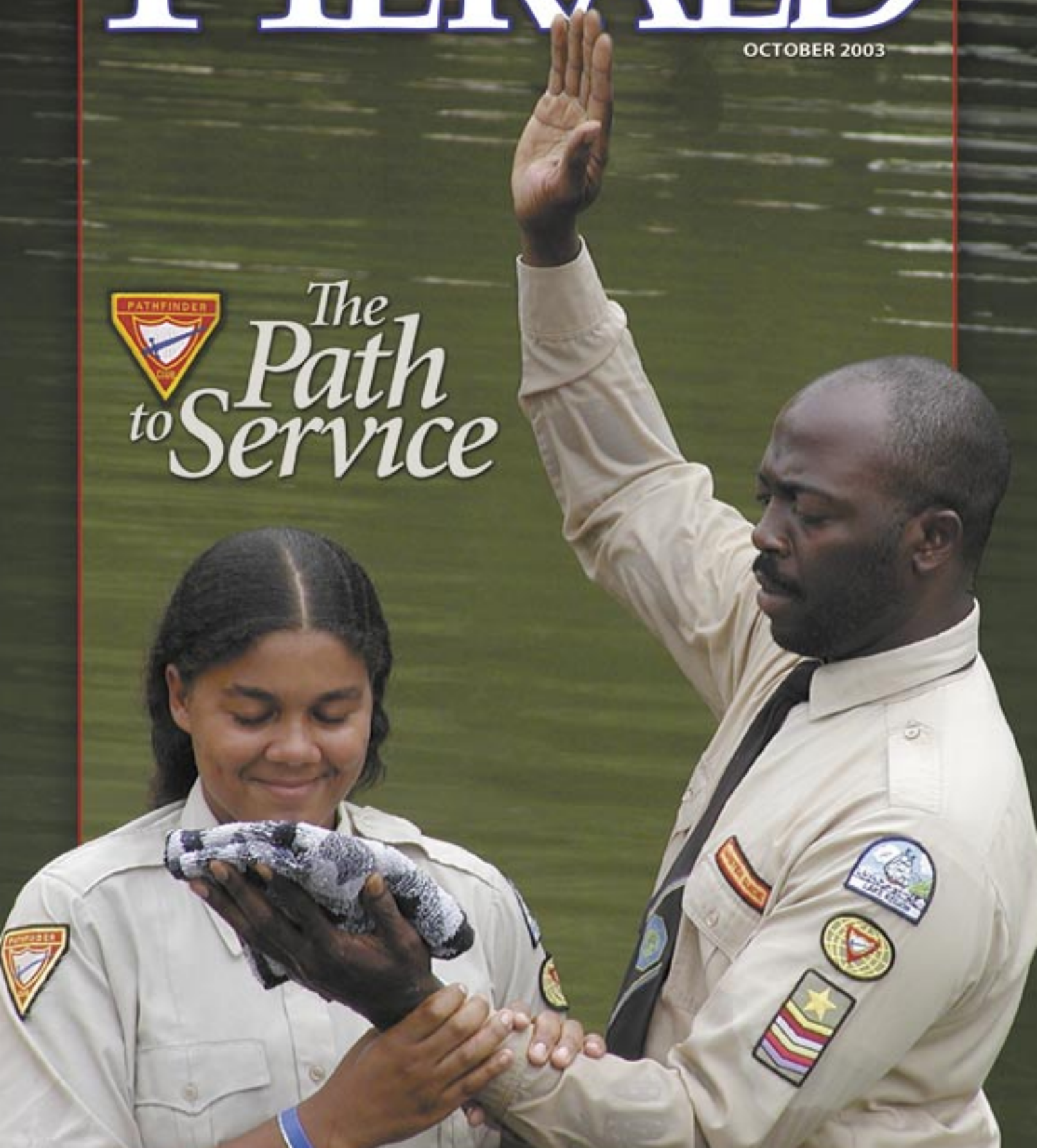


# Lake Union HERALD

OCTOBER 2003



The  
Path  
to Service



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## COVER

Photo by Celeste Ryan: Helping youth know God was the focus of an international camporee in Huntington County, Pennsylvania, sponsored by the Black Adventist Youth Director's Association (BAYDA), August 5-9. Featured on this month's cover is Asia Cartwright, 15, of Chicago's Shiloh Church, being baptized during the camporee by Leon George, Chicago Beacon of Joy Church pastor and Lake Region Conference Master Guide coordinator.

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BY WALTER L. WRIGHT,  
LAKE UNION CONFERENCE PRESIDENT

# "Hope for Our Day"

NOT A NEW CONCEPT

In preparing to write this month's editorial, it came acutely to my attention that this is Spirit of Prophecy month. I came across an article by Ellen White printed in our sister union paper, the *Atlantic Union Gleaner*, November 4, 1908. It fits so well with our efforts this month that I have decided to share parts of it with you.

"Those who have spiritual oversight of the church should devise ways and means by which an opportunity may be given to every member of the church to act some part in God's work. This has not always been done in the past. Plans have not been fully carried out whereby the talents of all might be employed in active service. ...

"The leaders in God's cause, as wise generals, are to lay plans for advance moves all along the line. In their planning, they are to give special study to the work that can be done by the laity for their friends and neighbors. The work of God in this earth can never be finished until the men and women comprising our church membership rally to the work and unite their efforts with those of ministers and church officers."

"In every church there is talent, which, with the right kind of labor, might be developed to become a great help in this work. There should be a well-organized plan ... to instruct the members how to labor for the up-building of the church, and also for unbelievers.

"That which is needed now for the up-building of our churches is the nice work of wise laborers to discern and develop talent in the church—talent that can be educated for the Master's service. Those who shall labor in visiting the churches should give the brethren and sisters instruction in practical methods of doing missionary work. Let there be a class for the training of the youth as well. Young men and women should be educated to become workers at home, in their own neighborhoods, and in the church.

"All this work of training should be accompanied with earnest seeking of the Lord for His Holy Spirit. Let this be urged upon those who are willing to give themselves to the Master's service."

Keeping all this counsel in mind, I shall expect a great gathering of Lake Union members at the Century Center in South Bend, Indiana, on October 24-26. *Hope for Our Day* is coming. Don't be left out.

EVANGELISM IN THE DOMINICAN REPUBLIC

# Reluctant Missionary

BY BJORN KARLMAN

After spending my childhood in the mission field and a year in my teens as a student missionary, I had taken a “been there, done that” attitude toward mission trips. So last school year when Andrews University recruiter Steve Yeagley asked me to come as a reporter on a church construction mission trip to the Dominican Republic, I was excited for the opportunity to travel and write, but less than ecstatic about the fact that the defining characteristic of the two weeks was mission.



Maranatha teen volunteers helped build this church at Villa Cerro, Dominican Republic.

Nevertheless, on Sunday, July 6, 2003, I landed in the Dominican capital, Santa Domingo, for Ultimate Workout 13, the latest of 13 annual mission trips for teens organized by Maranatha Volunteers International\* and *Insight* magazine. The group of 131 participants and staff members was split into four site groups. On Wednesday, 22 teens, nine staff members (including the site leader, Steve Yeagley, and the site pastor, Wanda Vaz, Andrews University associate dean of women), and I got on a bus bound for Villa Cerro, two hours east of Santa Domingo.

As the construction started on our site, the teens learned quickly; and by the end of the first week, they were already making impressive progress on the church. I, on the other hand, was advised repeatedly by one of the masons not to give up my day job as I was pathetic at laying block.

Although my distaste for block laying didn't change much over the two weeks, interviewing the teen participants and living alongside them helped me see the positive side of missions. The distance from home, bucket-flush toilets, very cramped living conditions, new food, and the challenge of getting to know lots of new people brought out the best in many of the teens and forged very strong bonds of friendship.



Jermey Weaver lays block on the new church building.

By the end of our two weeks, the basic structure of the church was largely finished, but as much as the new church would be of benefit to the locals, 15-year-old Jen Pugh from Richmond, Ontario, Canada, touched on what, perhaps, was one of the most important parts of the mission trip—the learning. “They



Bjorn Karlman, mission trip journalist, works on an article for *Insight* magazine in the elementary school where the group stayed.

(the locals) are always smiling, and they have nothing. We come here to help them, but by the time we leave, they've almost helped us more than we've helped them.”

Although the volunteers traveled to the Dominican Republic to build churches, Steve Case, the project director, made it abundantly clear that the primary goal was “spiritual transformation of the youth.” The real purpose of the Ultimate Workout is to put the young people in a position where they must depend on God. It provides opportunities to see God in ways that they might not see Him at home. And most of all it allows them the freedom to interact with and worship God on a level that is difficult to achieve while watching TV, skateboarding, or dealing with the pressures of high school.

Next year, volunteers will be heading to Peru. To learn more about how you can be a part of Ultimate Workout 14, visit [www.ultimateworkout.org](http://www.ultimateworkout.org) or [www.insightmagazine.org](http://www.insightmagazine.org).

\* Maranatha Volunteers International, based in Sacramento, California, is a non-profit Adventist organization committed to constructing urgently needed buildings through the use of volunteers. Since 1969, Maranatha has mobilized more than 50,000 volunteers to 61 countries all over the world.

Bjorn Karlman is an Andrews University senior international public relations and French major.

## Lake Region

Born in southern Indiana as the youngest of three children, **Keith Huett** at age five experienced the heartache and loneliness of having his father die from alcoholism. Teachings about Jesus and the Bible were absent in his home; however, he remembers that a neighborhood friend invited him to a nearby Baptist church. There he heard the term “saved” for the first time, but he didn’t understand what it meant. What did stick in his memory, however, was that God would burn everyone in hellfire if they were not Christians.



Keith Huett was baptized into the Adventist Church after studying *Amazing Facts* Bible lessons which he discovered while surfing the Internet.

As a teenager without much direction, Keith began smoking tobacco and marijuana, and started drinking. Keith excelled at school sports activities and dreamed of playing basketball in the big leagues. When circumstances

closed the door on his dreams of playing in the big leagues, Keith decided to try God again and became “saved.” Although he heard the pastor’s words about

what “being saved” meant, he really did not understand their spiritual meaning and continued practicing destructive habits.

Keith married his high school sweetheart, but his childhood circumstances had crippled his capacity to show love to her or anyone else, and the marriage ended in divorce two years later. To ease his pain and guilt, he began drinking again. Rejected by his own family, Keith became homeless with no place to go and no close friends. Even during this lowest point in his life, God was watching over His child.

One day when Keith was delivering a chest freezer, the man he delivered it to talked to him about Jesus. He also invited Keith to his church. During a church worship service, their pastor made statements which did not agree with Keith’s understanding of the Bible. Then a friend told him, “The seventh-day Sabbath is the Lord’s day.” At first, he laughed at his friend. But later as he was watching TV and searching the Internet, he learned about a set of Bible lessons from a Christian organization called *Amazing Facts*. He did their Bible lessons on the Internet, and what he learned amazed him. Keith also enjoyed listening to their Internet audio and video files. What he heard made sense to him, so he

continued listening, not yet knowing that *Amazing Facts* was a Seventh-day Adventist organization. Keith says, “I was intrigued by what I was learning, and for the first time understood my Bible.”

Sadly, Keith’s friend, who had told him about the Sabbath, died. His funeral was conducted in an Adventist church; and during the service, the pastor mentioned the Sabbath, bringing back memories of what his friend had told him earlier about the Sabbath being the Lord’s day.

Because Keith kept returning to the *Amazing Facts* Web site and listening to their audio files, he enrolled in another online Bible course. By the end of the year, he was becoming spiritually serious about the truths he had learned. Meeting a man at a local flea market who had attended his friend’s funeral service, Keith asked him if he was an Adventist and if he could attend church with him.

Keith began attending the Newburgh (Indiana) Church regularly; and after completing his *Amazing Facts* online Bible lessons and receiving his diploma, he requested baptism. On May 3, Richard Helzerman, Newburgh Church pastor, baptized him. After his baptism, Keith said, “Of all the decisions I have made in my life, I can confirm that this is the best one. Now I am sharing Jesus with others as they did with me.”

*Bruce Babienco, Lake Union Herald volunteer correspondent, with Keith Huett*

## Discipling Tips

You’ve heard of bridal showers and baby showers. But have you ever heard of a shower to celebrate a new birth in Christ?

One day I watched a friend rid his shelves of videos, books, and magazines that could dampen his new-found desire to walk with Christ. His empty shelves cried out for replacements that would help, not hinder, his spiritual growth. The idea for a “new Christian shower” was born.

This event could be your first step toward discipling a new member.

Invite some friends and ask them to bring items that will provide spiritual food for a new Christian. But be sure to give the most important gift of all—yourself. Offer to be a “traveling partner” for the first year or two of your “baby believer’s” new life in Christ.

— Taken from “A Baby (Believer) Shower,” by Rhonda Reese, published in *PlusLine Access*, April-June 1997.

# Sabbath School Celebrates 150<sup>th</sup> Anniversary

BY GARY B. SWANSON

Eighth-grader Eric Toms took the podium as Sabbath school superintendent of the Rhinelander (Wisconsin) Church on the morning of May 24. According to Principal Kathie Rowe, the premise of the program, entitled "The Learning Tree," was that for children to grow, they must have fertile soil and good roots—drawn from their homes, their church, and their church school—with the Holy Spirit nurturing it all. This program extended through the worship service and comprised a graduation ceremony, with junior high classmates presenting short sermons and memorized Scripture delivered as choral readings.

The involvement of youth has ever been an integral part of Sabbath school's history. In 1852, James White authored and published the first Sabbath school lessons in the inaugural issue of the *Youth's Instructor*. Ellen White describes his writing of this material during noon stops on an itinerary through New England: while the horse was feeding, he used the "dinner box" or the top of his hat as a desk to write on. The following year, 1853, in Rochester, New York, he organized the first Sabbath school. This year marks the 150th anniversary of that event.

Since that time, Sabbath school membership has exploded from a handful of believers in upstate New York to an estimated 14 million worldwide today. And Sabbath schools throughout the

Lake Union are exploring its enrichment through creative approaches to fellowship, outreach, and Bible study.

"Sabbath school was originally planned as an outreach," says Ernie Peckham, of Cicero, Indiana, "and the Cicero Church works to keep outreach an important part of their Sabbath school ministry. We have a ladies' class with a focused prayer ministry.

"The Sabbath school class has the unique opportunity to be the one natural-functioning small group that every church can have," Earnie



James White authored the first Sabbath school lessons which were published in the inaugural issue of the *Youth's Instructor* in 1852.

Church. "We found in our lessons on forgiveness a great opportunity to bridge the gap between generations. The lessons have more power when we apply them to our lives, when we share how God is working in our lives."

Another Hinsdale teacher, Walter Thompson, agrees: "I've been going to Sabbath school since I was six, and, to me, it's always been the best part of church. Sometimes I look at the new study topic and think, This doesn't interest me. But it's amazing—it seems a miracle—that no matter

what the topic of the Sabbath school lessons, they exactly fit the need of the times."

General Conference President Jan Paulsen has said that Sabbath school is like breakfast. For 150 years it has provided the spiritual nourishment that is needed to meet the challenges that arise during the rest of the week. And Lake Union Sabbath schools are enjoying this nourishment in creative and exciting ways.

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Gary Swanson is the editor of CQ, formerly Collegiate Quarterly, a devotional Bible study guide for young adults.



adds. "It is vital to the life of the church that members both progress spiritually and share with each other."

This is something that a class in Lansing, Michigan, has discovered as well. Sabbath school time just didn't seem long enough, so on Friday evenings 20 people gather for a light supper and thorough Bible study in the home of Ralph and Diane Stephan. "The class has a definite personality," Diane says, "with an emphasis on participation."

"The purpose of Sabbath school is Bible study, applying it to our everyday lives," says Manuel Alva, a teacher at the Hinsdale (Illinois)



# Why Ellen White?

BY MICHAEL W. CAMPBELL

I TOOK ONE LOOK AT A BURGUNDY-COLORED BOOK IN THE SEAT POCKET IN FRONT OF ME.

I was bored, and we hadn't even left on our trip to Andrews University. Not having anything better to do, I picked up the book and started reading. "Not bad," I thought to myself. Later I looked to see who the author was. Ellen White. I was surprised because I didn't think a 12-year-old kid like me could actually read her writings. I thought they were just for adults.

I had heard my mom mention Ellen White before we became Seventh-day Adventists. She later told me that Ellen White seemed like a good author who wrote about the life of Christ, but a neighbor friend told us that she was a cult prophet. My mom quickly threw all her Ellen White books in the trash.

But since then, we had Bible studies with an Adventist pastor who helped my family understand who Ellen White was. I hadn't really thought about the issue much. After all, I was just a kid. But now I was determined to find out for myself, and by reading *The Great Controversy* I thought I might just find out what she was like.

I found *The Great Controversy* story heart-gripping. I would later attribute my love for church history to having read this book. But I wasn't going to just read the book. I discovered upon our arrival at Andrews University that there was

*I was a little bit surprised to discover that Ellen White was a fun person to be around.*

a branch office of the Ellen G. White Estate there where I could find out more about this supposed prophet.

What did I discover? I discovered a person in love with Jesus. I read interviews about people who actually knew Ellen White. I listened to tapes and heard stories. Some of my favorite stories revolved around what



Ellen White would do on Sabbath afternoons. The highlight for Ellen White's grandchildren was going to spend time together as a family on Sabbath afternoons. I was a little bit more surprised (but not as surprised as some of my friends who had grown up Adventists) to discover that Ellen White was a fun person to be around. Ellen White had a ball field in the back of her property at Elmshaven<sup>1</sup> for children to play at. The children plotted ways to avoid her secretary so that they might sneak up the back



staircase to visit with Ellen White. The children around Elmshaven loved her.

But I almost didn't discover Ellen White to be that way. Before leaving on our family vacation to Andrews, some well-intentioned folks in my local church had just hammered Ellen White quotes on me. I was rebuked for not singing every stanza of each hymn I had led out in during song service.<sup>2</sup> I was hurt. I started to think that Ellen White was just a weapon to enforce supposed standards in the church. I soon discovered that most of those people didn't really know Ellen White and probably hadn't read as much of her writings as they claimed to have read. If they had, I think they would have discovered a much more balanced view of life.

Set in the nineteenth-century environment in which she lived, are her writings still relevant today? I believe that more than ever, Ellen White's writings are relevant today. Here are four reasons:

**1 I believe Ellen White is relevant because of her Christ-centered focus on life.** It's not hard to see that. Just pick up a copy of *The Desire of Ages* or *Steps to Christ*. I suspect that most Adventists at least have access to these books in their local church libraries. If you haven't read Ellen White before, I would recommend reading either of these two books. More than anything else, Ellen White sought to uplift Jesus, and these are her two most Christ-centered works. In fact, Ellen White's last words

were: "I know in whom I have believed." Furthermore, in Ellen White's life she sought to model what it is like to have a relationship with the Savior.

**2 Ellen White is relevant because her writings are a balancing factor in the church today.** She was a balanced person in her approaches to lifestyle and theology. She likewise practiced what she preached. She didn't have time for abstract theology that had no correlation to the life of ordinary Christians.

*Ellen White  
is relevant  
because she  
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the Word  
of God.*

**3 Ellen White is relevant because she uplifted the Word of God.** Ellen White's writings didn't become a new creed for the church. In fact, when faced with doctrinal turmoil in the church, she urged church leadership to study their Bibles, not her writings (I am thinking in particular of the controversy over the term "daily" from the book of Daniel). In Ellen White's last public presentation to the General Conference in session, she held the Bible outstretched, stating: "Brothers and sisters, I commend to you this book."

**4 Ellen White's great controversy theme helps make sense in our troubled world.** Contrary to what many people believe, God is not angry



Photos by Hans Olsson

with us. God is not trying to keep us out of heaven. Instead, God loves us. And the constant fight between good and evil that we see in the media every day is evidence that we live in the midst of this struggle between Christ and Satan. When bad things happen to good people we can understand why. We also know that Christ wins at the end.

These are just some of the most compelling reasons why I find Ellen White relevant today. I would challenge you to meet Ellen White as a person for yourself by reading her autobiography *Life Sketches*. Or, if you would like to encounter Ellen White's best Friend, try reading her book on the life of Christ, *The Desire of Ages* (or a new contemporary adaptation by Jerry D. Thomas, *Messiah*<sup>3</sup>), or her book on the Christian experience, *Steps to Christ*. I would predict that reading her writings will draw you closer to Jesus—Ellen White's best Friend.

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*Michael Campbell is a doctoral student at Andrews University who is specializing in Adventist church history.*

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<sup>1</sup> Elmshaven was Ellen White's country home near St. Helena, California, where she spent the last years of her life.

<sup>2</sup> I've looked for that quotation and have never found it. It doesn't exist. I was rebuked for something that doesn't appear anywhere in Ellen White's writings.

<sup>3</sup> All of Ellen White's books, including *Messiah*, are available at your local Adventist Book Center (ABC), or you may order them online at [www.AdventistBookCenter.com](http://www.AdventistBookCenter.com).

## Ellen White Trivia Quiz

1. What year was Ellen White born?
2. What was her full maiden name?
3. What state and town was she born in?
4. What was Ellen's twin sister's name?
5. Of what church were Ellen and her family members before 1844?
6. How old was Ellen when she had her first vision?
7. How old was Ellen when she married James White in 1845?
8. What was Ellen White's favorite hymn?
9. What was Ellen White's favorite color?
10. What was Ellen White's favorite flower?
11. What was Ellen White's favorite food?
12. What was Ellen White's favorite Bible verse?
13. How many children did Ellen and James White have?
14. How many grandchildren did they have?
15. What year did Ellen White die, and where is she buried?

### Did you know?

Ellen White is the fourth most translated author in the history of literature, the most translated woman writer, and the most translated American author of either gender.

To learn more about Ellen White, read Roger Coon's book, *A Gift of Light* (Review and Herald Publishing Association, 1998).

Answers:  
 1. 1827 2. Ellen Gould Harmon 3. Gorham, Maine  
 4. Elizabeth 5. Methodist 6. 17 7. 19  
 8. Jesus, Lover of My Soul 9. Pink 10. Red rose  
 11. Tomatoes 12. 1 John 1:3 13. Four sons: Henry  
 Nichols (died at 16), James Edson, William (Willie)  
 Clarence, and John Herbert (died at 3 months).  
 14. Seven (all Willie's children)  
 15. 1915; Battle Creek, Michigan

# Ellen G. White:

## MY TESTIMONY

BY MICHAEL NICKLESS

From my desk, I roughly closed and lifted the copy of *Testimonies to Ministers*. I raised my arm and prepared to throw the book across the room. At that moment, everything I had stood for, everything that I had read from Ellen G. White was suspect. I was ready to throw it all away.

Have you ever felt like I did those twenty some years ago? Have you ever sat in a Sabbath school class and listened to people quote Ellen White and never even mention the Bible? Have you ever sat through a sermon and instead of hearing the Word preached, heard a lot of quotes from the "Spirit of Prophecy?" Have you ever had people come up to you and point out things that they felt were wrong with others or even you, and then back them up with a favorite quote or passage from the "Pen of Inspiration?" I have far too often faced those and much more. It all came together for me that day in Dillingham, Alaska.

The church at that time faced a severe crisis. A small but vocal group of people were beginning to believe and teach the doctrines of the Shepherd's Rod, a dissident and offshoot movement. (Remember Waco, Texas? The Branch Dividians were an offshoot of the Shepherd's Rod.) They seemed to possess an aura of self-righteousness, a

belief that they knew so much more about spiritual things than the preacher (me!), the local and General Conference leadership, and all but their select authors from the Adventist past. In prayer meeting

*At that moment, everything I had stood for, everything that I had read from Ellen G. White was suspect.*

and any social gathering, their views of the supposed apostasy of the church were presented and supported by numerous quotes from Ellen G. White.

This Alaskan group eventually brought in some visitors from the



lower 48 states. These visitors held private meetings in one of the homes for a couple of weeks. They quietly invited the new Adventists, along with those who were dissatisfied with some position the church had taken, or who just didn't know their Bibles all that well. The pastor, elders, and other church leaders were never asked to attend these cottage meetings. On Sabbath, the visitors came to church and proceeded to dominate the Sabbath school class with their views of the failure of the church leadership and their understanding of last-day events.

On the day they left town, I received a telephone call just before the plane to Anchorage was due, and was asked if one of the visitors could come by the parsonage on the way to the airport. She and her husband arrived and presented me with a copy of *Testimonies to Ministers*, and then hurried off to meet the jet.

When they left, I went to my study and began by looking inside the front cover. An inscription read something like this: "Your ministry has a lot of potential. We have underlined some passages that we know will help you carry out the ministry God has given you to do." They then gave me a page to begin reading.

I turned to the page indicated and read an underlined passage. In that passage, a minister was being criticized for not preaching the truth. In the margin another page number was given. This time the minister was not accepting of those who had different opinions. On and on throughout the book I read, in the words of Ellen White, so many of *my* shortcomings as understood by those people. I began to doubt the concept of a modern-day prophet. I began to doubt the leadership of the church and even the doctrines I had taught for over ten years as an ordained pastor.

In a moment of terrible frustration and anger, I lifted the book and wanted to throw it across the room. Instead, I placed it on the chair and got down on my knees. God and I really talked things through that afternoon. I confessed my frustration and anger at Ellen White for pointing out all my problems. I confessed that I was ready to leave the ministry and do anything else,

*Even if  
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or misuse the  
writings of  
Ellen White,  
I will not  
discard them  
or throw  
them out.*

even leave the Adventist Church if the accusations of the Shepherd's Rod were true. I begged God to show me the truth about the Shepherd's Rod and others who were attacking the church.

With tear-stained eyes, while still on my knees, I opened and found the following passage in that same book, *Testimonies to Ministers*, page 51:

*"They will deride the order of the ministry as a system of priestcraft. From such turn away, have no fellowship with their message, however much they may quote the Testimonies and seek to entrench themselves behind them. Receive them not, for God has*

*not given them this work to do. The result of such work will be unbelief in the Testimonies, and, as far as possible, they will make of none effect the work that I have for years been doing."*

I read again and again, "unbelief ... and make of none effect ... ." That is exactly what had happened to me. I had been ready to discard everything.

Over the next six months I restudied all the Adventist doctrines, not to pass a test, I had already done that in college and the seminary, but this time to find out what I really believed. I restudied my position on Ellen G. White as a modern, last-day prophet. The more I studied from the perspective of my spiritual growth and less about the growth of others, I was able to see that she was pointing me always to Jesus. I read how she encouraged Bible study. I read how she claimed to be a lesser light leading to a greater light. How could anyone doubt the inspiration of Ellen G. White when they read *The Desire of Ages* or *Steps to Christ*? I would not take anything for the hope I get when I remember the selection my senior Bible teacher had us memorize. It comes from *Steps to Christ*, page 57: "*The character is revealed, not by occasional good deeds and occasional misdeeds, but by the tendency of the habitual words and acts.*"

I came to a conclusion. Even if others misapply or misuse the writings of Ellen White, I will not discard them or throw them out. What a blessing that decision has been to me over the years! I have been encouraged and, yes, corrected many times by her pen. The bottom line? I will not be turned aside from that which leads me to the Bible and from there to Jesus Christ. And Ellen G. White does exactly that.

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*Michael Nickless is the Michigan Conference communication director.*



# Witnessing in the Work Place

BY SANDI CASE

## It Started with Just Two

During lunch last winter, Paula Cross, a fellow Adventist friend, and I were talking about the challenges of keeping a balance in work and life—particularly a Christian life. Paula and I agreed to begin a biweekly Bible study at work during lunch break. Paula immediately thought she would like to invite her sister and a very good friend and colleague—someone who had more or less abandoned faith—but she doubted either of them would come. A few hours later I received an excited voice-mail message from Paula saying that both of these ladies were going to join us for Bible study.

## Another Seeker Joins the Group

A few days later, Paula told me of another colleague with whom she had had many conversations about spiritual matters. Kim\* told of growing up in a home where religion was deliberately excluded. When the family vacationed, Kim and her brother would “sneak” the Gideon Bible from the night stand in the hotel room and read it. Her family referred to people of faith using phrases like, “They’re religious, but they seem like nice people.” Kim was a very bright young woman who later obtained a Ph.D. in biochemistry. She acknowledged recently, during the Bible study, that for all of her academic accomplishments and other pursuits, she never felt truly satisfied. She met and married a young man with a Christian background, and he began answering her questions about religion, faith, and God.

When Paula met Kim, she was Kim’s supervisor, so she had to be very circumspect about discussing topics of religion and faith. But the young woman was persistent with her questions as she saw purpose and hope in Paula’s lifestyle. Soon their roles changed at work so that Paula was no longer Kim’s supervisor, and they continued their discussions without the

constraints of the work relationship. Paula sent her books and Christian literature, which she accepted eagerly. When the subject of our Bible study came up, Paula invited Kim to participate. Kim now lives on an island in Maine. She joins us on a speaker phone via teleconference!

## What We Each Needed

At the first meeting we each shared a little about ourselves and our expectations for this study time. One woman, who had ended a long-term relationship and whose mother had died after a prolonged illness, said softly, “I am just about at the end of my rope. I have had some great losses in the last year, and I’m looking for this study to give me some hope and peace.” Another woman expressed, “I have been away from a life of faith for years, but it’s what my mother taught me, and I want to get back to that relationship.” Others stated a desire for spiritual growth and a deeper understanding of God’s will for their lives. We meet biweekly in a small conference room at work, bringing our lunches and our books.



Photo by Diane Thurber

From left: Adventist co-workers Paula Cross and Sandi Case meet biweekly during lunch break in a workplace conference room with Kim\* and others for prayer and Bible study. Kim joins the group via teleconference from Maine.

We always open with prayer, entreating God through His Spirit to guide us and enlighten us in His Word. Each time, one of us takes a turn at leading out in the study. We are currently using the Stormie Omartian book, *The Power of a Praying Woman*, which is a serious scriptural approach to prayer and Bible study. We have already dealt with some “meaty” topics, and the Lord has been leading and blessing in our understanding. Paula and I are awed at the way God has blessed in this little group.

\*Kim is not her real name.

Sandi Case is an administrative assistant at an Indiana corporation.

# HOPE FOR OUR DAY—ESPERANZA PARA NUESTROS DIAS 2004

“*Hope for the Homeland*” was a tremendous success in the Lake Union. Once again we are gearing up for an all-out evangelistic sweep of our territory. Would you like to participate in specialized training to be part of the great march of laymen in 2004? Well here is your chance. We’re hosting a training convention for the 2004 “*Hope for Our Day—Esperanza para Nuestros Dias*” campaign. Now you can prepare to be active in the next big Lake Union evangelistic effort. Just look at what will be served up!

## *Seminar Tracks:*

1. **Evangelism 101**
2. **Children's Evangelism**
3. **Health Evangelism**
4. **Sequence Evangelism**
5. **Media Evangelism**
6. **Personal Evangelism**
7. **Family Evangelism**

## *And More:*

- Powerful Preaching**
- Spirit-filled Music**
- Sabbath Luncheon**
- Sunday Morning Prayer Breakfast**



# HOPE for Our Day

## TRAINING CONVENTION

**Date:** October 24–26, 2003

**Registration:** 800-732-7587 or [www.PlusLine.org](http://www.PlusLine.org).

**Cost:** Early registration is \$25 per person (after September 30, \$35 per person). Cancellations after October 15 are not refundable.

**Payment Options:** American Express, Diners Club, Discover, Mastercard, Visa, cashier's check, or money orders accepted.

**Hotel Reservations:** 800-328-7349  
Marriott Hotel, 123 N. St. Joseph Street,  
South Bend, IN 46601  
\$82 per night per room (up to 4 persons per room).  
Cut-off date for this price is October 1, 2003

**Venue:** Century Center, 120 S. St. Joseph Street,  
South Bend, IN 46601

**For More Information:** Contact Kathy Cameron at 269-473-8249.

[www.HopeForOurDay.org](http://www.HopeForOurDay.org) [www.EsperanzaParaNuestrosDias.org](http://www.EsperanzaParaNuestrosDias.org)



# CREATIVE PARENTING

## Fostering a Positive Body Image in Girls

### WHAT PARENTS CAN DO

BY SUSAN E. MURRAY

**B**ody dissatisfaction among teens is epidemic in our society, but there are messages in Scripture that parents and other important adults can share that support a more positive body image. As our teens develop physically, they also need to develop spiritually to be able to see beyond the messages of their peers and the cultural icon of thinness that is seen everywhere.

According to researcher Michael Peterson,<sup>1</sup> high school girls tend to see themselves as 11 pounds over their ideal body weight, while boys perceive their current and ideal body images as almost the same. This infatuation with thinness is more than just vanity, it contributes to an array of unhealthy behaviors, including poor eating patterns, preoccupation with food and self, extreme dieting, lower self-esteem, drug and alcohol abuse, and general physical and mental ill health. Peterson found that not only did girls perceive themselves as heavier than they really were, they wanted to be even thinner than their ideal weight.

We know that even in childhood body image is influenced by how people react to a child's body and how he or she looks. Pre-adolescent girls are becoming increasingly aware of what society's standards are for the "ideal body," and most bodies don't fit the "standard" of an unrealistically thin type of beauty. Girls nine and 10



years old are trying to lose weight, and many have already tried dieting. Over the past 30 years, the number of dieting women has risen by 300 percent, and the number of dieting girls has jumped by a staggering 1,300 percent. For the majority of grandmothers, mothers, and daughters today, the increasing pressure for thinness has caused an almost universal transfer of poor body image and weight struggles. Now spanning three generations, this is a very serious concern.

#### Invite you to consider these ideas:

- ▶ **Model acceptance and appreciation of your own body**, or at least avoid making comments about your own body in front of your child.
- ▶ **Affirm your daughter for who she is**, as well as for what she can do and what she looks like. The more secure she is in who she is, the less vulnerable she will be in thinking her self-worth depends on her appearance.
- ▶ **Limit the amount and type of media** your daughter watches, uses, or reads. Have conversations with her to help her develop a critical awareness of the images and messages we receive from the media. Be sure your child sees images of a whole range of real people, not just the ones commonly found in the media.
- ▶ **Share the characteristics** that make up a positive, caring, and successful person.
- ▶ **Use Scripture to guide your discussions:**

**1 Samuel 16:7**—People look at outward appearance, but the Lord looks at the heart.

**Psalm 139:14**—I praise you because I am fearfully and wonderfully made.

**Luke 12:7**—The very hairs on your head are numbered. Anytime you talk about the human body, the uniqueness of each individual, the wonders of the brain and how it develops, remember that God is so amazing beyond our comprehension, and we are amazing, too!

**Romans 12:1**—Offer our bodies as living sacrifices. Caring for our bodies is an act of spirituality. We can help our girls focus on being smart and healthy by recognizing both their inner and outer beauty.

**1 Corinthians 12**—parts of the body.

This text can be used to consider how every one has important gifts to contribute to one's church, home, school, family, and community.

<sup>1</sup> M. Peterson, *American Journal of Healthy Behavior*, July–August 2003.



# Healthy Choices

## Eat Your Veggies!

**M**other was right all along. It really is a good idea to eat our vegetables. Unfortunately, we don't eat enough of them. The latest survey revealed that Americans eat, on average, only one serving of green vegetables every *five* days. Many vegetables are recognized as a good source of calcium; iron; vitamins A, C, and K; folic acid; fiber; and many health-promoting phytochemicals.

Health organizations recommend we consume at least three servings of vegetables and two servings of fruit *every* day. The highly colored fruits and vegetables such as broccoli, carrots, tomatoes, pumpkin, bell peppers, red grapes, mangoes, apricots, peaches, and citrus are rich in pigments such as carotenoids, flavonoids, and other powerful antioxidants. Cabbage, cauliflower, brussels sprouts, and broccoli are all rich in indoles and isothiocyanates which protect us against colon and other cancers. A regular intake (six or more servings per week) of tomatoes, which are rich in lycopene, can decrease the risk of prostate cancer in men by 40 percent.

Overall, a high intake of vegetables, either raw or cooked, is known to significantly reduce our risk of cancer by about 50 percent. Adding a raw salad to our diet every day can reduce the risk of coronary heart disease mortality by 26 percent. Furthermore, three or more servings per day of fruits and vegetables was shown to reduce the risk of stroke mortality by 42 percent, the risk of cardiovascular mortality by 27 percent, and the risk of all-cause mortality by 15 percent.

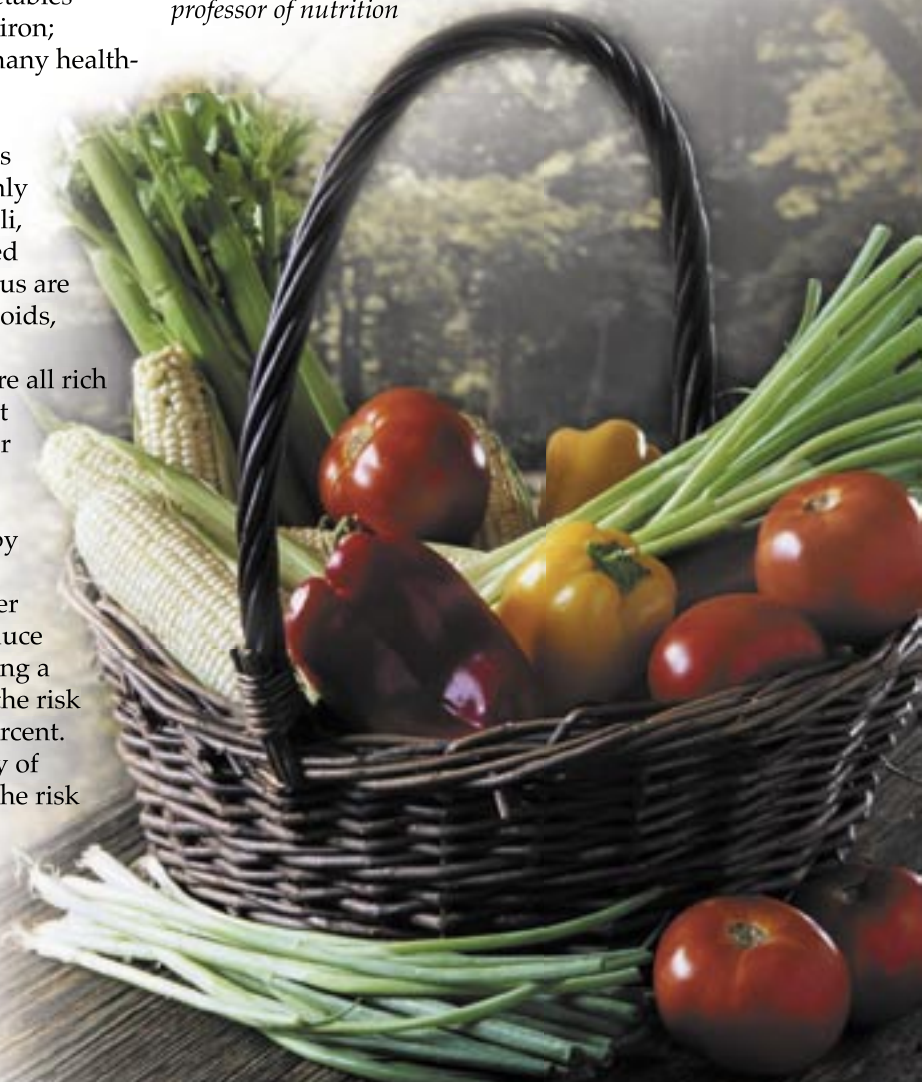
Canned or frozen vegetables can be used whenever fresh vegetables are unavailable. Variety is important since the

### Ways to enhance your diet using more vegetables:

1. Eat at least one colored vegetable every day.
2. Enjoy a raw salad composed of three or more vegetables every day.
3. Eat a member of the cabbage family at least three times per week.
4. Don't compromise the nutritional quality of your vegetables by overcooking.
5. Select fresh vegetables in season whenever possible.

different vegetables contain different health-promoting substances. Everyone should become acquainted with the special value of fruits and vegetables fresh from the orchard and garden (Ellen G. White, *Counsels on Diet and Foods*, p. 321).

*Winston J. Craig, Ph.D., R.D., Andrews University professor of nutrition*



## Parish Nurses Soothe the Soul While Checking Blood Pressure

Parish nurses play an important role in keeping the elderly of their communities healthy. In the Chicago area, six communities benefit from educational support to their parish nursing programs from Adventist Health System Midwest Region (AHSMR). Providing an education component to support a community parish nursing program is one way that AHSMR supports its mission.

“Offering the continuing medical education program for parish nurses is a wonderful service to the community,” said Donna Kanak, AHSMR parish nurse education coordinator. “It’s part of our mission outreach to give tools to the community by providing information for healthy living and about the health-care services AHSMR offers.”

According to Kanak, AHSMR provides an annual needs assessment for nurses, asking what kinds of programs would be helpful to them. As coordinator, Kanak then lines up speakers from AHSMR’s speakers bureau.



*Tricia Treft (left), Adventist Health System Midwest Region chaplain, and Donna Kanak, parish nurse education coordinator, plan educational programs for the community’s parish nursing program.*

Betty Vydra, R.N., who conducts monthly blood pressure checks at Christ Church of Oak Brook, says the older adults value parish nurses. “I follow up with the people who have high blood pressure. They really appreciate us.”

Fran Sentman was a retired nurse who started a parish nursing program at her church, St. Louise de Marillac, 13 years ago. “We see 80 to 100 people

“Many of the parish nursing programs are staffed by volunteers, usually retired nurses who want to give back to their communities,” said Kanak. The parish nurses’ duties include offering weekly or monthly blood pressure checks, answering questions about health care concerns, and arranging consultations as needed.

Betty Vydra, R.N.,

per month for blood pressure checks. That’s not counting those who come for medication information or counseling. We don’t offer hands-on nursing, but we find help for them through community nursing organizations.”

The educational programs sponsored by the hospital keep the nurses informed on the latest procedures. Recently, one of Sentman’s parishioners confided to her during a blood pressure check that her doctor wanted her to have Lasik surgery, but she didn’t know what that meant. Sentman was able to explain the procedure and alleviate her fears with the knowledge she had learned from a recent discussion on that topic.

Another benefit of the education offerings is that they provide a networking opportunity for participating parish nurses to share issues and brainstorm ideas. “We pray with the nurses and help them to empower other members of their churches to grow the program and minister



*Harpist Cindy Shelhart performs during a parish nurse music therapy program.*

to their congregations in body, mind, and spirit,” said Tricia Treft, chaplain and co-leader.

“Some of these nurses serve large congregations, so there is a potential for our community outreach to touch many people,” said Kanak. “Our education sessions are small, which enables nurses to ask questions. Our evaluations are always good, and I hope parish nurses feel recognized and valued for the work they do in their congregations.”

The parish nursing program originated in 1984, founded by the Rev. Granger Westberg. Parish nursing is one of the newer, yet older models of health-care delivery. Churches have been involved in the delivery of health care for 2,000 years. Many examples are given of religious orders and congregations providing care for the sick (e.g. Mother Teresa’s Missionary Sisters of Charity). Approximately 2,000 parish nurses practice in 39 states. Congregations of all faiths sponsor parish nursing programs.

In Westberg’s parish nursing model, a registered nurse delivers primary, holistic nursing care within a congregation for the purpose of assisting the members to obtain optimal mental, physical, and spiritual health. He felt that nurses were a good bridge between doctors and chaplains in providing holistic care.

*Lynn Larson, Adventist Health System Midwest Region  
Lake Union Herald correspondent*

## The End of an Era

In March 1978, Don and Sue Murray began planning for an engagement enrichment weekend they were to host at Andrews University in May of that year. A one-time event, they decided to tell about their marriage experiences—what worked and what didn't—with help from other local married couples. The Murrays, Gordon and Becky Reoch, Ed and Bev Harris, and Skip and Danielle McClanahan participated in that weekend. Twenty-five years later, that "one-time" event will be ending at Andrews University.



*Don and Sue Murray, creators and leaders of Adventist Engaged Encounter, have been enriching marriages for 25 years. This photo was taken in the earlier years of their ministry.*

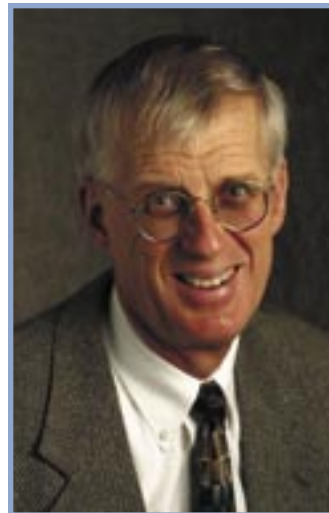
The weekend of Oct. 31–Nov. 2 will mark the 77<sup>th</sup> Adventist Engaged Encounter (AEE) weekend, as it has become known. To date, 1,476 couples have attended the weekends, designed to prepare couples for the reality of marriage, not just the fairy tale wedding. Engaged Encounter weekends are held primarily on the Andrews campus, but the Murrays have conducted AEE at Walla Walla College, Walla Walla, Wash.; Union College, Lincoln, Neb.; Southern Adventist University, Collegedale, Tenn.; and for the Oregon Conference.

Ron and Karen Flowers, General Conference family ministries directors, feel that AEE is an invaluable tool for young couples. "Don and Sue Murray have stood in for many pastors in the important role of preparing couples who were far from home for marriage. They have been both mentors and facilitators in opening couple dialog on a wide range of marriage issues. The Adventist Church around the world is better for its presence in our faith community."

If you would like to attend this final AEE weekend, engaged and married couples are welcome and can register by calling Andrews University Campus Ministries at (269) 471-3211.

*Katie Shaw, University Relations news writer*

The reasons for life choices can often be traced back to childhood experiences. Several such experiences for Rick Kosinski, professor of educational and counseling psychology at Andrews University, include his discovery of an article titled, "Teaching, a Man-sized Job," that he found in the magazine *Boy's Life*; reading *The Thread That Runs So True*, Jesse Stewart's autobiography that chronicled his experiences as a school teacher in Kentucky; and knowing Mr. Davis, a high school social studies teacher, who inspired him to teach. These three experiences encouraged Kosinski and put him on a trail that led him to a career in teaching and counseling.



*Rick Kosinski*

After college, Kosinski began to teach at the high school level in Southern California and later worked as a high school counselor. He moved to Michigan and began counseling and teaching at Andrews Academy in 1973. "High school is magic ... you're working with kids you might actually be able to have an impact on," said Kosinski. He enjoyed the challenge of teaching teenagers. "Part of the fun is the struggle," he says. Remembering his days from teaching at Andrews Academy, he says that working with teenagers was mostly entertaining. "There was rarely a day when I didn't throw my head back and laugh out loud."

After earning his Ph.D. in counseling psychology from Purdue University, West Lafayette, Ind., in 1983, Kosinski began teaching at Andrews University. In his work, Kosinski focuses primarily on training and mentoring graduate students in the counselor education program. As a mentor, Kosinski states, "You are trying to take the skills and knowledge that you have and pass them on to the people that you are training."

Kosinski believes that a spiritually and psychologically healthy person maintains a balance between self-interest and social interest. For him, teaching is a way of life. "I think my primary mission as a teacher is to try to live by the Golden Rule."

*Bjorn Karlman, student news writer*

# COMMUNITY

## PATHFINDERS

Community service is one of the biggest parts of the Pathfinder experience. Not only does it provide some of the most memorable and appreciated moments for the Pathfinders themselves, but it has young Adventists representing the church by doing something positive for their local communities. Many exciting Pathfinder community service projects are taking place in the Lake Union. Here is a sample of what happened in 2002–2003, and a preview of what's coming in 2004.



### Illinois

In Illinois, the Sheridan Pioneers Pathfinder Club has been very busy contributing to various evangelistic efforts in their area such as the *Hope for the Homeland* meetings last fall. Club members helped with the nightly setup and tear down, registered visitors, handed out Bibles, presented special music and prayer, and helped in the children's meetings with crafts, games, and stories.

Recently the youth of the Sheridan Church presented several Revelation seminars in their district, and Pathfinders were among those who worked diligently to make them a success. Vacation Bible School ran concurrently with the seminars, and again Pathfinders were there to pitch in.

Every summer the Sheridan Church sponsors a booth at the Sandwich Fair, and year after year the Pathfinders are there handing out tracts, offering free health screenings, and signing people up for a free Bible drawing.

### Indiana

In Indiana, members of the Bedford Stonecutters Pathfinder Club regularly visit and bring treats to shut-ins and send cards to prison inmates. They served a special "spaghetti-lasagna" dinner to church members and friends, and they worked together to make and deliver food baskets for those who are less fortunate.

In Anderson, the Pathfinders schedule one

Wednesday evening a month throughout the year to work at a local food bank. The food bank recently sent them a note, saying, "Your volunteer efforts in our warehouse provide a link between the food we receive and the people who desperately need it."

The North Vernon Pathfinders threw a "dorm shower" for a club member who was heading off to Indiana Academy. There were refreshments, a farewell cake, and many "house-warming" presents for use in his dorm room. He received school supplies, gift cards, phone cards, sheet sets, towels, laundry hampers, trash cans, detergent, and much more. This was the second "dorm shower" held for a North Vernon youth.

### Lake Region

The Ypsilanti (Michigan) Navigators Pathfinder Club participates in outreach with other church members every second Sabbath after the church service, singing for residents of two local nursing homes. Residents and staff especially appreciate the visits and music from the young people. The nursing home outreach, spearheaded by Community Services under the direction of Josephine Taylor, has been going for almost two years.

The Navigators executed marching drills, sang songs, and presented hand-made valentines to the residents of the Westland (Michigan) Convalescent Center during a special Valentine's Day visit in February. With tears of joy, almost 30 residents gratefully received their valentines, handmade by the Pathfinders during a club meeting.



# SERVICE



## IN ACTION

## 2002-2003 Community Service Projects



### Michigan

Last winter, as a part of the Share Your Faith program, Pathfinders in Michigan packed and delivered food baskets; sang at a homeless shelter and shared cookies; made cards for servicemen; helped with the Red Cross blood drive; hauled paper for Hospital Auxiliary; collected "school kits" for children in Afghanistan; visited families from the church that had been absent for quite some time, taking them new quarterlies, devotionals, and a gift; made care packages for academy students; distributed loaves of bread and CDs on stress management; helped with community Christmas dinners; cleaned their churches; prepared gifts for pastors; participated in feeding the homeless; and made cards for past club members, potential club members, and absent church members.

### Wisconsin

Share Your Faith and community service projects are the foundation of club activities for the Dairyland Doers Pathfinder Club from Clear Lake. The Doers wash windows and clean yards and houses for several senior citizens, and have adopted six miles of highway. Each year they collect over 1,600 food items from the small community of 1,000 people where they live. After delivering food baskets at Thanksgiving and Christmas, they donate the remainder of the food to the local food shelf. They used honor requirements to make cards for a young man that was in a serious 4-wheeler accident. The activities that the Pathfinders are involved

in that require hard work and challenge, the reward of a job well done, and seeing the happiness of those they have served, seem to be the favorite parts of Pathfinding. These experiences enhance Pathfinders' self-esteem and assist in their understanding of their value to their church family. They better understand God's commission to tell the world of Jesus and His love.

### Faith on Fire

Over 20,000 Pathfinders from around the world will come to the Lake Union to enjoy meeting new friends and Jesus at the International North American Division Faith on Fire Camporee from Aug. 10-14, 2004. Oshkosh, Wis., is the site for the world's largest six-day Adventist youth event.

When Pathfinders arrive to set up their tents, they will look forward to a variety of activities and exciting evening programs. A lucky group of 12,000 Pathfinders will look forward to community service activities.

Each weekday, 4,000 Pathfinders will leave the 250-acre campground to go into the community and show that their faith is on fire. Joe Watts, from the Southwestern Union, will be coordinating this important outreach event. Camporee leadership has already met with community leaders to identify the needs of their community. Joe, along with his leadership team, is finding the supplies necessary to meet the needs of the Oshkosh community and arranging for buses to transport the Pathfinders to work sites.

At the 1999 Discover the Power Camporee

held in Oshkosh, more than 10,000 pathfinders worked with engineers to build a nature trail. A community official was quoted as saying, "I really didn't think the kids could do much physical work until I saw them in the woods. They were relentless and productive." The Pathfinders worked as a team. Another official mentioned, "I was amazed at how hard they worked for our community."

One of the community service projects at the 1999 camporee was Menominee Park in downtown Oshkosh, Wis. Pathfinders got involved by stripping and refinishing wood, cleaning the grounds, and painting.

Possible camporee community service projects include the following: nature trail building, community awareness parade for the prevention of drug and alcohol abuse, repainting area community playgrounds, helping the elderly, helping to rebuild a home for battered women, and sunshine bands for hospitals and nursing homes.

For more information about the 2004 Faith on Fire Camporee, contact Ron Whitehead, Lake Union youth ministries coordinator and camporee director, at Andrews University, Center for Youth Evangelism; call (800) YOUTH.2.U or (269) 471-8380; or visit [www.AdventistYouth.org](http://www.AdventistYouth.org).

## 17 Baptized at BAYDA's "Knowin' Him" Camporee

"God has placed young people in our hands, so we can help them get to know Him," said James Black, North American Division Pathfinder director, preaching at a vesper service threatened by clouds and drizzle. "And as I travel around North America, I meet young people who say, 'Pastor, I know the doctrines, I know my memory verses, but help me know God for myself.'"

Helping youth know God was the focus of an international camporee sponsored by the Black Adventist Youth Director's Association (BAYDA) in Huntingdon County, Penn., at the Agape Farms Campground. Nearly 5,000 Pathfinders and their volunteer coordinators from the United States, Bermuda, and Africa, with tents and uniforms in tow, made their way to the mountains for a four-day event filled with spiritual, mental, and physical offerings. Two hundred and seventy young people representing 16 Pathfinder clubs from throughout the Lake Union territory participated in the camporee.

During the event, attendees worked to earn honors, participated in drill and drum corp competitions, and took part in two days of community service in nearby towns. They also enjoyed a fun play area, an obstacle course,

and activities in the Teen Tent, coordinated by *Insight* magazine staff. Throughout the event, they learned from historians Arnold and Dixie Plata, abstinence advocate Gerard Henry of Black Entertainment Television, and Rupert Bushner, a pastor from the Southeastern Conference in Florida.

One of the unique aspects of the camporee was how much it highlighted the talents of the youth. At each program, the youth led out in song service, served as the emcees, and showcased their talents for speaking, drama, music, and worship.

"We wanted to give our children a special opportunity for expression and development of their God-given talents," says Claude Harris, Allegheny East

Conference youth and Pathfinder director, and the president of BAYDA. He explained that one of the major reasons for the black youth directors to host a camporee is that there are needs that various cultural groups have that are not met nor emphasized at other events. "We support all of the church's major events, and our large attendance proves that," Harris said.

Dealing with the issues endemic to youth in urban environments is also an important aspect of BAYDA's events. We often only have one shot to reach the youth as they pass through the teenage years. "The next time we hold this event, four years from now, these kids will have moved on," says Darryl Howard, South Atlantic Conference pastor and youth and Pathfinder director. "But what they learn here will stay with them for the rest of their lives."

And learn they did. Though it rained throughout the weekend, the youth soaked up more than the water. And when they heard the Friday night challenge by Pastor Black, "Don't go to sleep tonight without getting to know Jesus," they responded by the dozens. On Sabbath, in between church and a torrential rain storm, a small group of young people stepped into the camp pond to be baptized. But as they came out of the water, two more came forward. As *they* came up from the water, another came forward. And yet another. They just kept coming until 17 young people had taken the plunge.

"Now that's what this is all about," remarked Pastor Harris to himself. "Praise the Lord! *This* is what it's all about."

BAYDA's next event is a youth congress in 2006. For more information, visit [www.camporeebayda.org](http://www.camporeebayda.org) or contact your conference youth director.



Throughout the camporee, youth were invited to visit the prayer tent to pray with a caring adult who also gave them a hug coupon that they could turn in for a hug anytime they needed one.

Photos by Celeste Ryan



Chanda and Brandon Perry took off work to bring their daughter Laquisha, 11 (not pictured), from Ypsilanti, Mich., to attend the "Knowin' Him" camporee because they value Pathfinder's influence on their daughter's life.



Despite the light drizzle, dozens of youth accepted the call to get to know Jesus. On Sabbath, 17 were baptized.

Celeste Ryan, Columbia Union Conference assistant to the president for communication

# Pathfinders Set the Record Straight

**Indiana** — The Northwest Indiana Pathfinder and Adventurer clubs have been actively involved with helping the Adventist Community Service (ACS) center in Hobart, Indiana. The biggest challenge came when the Veterans of Foreign Wars (VFW) were going to make a donation to the ACS center, but changed their minds when they heard, falsely, that Seventh-day Adventists don't honor the flag. Hearing this, Leota Hainey, ACS director, asked if the Pathfinders and Adventurers could participate in the Hobart Fourth of July Parade.

Since this was our first time to participate, we were in for an education. We needed ideas. Do we just march or decorate a float? Where do we get the trailer for a float? What kind of decorations do we have or can we get cheaply? What should our theme be? We need signs so people know who we are ... and the fun was on.

The Eager Beavers decorated two big cardboard tubes making them look like rockets to hold our sign across the back of the float, along with an American flag made from crepe paper and chicken wire.

We set up a small area on the back of the float in recognition of the ACS center and our canned food drives. The front of the float was set up to look like a campsite—tent with a sleeping bag and a fire ring—



Photos by: Cindy Fixter

*Northwest Pathfinders participated in the Fourth of July parade, demonstrating their love for both God and country and resulting in a large donation for their Adventist Community Services center.*

with real logs and a cardboard fire. The American and Adventurer flags were placed on the front corners of the float.

The Pathfinders marched in front of the float carrying the American flag, Pathfinder flag and banner. The Adventurers sat around the campfire melting marshmallows, and the Eager Beavers manned the ACS center.

We got to the judging stand, stood at attention, did an eyes right, and saluted. In the end, the ACS center got a large donation, and the Pathfinders and Adventurers won the Grand Marshall Trophy for the parade.

*Cindy Fixter, Northwest Church Adventurer leader*

## WOMEN'S NEWS

### Lake Union Woman to Be Honored

Nine Adventist women who are making significant contributions to their churches, professions, families, and communities will be recognized and celebrated during the 21<sup>st</sup> annual conference of the Association of Adventist Women (AAW) in Loma Linda, Calif., Oct. 16–19.

As the recipient of the Outstanding Achievement Award, Pat Gustin from the Lake Union is an exemplary honoree. Focusing on the work of a missionary, educator, and administrator on several continents and in diverse cultures, she exemplifies a Christ-centered life of excellence in service and a life-long commitment to the mission of the Adventist Church.

In 1967, Gustin began her extensive cross-cultural career at the Far Eastern Elementary School and Academy in Singapore. With 23 productive years of experience as dean, principal, teacher, pastor, supervisor of tribal educational centers, on-site work

with refugees on the Thai-Cambodian border, supervisor of English language schools, and student missionary coordinator in Thailand, she was uniquely prepared to become the first woman director of the Adventist Institute of World Mission located at Andrews University in Berrien Springs, Mich. Presently she manages the training of missionary personnel in the areas of anthropology, theology of mission, cross-culture witnessing, third-culture kids, and English as a second language (ESL).

Gustin has been a critical contributor in developing initiatives such as re-entry programs for returning missionaries and their children, mission and cross-culture seminars for church leaders worldwide, and the publication of books.

Having given nearly 41 years of service to the Adventist Church, her acute analysis of cross-cultural issues and her deep grasp of missiological theory and linguistics is a voice that is respected and understood by mission participants around the world.



*Pat Gustin*

*Association of Adventist Women*

## MILEPOSTS

Within the Lake Union the officiating pastor or church communication leader is responsible for submission of information to this column. Former members who now live outside the Lake Union may contact the conference communication director where their membership was held when they lived in the Lake Union to obtain the forms for submission. Milepost forms are also available at [luc.adventist.org/herald/herald-submit.html](http://luc.adventist.org/herald/herald-submit.html). Conference addresses and phone numbers are in the masthead on page 31.

### ANNIVERSARIES



#### Howard and Dolores Bixler

celebrated their 50<sup>th</sup> wedding anniversary on Apr. 26, 2003, by a special service with Pastor Ken Morrison, and a potluck coordinated by Sonja Grosball and their church family at the LaGrange (Ill.) Church. They have been members of the LaGrange Church for over 50 years.

Howard Bixler and Dolores Dulleck were married Apr. 26, 1953, in LaGrange by Pastor Theodore Herr. Howard has been a mechanic and design model maker, and still works part-time for Mobile Mark Company. Dolores has been a homemaker, and part-time typist and binder for Ever-Redi Printing for 43 years.

The Bixler family includes Howard Bixler Jr. of Niagara Falls, N.Y.; George and Estrella Dulleck Jr. of Albuquerque, N.M.; five grandchildren; and one great-grandchild.

**JOHN AND JOYCE HOWE** celebrated their 50<sup>th</sup> wedding anniversary on Apr. 26, 2003, by a family gathering then a trip to St. Thomas, Virgin Islands, to celebrate with their daughter and granddaughter. They have been members of the W. Lafayette (Ind.) Church for several years.

John Howe and Joyce Baumann were married Apr. 25, 1953, in Fort Campbell, Ky., by Father Ralston. John has been a self-employed contractor retiring in 1997. Joyce has been a homemaker and E.K.G. technician.

The Howe family includes Michael Howe of W. Lafayette; Michelle Verhoeven of St. Thomas; Timothy Howe of Dallas, Texas; Julie Howe of W. Lafayette; and two grandchildren.



**BERNARD AND VIRGINIA SEDAM** celebrated their 50<sup>th</sup> wedding anniversary on June 22, 2003, at an open house given by their children at the Masonic Lodge near North Vernon, Ind. They have been members of the North Vernon Church for 36 years.

Bernard Sedam and Virginia Hubbard were married June 16, 1953, in Vernon, Ind., by Albert Tull. Bernard has been a factory worker retiring in 1995. Virginia has been a homemaker.

The Sedam family includes Nathan and Gail Sedam of North Vernon; Belinda and Jerald Morris of Louisville, Ky.; Dawn Lewis of Scottsburg, Ind.; and six grandchildren.

### WEDDINGS

**SANDRA J. NELSON AND GREGORY P. BERG** were married May 18, 2003, in Frederic, Wis. The ceremony was performed by

Pastor Vassili Khrapov.

Sandra is the daughter of Kenneth and Betty Nelson of Lewis, Wis., and Gregory is the son of Jack and Ray Berg of Munising, Mich.

The Bergs are making their home in Marquette, Mich.

**LYNETTE L. NELSON AND LEROY A. BUTTERFIELD** were married June 8, 2003, in Clear Lake, Wis. The ceremony was performed by Pastors Vassili Khrapov and Michael Wiley.

Lynette is the daughter of Wesley and Beth Nelson of Clear Lake, and LeRoy is the son of Doreen Butterfield of Columbus, Wis.

The Butterfields are making their home in Stevens Point, Wis.

**DALYED ROMAN AND HEBER M. COSS** were married Apr. 27, 2003, in Grand Rapids, Mich. The ceremony was performed by Pastor David Glenn.

Dalyed is the daughter of Eddie Roman of Grand Rapids, and Luz Castillo of Wyoming, Mich., and Heber is the son of Alexander Coss and Wilma Fradera of Grand Rapids.

The Cosses are making their home in Kent City, Mich.

**BOBBI D. SNOW AND BENJAMIN E. MOUSHON** were married May 18, 2003, in Berrien Springs, Mich. The ceremony was performed by Elder Richard Moushon.

Bobbi is the daughter of Dean and Ruthann Snow of Berrien Springs, and Ben is the son of Richard and Cheryl Moushon of Russiaville, Ind.

The Moushons are making their home in Kettering, Ohio.

**AMANDA BACON AND JEFF OLSON** were married May 17, 2003, in Waterloo, Wis. The ceremony was performed by Pastor William J. Ochs.

Amanda is the daughter of Timothy and Claudette Bacon of Elba, Wis., and Jeff is the son of Jon and Beverly Olson of Fall River, Wis.

The Olsons are making their home in Elba.

**BRENDA L. DEMANGE AND JOHN C. PECKHAM** were married June 1, 2003, in Cicero, Ind. The ceremony was performed by Pastor Ernest Peckham.

Brenda is the daughter of Leroy and Ann DeMange of Yorkshire, Ohio, and John is the son of Ernest and Karen Peckham of Noblesville, Ind.

The Peckhams are making their home in Berrien Springs, Mich.

**AMY JO SIMSACK AND THOMAS C. PETERSON JR.** were married July 13, 2003, in Edenville, Mich. The ceremony was performed by Russell C. Thomas.

Amy Jo is the daughter of Danial Shaffer and Shelly Simsack of Beaverton, Mich., and Thomas is the son of Thomas Sr. and Susan Peterson of Pinconning, Mich.

The Petersons are making their home in Pinconning.

**RENEE C. GAGER AND RANDY L. TRUAX** were married July 20, 2003, in Berrien Springs, Mich. The ceremony was performed by Pastor David Glenn.

Renee is the daughter of Raymond and Shirley Gager of Berrien Springs, and Randy is the son of Lyle and Barbara Truax of Grand Rapids, Mich.

The Truaxes are making their home in Wayland, Mich.

**SERENA L. JOHNSON AND DAVID M. WINKLER** were married June 29, 2003, in Ann Arbor, Mich. The ceremony was performed by Pastor Alvaro Sauza.

Serena is the daughter of Lynn and Lynne Johnson of Ann Arbor, and David is the son of Michael and Michelle Winkler of Saginaw, Mich.

The Winklers are making their home in Novi, Mich.

### OBITUARIES

**ANUCHA, DELIVERANCE**, age 15; born Aug. 7, 1987, in Berrien Center, Mich.; died June 30, 2003, in Kalamazoo, Mich. He was a member of the Pioneer Memorial Church, Berrien Springs, Mich.

Survivors include his father, Fred; mother, Victoria (Ahuama); and brothers, Franklin and Worthy.

Funeral services were conducted by Pastor Oliver Archer, and interment was in Ada (Nigeria) Cemetery.

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**BOLENBAUGH, CAROLINE (GENTRY)**, age 73; born Oct. 24, 1929, in South Bend, Ind.; died June 22, 2003, in Elkhart, Ind. She was a member of the Elkhart Church.

Survivors include her sons, Kurt and Peter; daughter, Lana Raatz; stepdaughter, Carmen Hinshaw; brother, Oris Gentry; and four grandchildren.

A graveside service was conducted by Lana Raatz, and interment was in Chapel Hill Memorial Gardens Cemetery, Osceola, Ind.

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**BRUCKNER, EDWIN R.**, age 99; born Jan. 15, 1904, in Adams, Wis.; died May 22, 2003, in Collegedale, Tenn. He was a member of the Holly (Mich.) Church.

Survivors include his son, Jared; daughter, Lynette Humes; eight grandchildren; and many great-grandchildren.

Memorial services were conducted by Pastors Stanley Cottrell and Earl Zager, with private inurnment.

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**COLE, HAROLD W.**, age 85; born Nov. 5, 1917, in Beaverton, Mich.; died June 24, 2003, in Berrien Springs, Mich. He was a member of the Pioneer Memorial Church, Berrien Springs.

Survivors include his wife, Ruby J. (Current); son, Arthur D.; daughters, Beverly Cole, Lorna M. Rosenberg, and Sharyl J. Fleming; brother, Kenneth; sisters, Hazel Moyer, Almira Thomas, Lucille Thomas, and Alleen Marsh; four grandchildren; and two great-grandchildren.

Funeral services were conducted by Pastor Dwight Nelson and Elder George Akers, and interment was in Rose Hill Cemetery, Berrien Springs.

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**DALTON, MARTHA E. (EMMEL)**, age 83; born Nov. 29, 1919, in Indianapolis, Ind.; died June 9, 2003, in Indianapolis. She

was a member of the Glendale Church, Indianapolis.

Funeral services were conducted by Pastor Frank Haynes, and interment was in Concordia Cemetery, Indianapolis.

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**DORGELO, HOWARD E.**, age 84; born Aug. 13, 1918, in Holland, Mich.; died June 16, 2003, in Holland. He was a member of the Holland Church.

Survivors include his wife, Claribel (Dunnwin); daughters, Donna DePas, Phyllis Garrow, and Nancy Hill; brother, Bill; six grandchildren; and 12 great-grandchildren.

Funeral services were conducted by Pastor David Grams and Harold Oetman, and interment was in Restlawn Memorial Gardens Cemetery, Holland.

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**DOUGLAS, LILLIE BELL (MAJORS)**, age 93; born Mar. 2, 1910, in Birmingham, Ala.; died May 27, 2003, in Detroit, Mich. She was a member of the Ecorse (Mich.) Church.

Survivors include her stepson, Martin Tinsley; two grandchildren; four great-grandchildren; and one great-great-grandchild.

Funeral services were conducted by Pastor William E. Hughes, with private inurnment.

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**ELMENDORF, MARION L. (BISHOP)**, age 86; born Feb. 8, 1917, in Chesaning, Mich.; died Feb. 20, 2003, in Vassar, Mich. She was a member of the Vassar Church.

Survivors include her husband, Edward N. II; sons, Edward N. III and David L.; sisters, Evaline Tomcal, Shirley Gordon, and Esther McDevitt; and one grandchild.

Funeral services were conducted by Pastor Nathan Renner, and interment was in Riverside Cemetery, Vassar.

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**LANT, ALFRED M.**, age 81; born June 1, 1921, in Kalamazoo, Mich.; died May 26, 2003, in Holland, Mich. He was a member of the Holland Church.

Survivors include his wife, Donna (Davis); sons, Alan and Thomas; daughter, Alonna Tosh; eight grandchildren; and three great-grandchildren.

Funeral services were conducted by Rev. Fritz Kruithof, and interment was in Pilgrim Home Cemetery, Holland.

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**LEWIS, MARTHA (KLEM)**, age 87; born Apr. 9, 1916, in Larksville, Pa.; died May 24, 2003, in Middleburg, Fla. She was a member of the Downers Grove (Ill.) Church.

Survivors include her daughters, Bettie Moran, Jean Forner, and Martha Parrish; sister, Christina Norton; five grandchildren; and four great-grandchildren.

There was a private inurnment.

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**LISKE, WILFRED**, age 80; born Oct. 11, 1922, in Inglis, Manitoba, Canada; died May 30, 2003, in Greenville, N.C. He was a member of the Pioneer Memorial Church, Berrien Springs, Mich.

Survivors include his wife, Anna Marie (Feyerabend); son, Wilfred Jr.; daughters, Coralie Lallemand and Julie Primero; sisters, Ruth Gertz and Olivia Linzau; and five grandchildren.

Memorial services were conducted by Pastor Dwight Nelson and Pastor Henry Feyerabend, with private inurnment.

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**LODENKAMP, MARK A.**, age 45; born May 31, 1958, in Oak Park, Ill.; died July 13, 2003, in Mountain, Wis. He was a member of the Green Bay (Wis.) Church.

Survivors include his wife, Maria E. (Patinos); son, Jonathan T.; daughters, Rachael M., Rebekah F., and Esther L.; stepbrothers, Daniel and Michael Vesely; sisters, Laurie Anne McFadden and Katherine Greenstein; stepsister, Mary Cipriano; and half sister, Sherry Wenzel.

Funeral services were conducted by Tom T. Waters, and interment was in Woodlawn Cemetery, Allouez, Wis.

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**NEAL, GARY**, age 59; born Dec. 17, 1943, in San Bernadino, Calif.; died June 13, 2003, in Berrien Springs, Mich. He was a member of the Pioneer Memorial Church, Berrien Springs.

Survivors include his daughters, Joynene Neal and Dawnita Passo; father, Norman; mother, Mable (Graeber); and sisters, Joyce Rusche, Norene Nicola, and Nancy Aaen.

Memorial services were conducted by Elder Hugo Cotro, and inurnment was in Brookside Cemetery, Brookeville, Md.

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**PEACH, CHARLES W.**, age 80; born Feb. 10, 1923, in Howell, Mich.; died July 8, 2003, in Charlotte, Mich. He was a member of the Grand Ledge (Mich.) Church.

Survivors include his wife, Elsie M. (Lucas); sons, C. Douglas and Jerry W.; brothers, Robert and James; sisters, Betty Schmidt and Marguerite Lieberman; and four grandchildren.

Funeral services were conducted by Pastors Craig Harris and Chris James, and interment was in Chapel Hill Memorial Gardens Cemetery, Watertown Twp., Mich.

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**POOL, ROBERT M.**, age 83; born Sept. 15, 1919, in Eldora, Iowa; died June 12, 2003, in Bridgman, Mich. He was a member of the Berrien Springs (Mich.) Village Church.

Survivors include his daughter, Evonne Hosking; four grandchildren; and four great-grandchildren.

Funeral services were conducted by Pastor Bruce Hayward, and interment was in Rose Hill Cemetery, Berrien Springs.

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**ROCK, DAVID**, age 83; born Mar. 11, 1920, in Pittsburg, Pa.; died May 25, 2003, in Indianapolis, Ind. He was a member of the Irvington Church, Indianapolis.

Survivors include his wife, Pauline (Gully); son, Jimmy; stepsons, Jerry and Charles

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Haywood; and stepdaughter, Janet Whiteside.

Memorial services were conducted by Pastor Gary Case, and interment was in Washington Memorial Park Mausoleum, Indianapolis.

**SLIKKERS, DENNIS**, age 84; born Aug. 6, 1918, in Hamilton, Mich.; died June 17, 2003, in Holland, Mich. He was a member of the Holland Church.

Survivors include his wife, Sylvia (Van Hoven); stepsons, Mark and Chris Van Hoven; daughters, Marge Slater, Claudia Sergeant, and Faith Slikkers; brothers, Gerald and Leon; sisters, Helene DeWitt, Jean Brummet, and Mae Kachenmeister; seven grandchildren; seven step-grandchildren; and six great-grandchildren.

Funeral services were conducted by Robert Slikkers, and interment was in Pilgrim Home Cemetery, Holland.

**SMITH, PATTIE E. (BRANSON)**, age 82; born July 7, 1921, in Park County, Ind.; died July 17, 2003, in Spencer, Ind. She was a member of the Spencer Church.

Survivors include her sons, Leonard, Hollis, Wayne, Dan, and John; daughters, Yolanda Smith, Patricia J. Smith, Carla Johnson, Arlene Livingston, and Delilah Simms; nine grandchildren; and 10 great-grandchildren.

Funeral services were conducted by Pastor Miled Modad, and interment was in Riverside Cemetery, Spencer.

**STILES, THOMAS A.**, age 77; born May 15, 1926, in South Bend, Ind.; died May 20, 2003, in Berrien Center, Mich. He was a member of the Niles (Mich.) Westside Church.

Survivors include his wife, Mary Lou (Carr); sons, D. Wayne, Donald E., and Thomas C.; daughter,

Jillian J. Panigot; and five grandchildren.

Memorial services were conducted by Pastor John Abbott, with private interment.

**SWEENEY, ELLA M. (COY)**, age 86; born May 10, 1916, in Lincoln, Ky.; died May 2, 2003, in Indianapolis, Ind. She was a member of the Irvington Church, Indianapolis.

Survivors include her husband, Delbert; son, Samuel; daughters, Phyliss Earp and Evelyn Irmschen; sisters, Nettie and Lily Barnes; three grandchildren; and five great-grandchildren.

Funeral services were conducted by Pastor Gary Case, and interment was in Washington Park East Cemetery, Indianapolis.

**WILLIAMS, ROBERT E.**, age 78; born Mar. 27, 1925, in Royal Center, Ind.; died June 21, 2003, in Noblesville, Ind. He was a member of the Cicero (Ind.) Church.

Survivors include his wife, Doris (Koza); sons, Dennis, David, and Kevin; daughter, Carol Possman; brother, Earl; sister, Mary Walters; six grandchildren; and two great-grandchildren.

Funeral services were conducted by Pastor Ron Kelly, and interment was in Cicero Cemetery.

**WILMS, JOHN H.**, age 98; born Dec. 21, 1905, in Davenport, Iowa; died July 17, 2003, in Chico, Calif. He was a member of the Baraboo (Wis.) Church.

Survivors include his wife, Margaret (Miller); son, Dale; stepsons, Fred and David Miller; daughters, Shirley Wright and Lilah Brereton; stepdaughter, Linda Fike; four grandchildren; three great-grandchildren; seven step-grandchildren; and nine step-great-grandchildren.

Funerals services were

conducted by Pastor William J. Ochs, and interment was in Resting Green Cemetery, Ironton, Wis.

**WRIGHT, RUSSELL**, age 92; born Apr. 13, 1911, in Deer Creek, Ind.; died June 8, 2003, in St. Joseph, Mich. He was a member of the Pioneer Memorial Church, Berrien Springs, Mich.

Funeral services were conducted by Elder Woodrow Whidden, and interment was in Grant Memorial Park Cemetery, Marion, Ind.

**YAZELL, HARRY L.**, age 88; born Oct. 31, 1914, in Norwood, Ohio; died June 4, 2003, in Indianapolis, Ind. He was a member of the Irvington Church, Indianapolis.

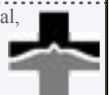
Survivors include his half brother, Orion Nunn; and half sister, Elizabeth Docter.

Funeral services were conducted by Pastors Jerry Lastine and Gary Case, and interment was in Rest Haven Memorial Park Cemetery, Cincinnati, Ohio.

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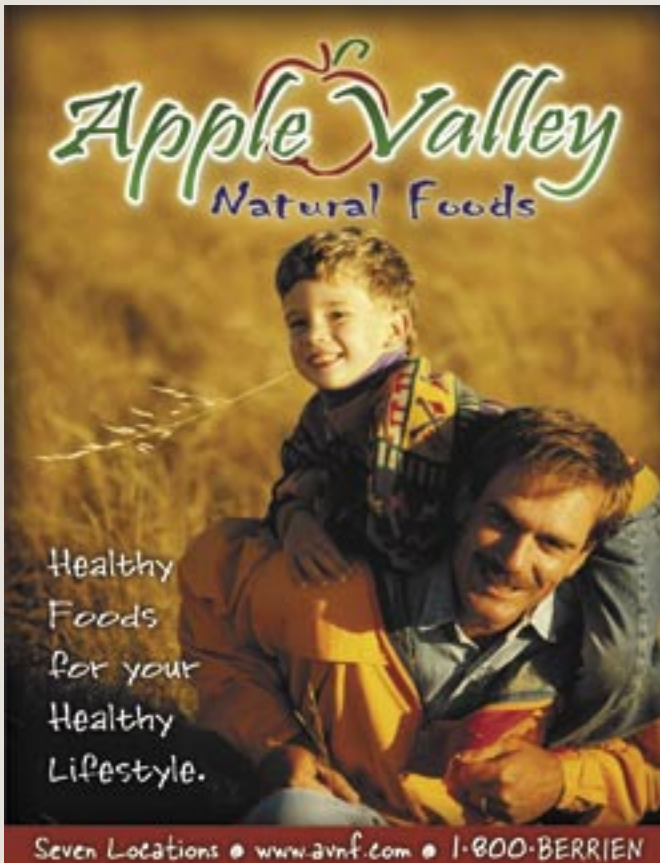
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**WALLA WALLA COLLEGE** invites applications for a full-time, tenure-track reference/ILL librarian. ALA accredited master's degree required. See full job description at <http://www.wwc.edu/services>. Interested Adventists contact Carolyn Gaskell, Director of Libraries, Walla Walla College, 104 S. College Ave., College Place, WA 99324; phone: (509) 527-2133; fax: (509) 527-2001; [gaskca@wwc.edu](mailto:gaskca@wwc.edu).

#### SOUTHERN ADVENTIST UNIVERSITY

seeks assistant professor of Spanish. Doctorate required. Applicants qualified to teach other modern languages preferred. Women/minorities encouraged to apply. Send letter of interest and curriculum vitae to: Dr. Steve Pawluk, Vice President, Academic Administration, Southern Adventist University, P.O. Box 370, Collegedale, TN 37315-0370.

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## Lake Union Conference Tithe Comparison Year-to-date

30 Sabbaths ending July 31, 2003, compared to 30 Sabbaths ending July 31, 2002

Number of Members:			Average Increase		Average Tithe Per Member			
03/31/03	03/31/02	Conference	2003	2002	% Inc.-Decr.	2003	2002	
12,296	11,982	Illinois	5,292,728	5,136,992	155,736	3.03%	430.44	428.73
6,589	6,520	Indiana	3,522,130	3,451,214	70,916	2.05%	534.55	529.33
26,331	25,302	Lake Region	6,019,050	5,855,223	163,827	2.80%	228.59	231.41
24,426	24,186	Michigan	14,775,313	14,666,191	109,122	0.74%	604.90	606.39
6,630	6,449	Wisconsin	3,193,563	3,059,607	133,956	4.38%	481.68	474.43
76,272	74,439	Totals	\$32,802,784	\$32,169,227	\$633,557	1.97%	\$430.08	\$432.16
<b>Average Weekly Tithe:</b>			\$1,093,426	\$1,072,308	\$21,119	<b>1.97%</b>		

## Sunset Calendar

	Oct 3	Oct 10	Oct 17	Oct 24	Oct 31	Nov 7
Berrien Springs, Mich.	7:26	7:14	7:02	6:52	5:43	5:34
Chicago	6:31	6:19	6:08	5:57	4:47	4:40
Detroit	7:12	7:00	6:49	6:38	5:28	5:20
Indianapolis	6:26	6:14	6:04	5:54	5:45	5:38
La Crosse, Wis.	6:44	6:32	6:20	6:08	4:58	4:50
Lansing, Mich.	7:18	7:06	6:55	6:43	5:34	5:25
Madison, Wis.	6:37	6:25	6:13	6:02	4:52	4:44
Springfield, Ill.	6:40	6:28	6:18	6:08	4:59	4:52



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Who told you about the love and grace of Jesus Christ? That person was a missionary.

Who have you told about the joy that comes from knowing Jesus? To that person, you are a missionary.

It's just as simple and complicated as that. Seventh-day Adventists are people on a mission—a great mission to press back the forces of evil in the world and establish the kingdom of God. And in this mission, each one of us has a part to play.

Sometimes it is the call to go to distant lands and serve in diverse conditions. Sometimes it is to pray for those out on the cutting edge of missions. Sometimes it is to provide the funds and facilities for those who are able to give all of their time to missions.

But most of all, it is the sharing of the love of God where we are, whether in our daily lives at home or on assignment to distant lands and people far away. Every day, everyone is the mission.

Your support of Adventist Missions and the Fall Mission Offering on September 13, 2003 is vitally important to our missionaries. It is vitally important to the work of God's church. It will be blessed by God to make a difference in the lives of those we touch with the gospel.



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## ANDREWS UNIVERSITY

Oct. 5-6—University preview weekend: to attend, call (800) 253-2874; 10-12—Black Student Christian Forum (BSCF) alumni reunion; 11-14—Fall break; 18-19—Howard Performing Arts Center (HPAC) inaugural weekend; opening gala at 8:00 p.m. Sat. and Sun. ([www.andrews.edu/HPAC](http://www.andrews.edu/HPAC)); 24-26—Parents' weekend in the residence halls; 25—AU Wind Symphony fall concert, HPAC, 8:00 p.m.; 31-Nov. 2—Final Adventist engaged encounter weekend: to register, call (269) 471-3211.

## INDIANA

**INDIANA ACADEMY ALUMNI WEEKEND**, Oct. 10-12. For further information, call (317) 984-3575, ext. 245; or e-mail: [iaalumni@nlci.com](mailto:iaalumni@nlci.com).

**INDIANA CONFERENCE WOMEN'S RETREAT**, Oct. 31-Nov. 2, at Abe Martin Lodge in Nashville, Ind. Enjoy keynote speaker Jan Yakush, singing group Message of Mercy, and Heather Neal, presenting "The Joy of Wellness" seminar. For more information, contact Marjorie Driscoll at (812) 526-5856; or e-mail: [driscoll@iquest.net](mailto:driscoll@iquest.net).

## LAKE UNION

### OFFERINGS:

**OCT. 4** Local church budget  
**OCT. 11** Voice of Prophecy  
**OCT. 18** Local church budget  
**OCT. 25** Local conference advance  
**NOV. 1** Local church budget.

### SPECIAL DAYS:

**OCT. 4** Children's Sabbath  
**OCT. 5-11** Health Education Week (*Vibrant Life*)

**OCT. 18** Spirit of Prophecy Sabbath

**OCT. 25** Pathfinder Sabbath

**NOV. 1** Stewardship Sabbath.

**HOPE FOR HURTING HEARTS**—A weekend seminar for survivors of domestic violence and abuse (physical, emotional, and sexual) will be held the weekend of Oct. 17-19, at Camp Wagner, Cassopolis, Mich. This is an educational seminar sponsored by the Lake Union Conference women's ministries and aimed at helping attendees to gain a vision of the healing process and empower participants in the recovery process. Cost for the weekend is \$70 and includes dormitory-style lodging in a modern, friendly setting with four delicious meals, plus seminar supplies. No meals will be provided on Friday, and attendants should provide their own bedding. For more information, phone Myrna Earles (517) 886-1093; or e-mail: [mearles@misda.org](mailto:mearles@misda.org). Only the first 50 applicants will be accepted, so call now.

### RECONNECTING MINISTRIES EVENT:

A conference on reconnecting ministries will take place Feb. 28, 2004, at the Hinsdale (Ill.) Church. Sponsored by the North American Division, the one-day event will combine inspiring stories and training sessions for those who are interested in reaching out to inactive members. In major studies done by Adventist researchers, 72% of active church members say that they have a relative or friend who used to attend the Adventist Church. For more details about registering for the conference, contact Pastor

Ramon Ulangca at (630) 323-0182. Additional information about Reconnecting Ministries in North America can be found at the Center for Creative Ministry Web site: [www.creativeministry.org](http://www.creativeministry.org); or call (800) 272-4664.

### MICHIGAN

**"DON'T DATE NAKED! PUT ON GOD'S ARMOR"** will be shown on Oct. 23 by satellite downlink from the Smalley Relationship Center to the Village Church in Berrien Springs, Mich., and will feature Michael Smalley and Joe White. Dove Award-winning Christian group "By the Tree" will perform. The cost is \$5 per person. For tickets, call the Andrews University Bookstore at (269) 471-3287.

**"LOVE, ROMANCE AND SEX: IT'S ALL GOD'S IDEA"** is a special simulcast event taking place by satellite downlink at the Village Church in Berrien Springs, Mich., Oct. 24-25. It will feature Gary Smalley, Kevin Leman, Greg Smalley,

Wellington Boone, and Clifford and Joyce Penner, as well as special musical guest, Steven Curtis Chapman. For tickets, contact Andrews University Bookstore at (269) 471-3287.

### NORTH AMERICAN DIV.

**THE WORLD'S LARGEST 6-DAY ADVENTIST YOUTH EVENT:** Aug. 10-14, 2004, join 25,000 Pathfinders from over 100 different countries attending the International NAD Faith on Fire Camporee in Oshkosh, Wis. Not only will there be powerful spiritual programming to draw you closer to Jesus, and opportunities to make new friends, but there are many exciting events, activities, honors to be earned, parades, exhibits, community service and outreach ministries, and so much more. You've gotta be there! More information: Andrews University Center for Youth Evangelism, (800) YOUTH-2-U (968-8428); or [www.AdventistYouth.org](http://www.AdventistYouth.org).

### WORLD CHURCH

**THE BELLA VISTA HOSPITAL** in Mayaguez, Puerto Rico, will celebrate its 50th anniversary Mar. 11-14, 2004, and its administration is inviting all its former missionaries, employees and their families to this memorable celebration. Contact us by telephone (787) 652-6045; fax (787) 831-6315; or e-mail [btorres@bvhpr.com](mailto:btorres@bvhpr.com). Come and join us.

### What's an esdeeday?

The Seventh-day Adventist Church chose its name carefully so that it would say something meaningful about the church. The initials **SDA** may mean little to a non-Adventist. **Adventist** is the preferred abbreviation for **Seventh-day Adventist**. This single word will communicate more than the initials. Let's replace the initials "SDA" with the word "Adventist" on our Web sites, brochures, and daily communications, where abbreviations are needed and appropriate.

[www.nadadventist.org/noesdeeday.pdf](http://www.nadadventist.org/noesdeeday.pdf)

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## Adventist Media Broadcast Schedules

### Adventist Communication Network

[www.acnsat.org](http://www.acnsat.org)

Oct 1-4 7:30-9:00 p.m. ET, *La Red 2003*, Alejandro Bullon, "La Resbuesta es Jesus"  
 Oct 3 1:00-2:30 p.m. ET, ATN Uplink  
 Oct 4 11:00 a.m.-12:00 noon ET, *Adventist Worship Hour*  
 Oct 10 1:00-2:30 p.m. ET, ATN Uplink  
 Oct 17 1:00-2:30 p.m. ET, ATN Uplink  
 Oct 24 1:00-2:30 p.m. ET, ATN Uplink  
 Oct 31 1:00-2:30 p.m. ET, ATN Uplink  
 Nov 1 11:00 a.m.-12:00 noon ET, *Adventist Worship Hour*

### Faith for Today

*Lifestyle Magazine*, [www.lifestyle.org](http://www.lifestyle.org)

Week of:

Oct 5 "Gender Depression"  
 Oct 12 "HMOs"  
 Oct 19 "Transitions," Part 1  
 Oct 26 "Transitions," Part 2

*The Evidence*, [www.theevidence.org](http://www.theevidence.org)

Week of:

Oct 5 "Matter of Faith"  
 Oct 12 "Both Sides of the Gun"  
 Oct 19 "Forgiving the Dead Man Walking"  
 Oct 26 "God, the Universe, and Everything"

### It Is Written

[www.iiv.org](http://www.iiv.org)

Week of:

Oct 5 "How to Get More out of the Bible,"  
*I Want More*, Part 1  
 Oct 12 "How to Get More out of Prayer,"  
*I Want More*, Part 2  
 Oct 19 "How to Get More Guidance,"  
*I Want More*, Part 3  
 Oct 26 "How to Get More out of Yourself,"  
*I Want More*, Part 4

### La Voz de la Esperanza

[www.lavoz.org](http://www.lavoz.org)

Week of:

Oct 5 "Lo que Dios nos da"  
 Oct 12 "Las escaleras del ambicioso"  
 Oct 19 "¿Qué de la mala suerte?"  
 Oct 26 "En la boca del mentiroso"

### Voice of Prophecy

[www.voiceofprophecy.org](http://www.voiceofprophecy.org)

Week of:

Oct 5 Sun.: "1-3 John: The Evidence is In!"  
 Mon.-Fri.: "Winning a Million Bucks,  
Tipping the Valet a Quarter"



Oct 12 Sun.: "Jude: A Call to Remember"  
 Mon.-Fri.: "The Hotline to Hell"  
 Oct 19 Sun.: "Revelation: The Book of the End"  
 Mon.-Fri.: "Look, Ma, No Hands!" Part 1  
 Oct 26 Sun.: "The Prophecies of Revelation"  
 Mon.-Fri.: "Look, Ma, No Hands!" Part 2

### Three Angels Broadcasting Network

[www.3abn.org](http://www.3abn.org)

**Thursday LIVE**, 9:00 p.m. ET:

Oct 2 Tim Standish, creation science researcher  
 Oct 9 Jack Blanco, *The Clear Word Bible*  
 Oct 16 Marti Jones, "In His Hand"  
 Oct 23 Behind the scenes at 3ABN  
 Oct 30 "Spiritualism: Who is in Control?"

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# EXTREME GRACE

## The Attack of the Killer Carts

BY DICK DUERKSEN

I was at Wal-Mart, no longer shopping, but returning to my car, which was parked a healthy walk across the lot. My arms were full of nuts, cereals, and spaghetti sauce, and the requisite afternoon thunderstorm was at least ten minutes away.

Then I was attacked.

A North Dakota wind snuck over to central Florida and dove into the parking lot. All around me things began to move. Two McDonalds cups. Napkins. Empty boxes. Half a news-paper. And eight shopping carts.

I ignored the cups and paper, and watched the carts. Each one seemed guided by a CIA drone plane. They snaked across the lot, heading inexorably toward the three cars parked on the outskirts of Costco. Three attacked my car. Two others targeted a new Nissan Z-car, and the others charged a Mercedes.

I sprinted to the car I share with Sun Trust Bank, set down the groceries, and began intercepting the oncoming carts.

They were moving fast. Not just quickly. HOT and HEAVY!!

As I deflected the starboard cart, another one slammed into my shin, leaving a Tiger Balm bruise. One of

the carts that had been going for the Z saw that I was (sort-of) winning, and adjusted to take me out.

The next few seconds I dove, bumped, tipped over, and otherwise

attacked the attackers.

Then the wind relaxed and the life went out of the carts.

There was a big dent in the side of the Mercedes, and a scratch on the Z's front bumper. Four carts lay dead at my feet.

I sat beside them and contemplated my life. Almost everything possible had gone wrong that day, and now even the shopping carts were after me! I wanted to cry. And I wanted to shout and dance a victory dance over the carcasses of the enemy.



I am amazed at how many demons the devil must have dedicated to my ruin, and at how many things they can make go wrong on any given day. I'm also amazed at what weird jobs they have!

Some are committed to breaking things I need—like lawnmowers, light switches, bicycle tires, and toilet tanks. Others masquerade as drivers who do not use turn signals, pushy telemarketers, and neighbor dogs that bark incessantly. And, even as wind-driven shopping carts.

And it's not just me they're after! We're each on his list of legal targets, personally selected for *ATTACK!*, and assigned a minion of smart-aleck demons and big-fisted bullies.

They're everywhere, energetically chasing away patience, and pouring us full of frustration, irritability, and hopelessness.

I'm amazed at the devil's prowess. BUT, I'm also amazed at God's resourceful response.

"There's nothing the devil can do," God promises through 1 Corinthians 10:13, "that you and I cannot handle together. Trust Me! I'll never allow him to push you beyond your limit. Whatever he throws at you, I've already prepared a way out and will help you come through it."

"I will never let you down."

Not when the shopping carts roll, or the dogs bark, or the cocaine dealers return, or your teen mentions that she's become sexually active, or the car won't start, or *whenever* the demons throw their weight your way.

"I will never let you down."

Not even when you're holding hands with the enemy and sprinting off to do his bidding. *Even then!* God extends his personalized "Way Out."

"I will never let you down."

I sat beside the tumbled shopping carts and thought about the battle.

Then I remembered the 75<sup>th</sup> Psalm, leaned back against the car, and smiled. "When the earth goes topsy-turvy and nobody knows which end is up, God nails it all down and puts everything in place again. He says to the smart alecks, 'That's enough,' and to the bullies, 'Not so fast.'"<sup>1</sup>

"I will never let you down."

<sup>1</sup> Bible texts are paraphrased from *The Message*.

## Profiles of Youth

**Stefanie Heisig** is a four-year senior at Wisconsin Academy (WA). She defies her small frame with a broad smile and boundless energy. This energy has been the driving force in maintaining a healthy GPA while being involved in extra-curricular activities.

For the last three years, Stefanie has been a member of the gymnastics team, the Knights. Because of her passion for being on the team, she was appointed as a captain. Stefanie takes this position seriously because she knows she is responsible for setting a good example and for boosting morale. She has also been an active girls' club officer, serving as parliamentarian one year, and vice-president last year. This year she wants to run for president.

Stefanie's love for Christ is evidenced by her involvement in several outreach adventures. In the summer of 2001, she joined Youth Challenge, a group of young people who not only sell magabooks to earn a scholarship, but they also go out with the purpose of sharing Christ. In 2002, she went to New York City to assist after the 9-11 incident; and during spring break of 2003, she was on the streets of San Francisco ministering to street people.

Her goal after she leaves WA is to study to become a dental hygienist. "Healthier mouth, better looks" will be her motto. Stefanie is the daughter of Greg and Anita Heisig of Madison, Wis.



Stefanie Heisig



Josh Michalski

Senior **Josh Michalski** calls Wisconsin Academy (WA) "a home away from home." Josh's family relocated at the end of his sophomore year to Joplin, Mo., where his father took a call to pastor. His parents encouraged him to go to Sunnysdale Academy after their move, but Josh missed being at WA so much he made it a matter of prayer. God miraculously opened the door for Josh to return to WA for the second semester of his junior year.

During Josh's freshman year, he served as class pastor, and he was class president his sophomore year. Now in his senior year, Josh has dedicated himself as a leader for God in the position of student association (SA) president. He is also a member of the WA Knights gymnastics team. As SA president, he wants to promote attractive activities so students will want to get involved and grow socially. His greatest desire is for every student to become acquainted with Jesus Christ.

Josh is the son of Thomas and Melody Michalski.

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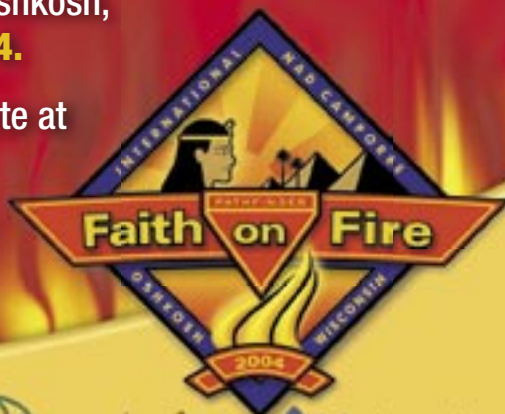


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