepped to the podium. Within moments, everything was readied; from off set, the lights were turned on to the scene and a reader shared the script. When the reader was finished, lights went off and a new scene and reader were quickly put in place. With sufficient practice, students were able to put on the entire program without any direction from their teacher. The program ended with the audience standing to say the Pledge of Allegiance and singing the national anthem while viewing the final scene of the Statue of Liberty and the American flag.

“I really liked your program,” said kindergartener Lilly.



Photos from top to bottom: Boston Massacre, France’s gift to the U.S. for partnership in the Revolutionary War, French Indian War, signing of the Declaration of Independence

And a fourth-grader commented on his way out, “I can’t wait until I’m in sixth grade so I can do that.”

One parent, Ruth Mwashanga said, “Everything was beautiful and educational. Every child showed the passion of what they were doing and also that they knew what they were doing.”

The sixth-graders themselves said they “would never forget what they learned in history class this year!” and “This was so much fun!”

Deborah Park teaches 6th grade at Ruth Murdoch Elementary School.

Over \$60,000 earmarked for youth evangelism

The Youth Evangelism Congress, organized by the Lake Union Conference every other year, met in Chicago Feb. 12–14 with the purpose of creating a meeting place where youth and pastors could unite their efforts in furthering the Kingdom of God at the local church level.

As its name suggests, all presentations and general sessions revolved around evangelism. Main speaker Jeffrey Rosario shared his spiritual journey with a passion that ignited the hearts of the attendees. Thirteen presenters shared their ministry ideas and experiences in a fresh TED-talk style. These ideas were then fleshed out by the attendees themselves who were challenged to figure out how they could implement them at their local church. From sharing the gospel by serving the community (Terez Edmonds and Sandrew King) to using the arts to preach (Petr Cincala and Kathy Griffin), handing out GLOW tracts creatively (Joe Reeves), starting mentoring programs (Toson Knight), reaching out to children (Sherri Uhrig, Scott Schalk, Maurice Small and Pamela Daly), doing meaningful youth ministry (Kurtis Lam and Jonathan Swan) and sharing the Christian faith on a public campus (Scott Ward and Josephine Elia), senior youth and young adults alike were introduced to 13 different ways of spreading the gospel with those around them. Breakout sessions allowed them to go deeper into the evangelism idea of their choice.

The event, which had as its theme “Called to Serve,” did not end with the passive intake of these captivating ministries, however. With the purpose of enabling senior youth and young adults to live their *calling to serve* beyond this event, the Lake Union Conference made available \$32,500 to fund



Attendees at the Youth Evangelism Congress in Chicago were given the charge to live their calling to serve.

Calvin Bellas



Waukegan Shalem Church received funds for a youth-led evangelism program

Eliud Sicaud

evangelism projects presented by senior youth and young adults, ages 16 to 35, on a first-come-first-serve basis. This amount is to be matched by the local church.

As a result, the Lake Union Conference received a total of 18 applications, of which 14 received funding. This means 14 churches will be investing a total of \$65,000 in evangelism projects led by their youth throughout 2016.

In the words of one of the attendees, “This experience has made me realize that I can make a change at

my church no matter what age I am.” Another said, “It meant a lot to me. I was able to get ideas that I can take back with me. Also, the testimonies touched my heart. I am excited about what God will do in our lives.” That is what we aim for: give senior youth and young adults the opportunity to lead evangelism projects that will make a difference for eternity.

Alexandra Mora is Youth Evangelism Congress director.



Andrews University Integrated Marketing and Communication photography team

Participants in the Children's Leadership Conference received training to serve God's children.

Children's Leadership Conference spotlights beauty of diversity

Michigan—"All God's Children Got Shoes," the theme of this year's Children's Leadership Conference held on the campus of Andrews University April 22–24, focused on the beauty of diversity among God's children.

Among the presenters were Linda Koh, General Conference Children's Ministries director; Sherri Uhrig, North American Division Children's Ministries director; Melanie Cruz, assistant Children's Ministries director of the NAD; and Marc Raphael, children/family pastor of Mt. Rubidoux Church in California.

Many of the tracks fulfilled requirements for the basic and advanced certification in children's ministries. One highlight was the children's track, a program for children of registered attendees, and run by children's leaders of the Grace Place Church in South Bend, Ind.

Other highlights included the prayer room, coordinated by Carolyn Lamb, which offered interactive activities leaders could use to promote

prayer in children, such as sensory tools like play dough.

Participants had a lot from which to choose and Shawna Henry, Children's Ministries director for the Center for Youth Evangelism/NAD Kids' Center, said this posed a challenge for some attendees. "One person mused aloud, 'Which one of these classes should I attend? There are so many good workshops — I need another me!'"

One attendee, Eulalie Semper, Children's Ministry director of the South Leeward Mission of Seventh-day Adventists, traveled from the Caribbean island of Antigua and said the conference was "comprehensive and exciting."

With the close of the conference, Gloria Trotman, educator and retired Children's Ministries director of the Inter-American Division, said she hoped "children's leaders throughout the Lake Union and beyond left the conference empowered to move ahead with fresh ideas, new tools and renewed commitment to serve God's children."

Henry concurred, "We must strive to be closer to Jesus, the friend of children. As we journey, let us put on our shoes of energetic commitment, unity of purpose and undiluted excellence."

The annual conference is sponsored by the Center for Youth Evangelism, North American Division Children's Ministry, and Lake Union Youth Department.

Gloria Trotman, retired children's ministries director of the Inter-American Division; Shawna Henry, children's ministries director for the Center for Youth Evangelism/NAD Kids' Center in Berrien Springs, Mich..



"All God's Children Got Shoes" was the theme for the Children's Leadership Conference.



Rosanne Mercado

John and Millie Youngberg, WIN! Wellness

ASI thriving in the Lake Union

On the weekend of April 15–16, the Lake Union Chapter of Adventist-laymen's Services and Industries (ASI) held their annual meeting in St. Joseph, Mich. A diverse crowd of 108 business owners and individual professionals came together to share testimonies of how God has been working and learn future goals of ASI. "We want you to go home on fire," ASI President Steve Dickman said to the attendees. ASI believes that the work of laypeople is critical to finishing God's work, as evidenced in part of their motto: "Sharing Christ in the Marketplace." "[We want to use it] not just as a model, but to practice it," said Viorel Catarama, a general contractor and owner of Catarama Homes.

Dickman announced that this year's offerings would be divided between three ministries: ASAP (Advocates for Southeast Asians and the Persecuted), Las Palmas Orphanage in the Dominican

Republic, and funding for 2017 ASI mission trips. The goal was \$6,700; the total came to \$10,729.

Garren and Bonnie Dent represented Harbor of Hope church and announced that, after years of renting a building and facing various restrictions from the property owner, God answered prayers by helping the church raise enough money to buy a building of their own. The facility is currently undergoing renovation, and the church is excited to expand the ministry that Harbor of Hope provides with much more freedom than they had before.

Andrews University student Emory Dent shared how he and other students have "put feet to their faith" and started the Least of These Ministries. Participants make monthly trips to Chicago to pass out personal hygiene supplies, snacks and other small gifts to the homeless, building relationships and ministering in the process.

John and Millie Youngberg glowed with excitement sharing stories of

God's work through their organization, WIN! Wellness. Their goal is to help people "live longer, healthier, happier and holier." The Youngbergs are about to visit their sixth continent, where they will teach about physical health, healthy family life and spiritual wellbeing. Their books on these subjects are translated into 18 languages, resulting in many baptisms all over the world.

Country Life Natural Foods, a ministry of non-profit organization in Oak Haven, delivers organic and vegetarian foods to 18 states in North America. They also build relationships with customers and use these opportunities to share Jesus. They are developing ties with the Dominican Republic which has been a focus location for ASI work.

Ty Gibson, guest speaker for the weekend, talked about Lightbearers, a non-profit multimedia ministry dedicated to preaching the gospel through whatever mediums available. The ultimate goal is to make the gospel go viral worldwide.

Dickman said that one of ASI's biggest goals is to establish more One-Day Churches around the world. The church frames are set up within hours, providing people with a respectable place to worship. There are currently 7,000 One-Day Churches in the world, but at least 100,000 are needed. He hopes to find ways to financially sponsor such an undertaking.

Shannon Kelly is a journalism student at Andrews University.



Rosanne Mercado

Ty Gibson

[COMMUNITY NEWS]

"A Place To Grow" records life in Berrien Springs through film

Michigan—Nearly 1,200 community members gathered at the Howard Performing Arts Center on the Andrews University campus on April 17 and 18 for a screening of "A Place to Grow," a documentary chronicling a year in the life of Berrien Springs, home of Andrews University.

Mike Hildebrand, Oronoko Township supervisor and member of the film committee, said the film was made to inspire community spirit as "there are so many little compartments in the town that don't interact with each other, and so it was a good feeling seeing the whole town under one roof, hanging out and visiting," he said. "This film was sort of a little string that sewed everything together."

The idea of using a film to promote the town originated with David Fachner, vice president of advancement at Andrews University, film committee chairman and executive producer, inspired by the "Day in the Life of Berrien" slideshow event created by students at Andrews University 20 years ago.

Lifelong Berrien resident, Andrews University alum and filmmaker, Pieter Damsteegt, who began filming the documentary in April 2015, took viewers into riverboats, grain fields and above rooftops through footage acquired via drones. "I'd like the viewer to get a better perspective on Berrien Springs and understand a few things on [the town's] background so that they can unite together to make the community a better place," Damsteegt said was what he hoped to convey in the 54-minute film. "Life is about the journey as much as it is in the relationships and bridge-building. Sometimes we get so focused on the journey that we forget the moment and those around us."

Reflecting the substantial turnout numbers, community response to the film was primarily positive. "I came away with a sense of awe and joy at seeing so many



Filmmaker Pieter Damsteegt meets with guests after a screening of "A Place to Grow."



Oronoko Township supervisor Mike Hildebrand presents Andrews University president Niels-Erik Andreassen locally-made milk and honey.

worthwhile things being highlighted," said 23-year Berrien resident William Fagal. "It was a very positive film and I was well impressed."

Following the film's release, Hildebrand said, "We don't want this momentum to fizzle. We need to continue on and not wait another 20 years to do it again."

A subsequent version of the film is currently in the works and will feature additional content on Andrews University

which will be shot in September, according to Fachner. The present version of the documentary will be made available free of charge online by the Berrien Springs Film Committee this fall. Until then, the film's trailer is available on Vimeo.com, <https://vimeo.com/161764737>.

Konner Dent is a junior English major at Southwestern Michigan College.

Announcements

Churches, schools, conferences, institutions and organizations may submit announcements to the *Lake Union Herald* through their local conference communication directors. An easy way to do this is to visit the *Lake Union Herald* website at <http://www.herald.lakeunion.org> and submit the announcement online. Readers may verify dates and times of programs with the respective sources, as these events are subject to change. Submission eligibility guidelines are listed at <http://www.herald.lakeunion.org>.

Indiana

Reserve your spot at Camp Meeting to be held **June 12-18** at Indiana Academy in Cicero. Enjoy a week of family life enriched with prayer ministry, evangelism, health messages and enlightening thought. The theme is "The Race to Victory" and is a play on words not only for followers of Jesus in the end times, but the life story of our main speaker, John Earnhardt. John's wife Crystal wrote a book called *Race to Victory Lane*, dedicated to the memory of John's cousin Dale Earnhardt, NASCAR winner of 76 races before his tragic death on the racetrack. John has made a life career working for NASCAR in a different role than his cousin. To register, call the conference office at 317-844-6201 or visit <http://www.indysda.org>.

Lake Region

The Public Affairs and Religious Liberty (PARL) Social Justice and Prophecy Conference seeks to leverage the issues surrounding the 2016 Presidential Campaign through the lens of social justice and prophecy. As one of the most underutilized ministries in the church, participants will leave this conference to transform PARL from a service to a ministry. This conference will take place **July 21-24** at the Detroit Metro Marriott Airport, located at 30559 Flynn Drive in Romulus, Mich. Special guests include Jamie Kowlessar, pastor, City Temple SDA Church, Dallas, Tex.; Dwayne Leslie, associate PARL director for the General Conference of Seventh-day Adventists; Lincoln Steed, editor for *Liberty* magazine; Greg Hamilton, president of the Northwest Religious Liberty Association; Nicholas Miller, PARL director for the Lake Union Conference; Rochelle Riley, columnist for the *Detroit Free Press*; and many more. For more information, visit

<http://www.lakeregionsda.org> or call 773-846-2661, ext. 202.

The Ypsilanti Prayer Ministry Team presents the 5th annual prayer summit, **Aug. 26-28**, at 402 South Adams, Ypsilanti, Mich., entitled "Latter Rain Awakening." Newton King, senior pastor, Maranatha Church, Miami Gardens, Fla., will be the featured speaker. For more information on fees for Sabbath lunch and Sunday brunch, fee for copy of Dennis Smith's book, general information and registration form, contact Catherine Wright at 734-484-3442 or Monica Johnson at 734-678-7467 or monykasu@att.net.

Lake Union

Offerings

- June 4** Local Church Budget
- June 11** World Budget (Multilingual Ministries/Chaplaincy Ministries)
- June 18** Local Church Budget
- June 25** Local Conference Advance
- July 2** Local Church Budget
- July 9** Women's Ministries
- July 16** Local Church Budget
- July 23** Local Conference Advance
- July 30** Illinois: *Go and Tell*; Indiana: Timber Ridge Camp; Lake Region: Conference Designated; Michigan: Conference Designated; Wisconsin: Outdoor Education

Thirteenth Sabbath Offering

- June 25** South Pacific Division
- Special Days**
- June 11** Women's Ministries Emphasis Day
- June 11** Refugees Awareness Sabbath
- July 9** Griggs University

Michigan

The Michigan Boarding Academies Alumni Association will host watermelon feeds on both Sabbath afternoons of Camp Meeting, **June 11 and 18**, at 3:00 p.m.

in front of the GLAA cafeteria. Alumni from Adelphian, Cedar Lake, Grand Ledge and Great Lakes Adventist academies are invited to come by for some watermelon and visiting.

The Michigan Boarding Academies Annual Alumni Golf Tournament will be held **June 17**. Registration is at 8:00 a.m. with tee-off at 9:00 a.m. Come join us for a great day of golf, and support the GLAA Worthy Student Fund. For more information, contact Skip Hann at 989-427-2460 or Arlene Leavitt at aleavitt@glaa.net or call 989-427-2420.

Adelphian Academy Alumni gathering will be held the weekend of **June 24-25**. Friday evening vespers will be at 7:30 p.m. in the Holly Church on Fish Lake Rd. Sabbath school will start at 9:15 a.m. Sabbath morning followed by the church service in the old Adelphian Academy chapel. Dinner will follow in the church school gymnasium. There will be a musical program at 3:00 p.m. in the Holly Church. Honor classes: 50-year class of 1966, 40-year class of 1976. There will be a meeting of the 65-year class of 1951. For more information, contact Peggy Hoffmeir at 248-467-0985.

North American Division

Madison College Alumni Homecoming is **June 24-26** on the Madison Academy campus. All graduates, attendees and friends are invited. For more information, contact Jim Culpepper, executive secretary/treasurer, at 615-415-1925.

Calling all Greater New York Academy Alumni! Please join us for our 95th Anniversary Reunion, honoring classes ending in 0 and 5, **Friday, Oct. 7 to Sunday, Oct. 9**, beginning with a Welcome Table supper at 6:00 p.m. For details and hotel information, contact us on Facebook on "Greater Nya"; by email at alumni@gnyacademy.org; or phone GNYA at 718-639-1752.

Join the Society of Adventist Communicators in Denver, Colo., from **Oct. 13-15**

for its annual convention for communication professionals and university students. The convention provides networking, learning and spiritual renewal opportunities. Find convention details online and register at <http://www.adventistcommunicator.org>.

Wisconsin

Notice is hereby given that the Wisconsin Conference of Seventh-day Adventists will hold a special constituency session, Sunday, **June 19, 2016**, at 11:00 a.m. at Camp Wakonda's Pioneer Pavilion, W8368 County Road E, Oxford, Wis. Duly-accredited delegates and delegates-at-large will be authorized to speak and vote on the recommendation of the Conference Executive Committee regarding the proposed wastewater treatment system for Wisconsin Academy. Delegates at this special session are the same ones that were elected and served at the regular session in October 2014. Each church is entitled to one delegate for the church organization and one additional delegate for each 25 members, or major fraction thereof. F. Brian Stephan, Executive Secretary/Treasurer

World Division

ASI International Convention 2016: Each year, ASI members, supporters, and friends gather at the ASI International Convention to encourage one another and exchange ideas vital to their lay-driven ministry goals. The annual convention is an energetic, inspiring affair where networks are formed and plans are made that one individual or institution could never accomplish alone. Those who attend the convention return to their local churches inspired and equipped to start lay outreach efforts in their own workplaces and communities. Best of all, eternal friendships are formed. This year's convention is being held **Aug. 3-6** at the Phoenix Convention Center. For more information, visit <http://www.asiministry.org/convention>.

Within the Lake Union, the officiating pastor or church communication leader is responsible for submission of information to this column. Forms are available in print format, or they can be filled out and submitted directly online. Milepost forms are available at <http://www.herald.lakeunion.org>. Conference addresses and phone numbers are listed in the masthead on the inside back cover.

Anniversaries



Frank and Elma Davis celebrated their 60th wedding anniversary on June 11, 2016, by a gathering of family and friends in the Parish Hall of the Shiloh Church in Chicago, Ill. They have been members of the Lake Region Churches for 63 years.

Frank Reid Davis and Elma Loretta Costen were married June 10, 1956, in New Haven, Conn., by the late Edgar Lockett. Frank, a retired general contractor, has served as National Alumni President of Oakwood University 1973-75 and served First Elder for many years. Elma is a retired nurse, was a stay-at-home mom and a colporteur, and has served various offices in the church.

The Davis family includes Jenal L. and Jerome Harris of Douglasville, Ga.; Marvin L. Davis of Richmond, Calif.; Silas M.D. and Rhoda Davis of San Antonio, Texas; Rodney A. and Esther Davis of Knoxville, Tenn., and six grandchildren.

Birthdays

Maxine (Stevenson) Mosher celebrated her 100th birthday on June 5, 2016, with an Open House at the St. Johns (Mich.) Church. She has been a member of the St. Johns Church for 60 years.

Maxine was married to the late Carl Mosher. She has been a teacher in eight-grade schools and kindergarten, taught four years in church schools, and led out and worked in Community Services for many years.

Maxine has three children: Sharon Rose Mosher of Ovid, Mich.; Robert C. and Marijane E. (Shuler) Mosher of Haslett, Mich.; David M. and Misako M. Mosher of Hiroshima, Japan; and two foster children: Donald Barret of College Place, Wash.; and Kelly (Donaldson) Hohlen of Doniphan, Neb. She also has five grandchildren and six great-grandchildren.

Obituaries

CASTELBUONO, Jacqueline (Cinquemani), age 96; born Dec. 18, 1919, in Milwaukee, Wis.; died April 22, 2016, in Berrien Springs, Mich. She was a member of the Pioneer Memorial Church, Berrien Springs.

Survivors include her son, Roy; daughter, Marilyn Castelbuono; three grandchildren; and two great-grandchildren.

Memorial services were conducted by Skip MacCarty, and interment was in Rose Hill Cemetery, Berrien Springs.

CORYELL, June Y. (Scott), age 92; born Sept. 21, 1923, in Salem, Mo.; died April 21, 2016, in St. Louis, Mo. She was a member of the Knoxville Avenue Church, Peoria, Ill.

Survivors include her son, Greg; daughter, Gail Sommerfeld; sisters, Peg Jenkins and Norma Smith; three grandchildren; and two great-grandchildren.

Funeral services were conducted by Jose LaPorte Jr., and interment was in Cedar Grove Cemetery, Salem.

DEFOE, Florence Ann (Long), age 79; born April 4, 1936, in Ashland, Wis.; died March 17, 2016, in Bayfield, Wis. She was a member of the Ashland Church.

Survivors include her daughter, Melanie DeFoe; and brother, Andrew "AJ" Long.

Funeral services were conducted by Myoung Kwon, and interment was in Greenwood Cemetery, Bayfield.

GIBSON, Agnes E. (Louiseau), age 100; born March 10, 1916, in Rainy River, Ontario, Canada; died April 3, 2016, in St. Joseph, Mich. She was a member of the Pioneer Memorial Church, Berrien Springs, Mich.

Survivors include her sons, Robert and Garth; sister, Margaret Squire; four grandchildren; and six great-grandchildren.

Memorial services were conducted by Don Dronen, and interment was in Rose Hill Cemetery, Berrien Springs.

JONES, Wilma (Snider), age 85; born Nov. 18, 1930, in Cannelton, Ind.; died April 12, 2016, in Troy, Ind. She was a member of the Tell City (Ind.) Church.

Survivors include her stepsons, Marty and Tim Jones; stepdaughters, Donna Kay Johnson and Shellie Jones; sisters, Zelma Fuchs, Eva Wittman and Eileen Talbott; several step-grandchildren; and several step-great-grandchildren.

Funeral services were conducted by Mel Matthews, and interment was in Greenwood Cemetery, Tell City.

LONGFELLOW, Duane E., age 87; born May 28, 1928, in Lovell, Wyo.; died April 2, 2016, in Kingman, Ariz. He was a member of the New Albany, Indianapolis, La Porte and Vincennes churches in Indiana, and the Milwaukee, Condordia, Baraboo and Eau Claire churches in Wisconsin.

Survivors include his wife, Ruby (Bullock); and sister, Veta Mae Wenzel.

Memorial services were conducted by Herman Bauman, with private interment, Kingman.

MATTHEW, Darlea S. (Whittaker), age 80; born Dec. 30, 1935, in Petoskey, Mich.; died March 3, 2016, in Walloon Lake, Mich. She was a member of the Petoskey Church.

Survivors include her husband, Larry; son, Mitchell; daughter, Debra Matthew; five grandchildren; and one great-grandchild.

No services are planned at this time; private interment.

MEYER, Virginia F. (Fex), age 90; born July 7, 1925, in Rhinelander, Wis.; died March 20, 2016, in Ogema, Wis. She was a member of the Tomahawk (Wis.) Church.

Survivors include her sons, Charles and Philip; six grandchildren; and four great-grandchildren.

Memorial services were conducted by Kevin Moreno, and interment was in Hillside Cemetery, Ogema.

MOSEBY, Ruby V. (Snider), age 91; born April 24, 1924, in Cannelton, Ind.; died Feb. 27, 2016, in Tell City, Ind. She was a member of the Tell City Church.

Survivors include her son, Charles; daughters, Darleen Ward and Darla Templin; sisters, Eva Wittman, Zelma Fuchs, Eileen Talbott and Wilma Jones; 10 grandchildren; and 18 great-grandchildren.

Funeral services were conducted by Ben Rake, and interment was in Greenwood Cemetery, Tell City.

ROBERTSON, Gary L., age 74; born July 3, 1941, in Indianapolis, Ind.; died March 20, 2016, in Cicero, Ind. He was a member of the Cicero Church.

Survivors include his wife, Barbara L. (Sanders); and brother, Bill G.

Memorial services were conducted by Vic Van Schaik and Aaron Clark, with private interment.

Sabbath Sunset Calendar

	Jun 3	Jun 10	Jun 17	Jun 24	Jul 1	Jul 8	Jul 15	Jul 22	Jul 29	Aug 5
Berrien Springs, Mich.	9:15	9:20	9:23	9:25	9:25	9:23	9:19	9:14	9:08	9:00
Chicago, Ill.	8:20	8:25	8:28	8:30	8:30	8:28	8:24	8:19	8:13	8:05
Detroit, Mich.	9:04	9:08	9:12	9:13	9:13	9:11	9:08	9:03	8:56	8:48
Indianapolis, Ind.	9:08	9:12	9:15	9:17	9:17	9:15	9:12	9:07	9:01	8:54
La Crosse, Wis.	8:41	8:46	8:49	8:51	8:51	8:49	8:45	8:40	8:32	8:24
Lansing, Mich.	9:11	9:15	9:19	9:20	9:20	9:18	9:15	9:09	9:03	8:54
Madison, Wis.	8:31	8:36	8:39	8:41	8:41	8:39	8:35	8:30	8:23	8:15
Springfield, Ill.	8:22	8:26	8:29	8:31	8:31	8:29	8:26	8:21	8:15	8:08

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MAKING A KINGDOM CONNECTION

BY GARY BURNS

“Hello, Pastor Burns, I'm Donna — Don and Dora Myers' daughter.” My mind flashed back to 1972, when I looked for the home of a “Dora Myers, Clarksville, Ohio.” She had sent in a card, requesting a book.

Though I never sold any books to Dora (I broke the record for “least books sold” that summer), I would stop by the Myers' home from time to time to give her copies of *Signs of the Times* and other free reading material and to pray. Her husband, Don, wasn't all that excited about me dropping by, until he discovered I had fished near their home and we began to swap fishing stories.

My summer had been very discouraging. Yet Dora and her family had made that summer one of my best ever. They were baptized after I returned to school and have been active leaders in the Wilmington Church ever since.

It was a surprise to see their daughter, Donna, after church several years ago and learn that my children's friend, Derek, was Don and Dora's grandson. And yesterday, I had the joy of sitting with Don and Dora at the “family table” during the reception of Derek and Youngeun's wedding. We commented how wonderful it will be when we sit together at our great reception in Heaven.

The Myers family was my first experience of seeing God bring people to himself through this young, ill-equipped 19-year-old, whom God used to make a Kingdom connection.

Don't be discouraged. Just get out there. Knock on a door. Make new friends for the Kingdom. Experience the joy of seeing God work through you! It may surprise you! and I guarantee, it will change your life, too!

Gary Burns is prayer coordinator for the Lake Union Conference.

Heaven's Lesson

BY HEAVEN SHIN

It was the day before our Greek gods play for our Western Heritage class and I was in a panic. My friend, Whitney, and I were set to play the role of Helen and Athena but we still hadn't found a dress for her. I scurried across campus, collecting different dresses that could suit her, and finally settled on a purple gown that I thought worked. The dress fit Whitney perfectly and I was excited about transforming her into a glamorous goddess, befitting her natural beauty. When my friends and I complemented her, she just smiled broadly.

Whitney was never one to boast, though she easily could have done so. While I struggled in Western Heritage, I remembered she was never behind in her work; whenever I went to her, she was always ready to help. She amazed me in all she was able to accomplish — 20 credits, double major, orchestra, quartet and more. Yet, she was always easygoing and never appeared stressed. I

would walk down the hall and ask her, "Teach me your way, Whitney," at which she would smile radiantly in the way I had come to expect.

While in Honduras serving as a short-term student missionary last Christmas break, news of Whitney's death stunned me. Just a few days earlier we were together in class and now to hear that she had died in her sleep after hiking in California was incomprehensible. After Whitney's death, I found myself having strange dreams, the last one on the morning of her memorial service at Andrews. In this dream, I saw her at school and told her, "I wish I could've been a better friend to you." She responded in a clear voice, "You have been a good friend, Heaven." I don't think this dream was Whitney actually speaking to me, but it led me



Whitney Watson and Heaven Shin

to think how important it is for us to value our friends.

As I was talking with another of Whitney's good friends, he told me that Whitney talked about the compliments I gave her. It was the last vespers we attended together and, as we were enjoying dinner, I told Whitney, "I think you're becoming even prettier!" It was a short compliment I

genuinely meant, but something that I didn't think she would treasure. I realized how often we don't actually express our praise, gratitude and love. We may think that kind words may not mean much but they may have made that person's day or encouraged them for another week.

Whitney's memorial service was a wonderful tribute to my friend, but as people spoke glowingly about her, I wondered how much of that she knew. I truly miss Whitney, but I have the blessed hope of seeing my friend again when Jesus comes where we can live together forever and I can tell her every day just how beautiful she is.

Heaven Shin is an Andrews University sophomore biology/pre-med honors student from South Korea.

When Duty Calls

BY DEBBIE MICHEL

Jonathan Babb's day usually revolves around ringing phones. When he answered the phone at the Three Angels Broadcasting Network call center on a recent day, instead of hearing the usual request for books or other material, the caller immediately launched into a litany of problems she was facing in her life. He listened patiently and, when the caller was through, asked, "Would you like to pray?"



Jonathan Babb

It was during times like these that Jonathan, the 27-year-old call center manager at 3ABN, reflected on how God was using him to connect with strangers around the world. "It helps keep me in touch with God, praying with them on the phone and keeping them uplifted before God," he says.

When he graduated from Union College in May 2012 with a degree in computer science, this was not the job he envisioned. Since the age of 15, he had volunteered at 3ABN and, after graduation, he planned to work in the secular world before returning to ministry. But, like most well-laid plans of man, they fell apart.

Since his promotion to call center manager in March, Jonathan is responsible for leading a staff of 18, most of them several years older than he. "Initially, it was intimidating," he says about the transition. "I felt a lot of pressure since I was not used to managing people who are older and more qualified than me."

His experience as a young manager has taught him to have a daily dependence on God. "It's easy to get overwhelmed — just the pressures of the day-to-day, [callers who] are upset or angry," he says. But then it hits him, he says: "God is ultimately in control and everything works out for his glory."

Jonathan has come to treasure maintaining an open line of communication — not just with his staff but, more importantly, with God. He remembers that from a young age he would "continually talk to God about every little thing that was going on in my life," and it has served him well over the years.

As an active member of the Thompsonville Church in Illinois, managing the church's video streaming and assisting the youth director, his advice to other youth is to, "Solidify that relationship with God while you're young, so it's easier to rely on him when trouble comes."

Debbie Michel is the associate director of communication for the Lake Union Conference.

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Contributors: Writer guidelines are available online at <http://herald.lakeunion.org>.

Indexed in the Seventh-day Adventist Periodical Index

I came so that they may **have** and **enjoy** life, and have it in **abundance**. — John 10:10

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